

Nature Coast Journal

MAILING ADDRESS: P.O. BOX 2015 ♪ CRYSTAL RIVER, FL 34423-2015 ♪ INTERGROUP HOTLINE: (352) 621-0599

Volume 7, Issue 3

Carrying the message

March 2005

NATURE COAST INTERGROUP AND DISTRICT 28

meetings are held at the Community Center in Holder
Sunday, March 20, 2005
INTERGROUP...4:30 PM
DISTRICT...6 PM

INTERGROUP IS PART OF AA – YOUR SUPPORT IS NEEDED AND APPRECIATED.

Come get involved!

INTERGROUP OFFICERS

Chairperson:

Beverly H. — 344-5939

behunter34453@earthlink.net

Vice-Chairperson:

Neil S. —

Secretary: Kevin B. — 628-7944

kevin77b@earthlink.net

Alt. Secretary: Sherrie L.

Treasurer: Kathy F.

INