

Nature Coast Journal

MAILING ADDRESS: P.O. BOX 2015 ♪ CRYSTAL RIVER, FL 34423-2015 ♪ INTERGROUP HOTLINE: (352) 621-0599

Volume 7, Issue 2

Carrying the message

February 2005

NATURE COAST INTERGROUP AND DISTRICT 28

meetings are held at the Community Center in Holder
Sunday, Feb. 27, 2005
INTERGROUP...4:30 PM
DISTRICT...6 PM

INTERGROUP IS PART OF AA – YOUR SUPPORT IS NEEDED AND APPRECIATED.

Come get involved!

NEW INTERGROUP OFFICERS

Chairperson:

Beverly H. — 344-5939

behunter34453@earthlink.net

Vice-Chairperson:

Neil S. —

Secretary: Kevin B. — 628-7944

kevin77b@earthlink.net

Alt. Secretary: Sherrie L.

Treasurer: Kathy F.

INTERGROUP TRUSTEES

Gayle W. VACANT

Ken E. Pete M.

Nature Coast Journal Editor:

Mary R. — 352-465-4381

DISTRICT 28 OFFICERS

DCM : Marilyn B.— 637-9643

Alternate DCM:

Jim K. — 746-3115

Secretary:

Don G. — 489-8752

Treasurer:

John R. — 637-2814



The AA Way

I found myself in a bottomless pit, Of sorrow of woe and despair.

When a ray of light revealed to me The steps of a winding stair.

In vain, I tried to reach those steps. Of myself it could not be done.

When I cried for help, A voice replied, "You are standing on step number one".

1. We admitted we were powerless over alcohol, that our lives had become unmanageable.
*Whose voice it was I could not tell, And I asked, "Just who are you?"
"Please don't go away, You are helping me. He said, "You are standing on step number two".*
2. Came to believe that a Power greater than ourselves could restore us to sanity.
*I had found a Friend who could help me out, I knew He could set me free.
I trusted in Him, Whoever He was, And He led me to step number three.*
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
*I sat on this step, and thought of myself, As I never had thought before.
Of my wasted life, and the harm I had done . He showed me to step number four.*
4. Made a searching and fearless moral inventory of ourselves.
*Then I said to the Friend. "Whoever you are, I would be better dead than alive,
For I am a cheat, A liar and thief". He said, "You are standing on step number five".*
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
*"With you as a Friend, A helper and guide, I can rise from this terrible fix,
I'll do as you say, if you'll lead the way". He said "You are now on step number six".*
6. Were entirely ready to have God remove all these defects of character.
*"I know I am not worth the help you are giving, To me it's like Manna from Heaven.
I'll do my best to mead my ways". You are standing on step number seven".*
7. Humbly asked Him to remove our shortcomings.
*"I harmed my wife, My children, My friends, But will amend before it's too late".
Then the voice by my side, so gently replied. "You are standing on step number eight".*
8. Made a list of all persons we had harmed and became willing to make amends to them all.
*"I will makes amends wherever I can, When the power to do so is mine".
Again came the voice, more clear than before. "You are standing on step number nine".*
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
*"I'll admit I've been wrong, but want to go right, And stand as a man among men".
Again came the voice of the Man of my choice. "You are now on step number ten".*
10. Continued to take personal inventory and when we were wrong promptly admitted it.
*This Man by my side, such a wonderful Friend, He was surely sent from Heaven.
I shall always be thankful for what He has done, Then He lead me to step number eleven.*
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
*When Lo and Behold. I had reached the top, The day was bright and fair,
Then I thought of those, I had left behind, In the bottomless pit of despair.
The ray of Light, which came to me. And revealed the winding stair,
Came from a torch in the hand of a Friend, I must throw my light in there.
This torch is a guide to show the way, I must see that it's always lit,
Without this light, I can easily fall, To the depth of the bottomless pit.
I must never forget a wonderful Friend, In whose joy I now can delve.
He is with me each day and I hear Him say, "You are now on step number twelve".*
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.
*To steer ourselves clear of this bottomless pit, Where woe and sorrow are rife.
There is one sure way. Take it day by day, and follow the A.A. way of life".*



DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.



International Events
**2005 International Con-
 vention of Alcoholic's
 Anonymous**
June 30-July 3, 2005
Toronto, Canada

The International Convention will celebrate A.A.'s 70th Anniversary, June 30 - July 3, 2005, in Toronto, Canada. With a theme of **"I am Responsible"**, A.A.s from around the world will converge on Toronto to celebrate sobriety, and share experience, strength and hope in meetings, panels and workshops at the Metro Toronto Convention Center, the SkyDome stadium, and at other locations throughout this exciting city. Members of the Fellowship, as always, are now gearing up for this wonderful event and the General Service Office is beginning to receive inquiries. More info is available on the AA website or visit

www.ncintergroup.com.

Soberstock

March 5-6, 2005
Camp Keystone
19215 Crescent Road
Odessa, FL

A weekend event with Speakers, Meetings, Live Bands, Cabins, Camping, Fishing & MORE!

Info: <http://www.soberstock.com>



Announcing:
Exciting
Recovery Cruises

<http://www.meetingsenroute.com>

Sober Celebrations
with Snow and Carol
<http://www.sobercelebrations.com>

Thank You

I wish to take this opportunity to thank the fellowship of Alcoholic's Anonymous in Citrus County for the allowing me the privilege of serving you for the past two years as Chair of the Nature Coast Inter-tergroup. It has been a personally rewarding and fulfilling experience. I also would like to thank the Intergroup representatives for your diligent attendance and input; District 28 (past DCM Joe C. and current DCM Marilyn B.) for their cooperation and assistance; the Vice-Chair, the Secretary, the Treasurer, the Trustees, and the committee chairs for your service and support.

Congratulations to our new Chair Beverly H., our new Vice-Chair Neil S.; Treasurer Kathy F.; and returning Secretary Kevin B.; our new Trustees Ken and Gayle.

Ron B.

Thank you, Ron B., for all that you have done and continue to do for the AA community in Citrus County. editor



Spacecoast Round Up

February 10-13, 2005
 Holiday Inn Cocoa Beach
 Oceanfront Resort
 Cocoa Beach, FL
Info: Email

intergroup@aaspacecoast.org
 or **Phone:**
 (321) 724-2247
 (321) 633-0052



41st IAABC

February 10-13, 2005
 Riviera Hotel & Casino
 2901 S. Las Vegas Blvd
 Las Vegas, NV 89109

Reservations:
 (702) 794-9412
 (800) 634-6753

Info: <http://www.iaawc.org>
Email: iaawc2005@yahoo.com



49th Florida State Convention

August 3-7, 2005
 Wyndham Palace Resort & Spa
 Walt Disney World
 Resort
 Orlando, FL
Reservations: WYNDHAM

Register online:
<http://www.flstateconvention.com>

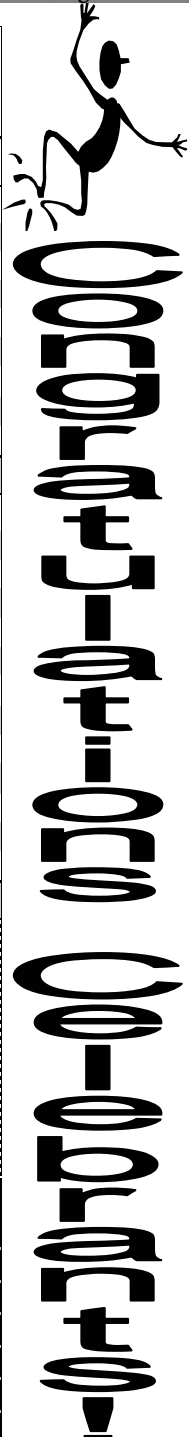
Religion is sitting in church thinking about sitting in a boat in the middle of lake fishing. Spirituality is sitting in the boat in the middle of the lake fishing, thinking about G-d. ☺

Step Two: Came to believe that a Power greater than ourselves could restore us to sanity.

Step Two Prayer

I pray for an open mind so I may come to believe in a Power greater than myself. I pray for humility & the continued opportunity to increase my faith. I don't want to be crazy any more.

INTERGROUP TREASURER'S REPORT		
		Jan 2005
Beginning Balance		\$3074.66
January	YTD (2005)	
Income		
Support - Individuals	13.90	13.90
Support - Groups	162.00	162.00
Book Sales	651.65	651.66
Medallion Sales	47.60	47.60
Other Sales	41.34	41.34
Sales Tax Collected	44.46	44.46
Events	146.50	146.50
Misc. Income	0.00	0.00
Total Income	\$1107.05	\$1107.05
Expenses		
Rent	0.00	0.00
Sprint	37.82	37.82
Alltel	55.70	55.70
Books & Medallions	329.45	329.45
Recovery Items	25.50	25.50
Sales Tax Paid	50.32	50.32
Journal	47.80	47.80
Website	0.00	0.00
Secretary Expenses	11.54	11.54
Bank Fees	0.00	0.00
Events	11.10	11.10
Misc. Expenses	61.25	61.25
Total Expenses	\$630.48	\$630.48
Ending Checking Bal.	3551.23	Meeting Makers make it.
Reserved for Events	- 1029.86	
Available Funds	2521.37	
Inventory Value	1115.41	
Accounts Receivable	0.00	
Office Reserve Acct	3291.05	
Total Assets	\$7957.69	
Group Support 2004		
	Jan. 05	YTD
Attitude Adjustment Group	0.00	0.00
CATS Group	30.00	30.00
Crystal River Big Book Group	0.00	0.00
Crystal River Group	0.00	0.00
Floral City Group	0.00	0.00
High Noon Group	42.00	42.00
Holder Way of Life Group	0.00	0.00
Inverness Fri. Night Group	0.00	0.00
Inverness Mon. Night Group	0.00	0.00
Inverness Wed. at Noon Mtg.	0.00	0.00
It's in the Book Group	0.00	0.00
Keep In Step Group	0.00	0.00
Last Chance Group	30.00	30.00
New Horizon Group	0.00	0.00
Red Eye Group	0.00	0.00
Resentment Group	0.00	0.00
Share at Noon Group	0.00	0.00
Wahoo Group	60.00	60.00
Wed. Inverness Step Group	0.00	0.00
Women's Friendship Group	0.00	0.00
Total	\$162.00	\$162.00



February 2005 Anniversaries

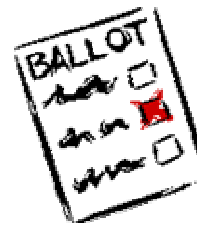


ATTN. Group Secretaries:

Please call or email your list for next month's anniversaries to: Mary R. – ph.# 352-465-4381 or email address: news@ncintergroup.com by the 25th of each month.

CATS Group	
Kathy G.....	14 yrs
Belated Jan. celebrant: Kim S.....	21 yrs
Belated Dec. celebrant: Danielle C.....	2 yrs
Crystal River Group	
Bernie	16 yrs
Crystal River Group	
Sheila S.....	13 yrs
Matt M.....	2 yrs
Last Chance Group	
Neil S.....	33 yrs
Lecanto Group	
Jerry B.....	16 yrs
Michelle C.....	8 yrs
Melissa J.....	2 yrs
Women's Friendship Group	
Sherrie L.....	15 yrs
Verna C.....	7 yrs

Trustee Vacancy



One Trustee position needs to be filled at the February 27th Intergroup meeting. If you are interested in serving in a trustee position, please submit your name for consideration to one of the Intergroup Officers or attend the February 27th, 2005 meeting at the Holder Community Center at 4:30 p.m.

Group Representatives:

Please call the INTERGROUP HOTLINE: (352) 621-0599 any time and every time your group has a change in the meeting time or place. Incorrect information was recently given out during the storms because the volunteer giving out the schedule information did not have updated information about the meetings. Thank you for your help.

Intergroup appreciates the support of the groups during 2004. Total donations from the groups was \$3494.60. Thanks.

Nature Coast Intergroup Meeting Highlights — SUNDAY, January 30th, 2005 — 4:30 PM
Intergroup needs support from the groups' representatives. If your group does not have a representative, please elect one so that your group has a voice at the Intergroup Meetings.

- ❖ Chairman Ron B. called the meeting to order at 4:30 PM. The meeting was opened with a moment of silence followed by the Serenity Prayer.
 - ❖ **SECRETARY REPORT:** Kevin read the minutes to the meeting of December 19th, 2004.
 - ❖ **TREASURER'S REPORT** (Beverly Hunter): Report of income and expenses for January 2005, was read by Bev. Report accepted. Copy attached. Alkathons were reported as well. Audit report was conducted by Trustees as requested at last meeting. All records were found in order. There will be a surplus sale after the meeting. The sodas were donated by the **Monday Night Men's Group** to the Alkathon. NCI appreciates this gesture of generosity and thanks the **Monday Night Men's Group** whole-heartedly!!
 - ❖ **TRUSTEE'S REPORT:** Frank had nothing to report. Pete audited the books of our treasury. He wants to hire Bev for his company. Jim K. conducted the audit at a separate time than Pete did. Jim reported that he, too, found all in order. Janet had nothing to report. Ron thanked all for a good job.
 - ❖ **CHAIRMAN'S REPORT:** Ron Reported he is reformatting the web site to simplify it. The new and improved site will be up and running in a few weeks. Marilyn thanks Ron for his effort. Ron received an e-mail from a woman named Diane who is arriving from Newman, Georgia and she volunteered to speak at the Club on Feb 26th,
 - ❖ **V-CHAIRMAN REPORT** (John T): Not present.
 - ❖ **NEWSLETTER COMMITTEE REPORT** (Mary R): She would like more contributions of articles.
 - ❖ **HOTLINE REPORT** There were 194 calls this month. Bill recognized that this was an inordinate amount of calls. The national help line has been directing these calls to us in lieu of the more specific localities. Bill straightened out the situation..
 - ❖ **ARCHIVE COMMITTEE:** Not present.
 - ❖ **INVENTORY AND SALES:** Beverly reported on inventory and sales which indicated a very good month with high volume.
 - ❖ **OLD BUSINESS:** Shirley J., declined nominations for trustee. The Orlando convention is tabled for display.
 - ❖ **NEW BUSINESS:** Jim is leaving the Trustee position in NCI as he was elected to District 28 as the Alternate DCM.
 - ❖ **ELECTIONS:** Beverly H, is the elected Chairperson, Vice Chair is (Neil) Cornelius P. S., Kathy F, was elected as Treasurer, Kevin B, is the re-elected Secretary and Sherrie L, as Assistant Secretary. New Trustees elected are Ken E., and Gayle W. Floor is open to nominations for another Trustee to fill Jim K.'s position for remainder of his term.
- Meeting was closed at 5:30pm with the Lord's Prayer

Kevin B., secretary

❖ Visit www.ncintergroup.com for complete minutes

DISTRICT MEETING: January 30th, 2005 Minutes

THE MEETING WAS OPENED BY THE DCM, MARILYN BALLIET, WITH THE SERENITY PRAYER, AND DECLARATION OF UNITY.

- ❖ **Treasurer's Report** -JOHN R.: Report accepted. See attached report.
- ❖ **Secretary's Report** - DON G.: Minutes accepted. Resources have been updated with the Area Registrar lets try to keep them that way. All Chairs are requested to submit their monthly reports in writing.
- ❖ **Grapevine** - SHIRLEY M.: Shirley graciously volunteered to be the District Grapevine Chair.
- ❖ **Public Information** - Janet B.: There is now a video available about PI Announcements which are conference approved. Janet will screen the video and make PSA selections. The District will be ordering PSAs and distributing them to local radio and cable stations.
- ❖ **CPC** - Janet B.: Janet reported that all is well this month visited Able Body Labor, Act II, and Court Alternatives.
- ❖ **Corrections** - Beverly P. & Cathy G. (Women's): Ruth M. reported that all dates booked into July of 2005. Submitted 1 new application and Kel E is now approved. (Men's) Jim K reported that George M and Dennis B are now approved. 1 new application was mailed. 2 meetings were taken to jail in January. New literature has been ordered.
- ❖ **Treatment** - Melissa C. visited Bay Care & Citrus Marion Mental Health Centers and we are waiting to hear from Act II.
- ❖ **Intergroup** - Bev H.: New Officers were elected today: Chair-Beverly H., Alt Chair-Neil S., Secretaryt-Kevin B., Alt Sect.-Sherrie L., Treasurer-Cathy F, Trustees (2) - Ken E. & Gayle W. One more Trustee will be elected next month.
- ❖ **Literature** - Bev H.: All going well
- ❖ **ALT DCM** - Jim Keenan: No Report
- ❖ **OLD BUSINESS**— New *Where and Whens* arrived and were distributed to the GSRs and Chairs
- ❖ **NEW BUSINESS**—District guideline sheets were passed out along with GSR packets for all new GSRs. New budget proposals were passed out to representatives to vote upon next month. Motion to record future District Meetings for archive purposes was approved. New Committee Chair appointments - Shirley M. will have the Grapevine and Beverly P. and Cathy G. will co-chair Women's Corrections. Discussion on 2003 State Convention proposals will be taken back to groups (See Attachment). DCM announced that the District financial records for 2004 will be audited. Audit Committee will be comprised of Jim K., Beverly H. and Ruth M. The District will be sponsoring a minimum of 2 workshops this coming year. GSRs were asked to poll their groups as to topics.

Next District Business Meeting: *****Feb 27, 2005*****

Future Area Assemblies: Apr. 1-3 2005, July 7-9, Oct.7-9 at the Paramount in Gainesville. Phone # is (352) 377-4000. There is a cut-off for registration at the hotel. Make your reservations early.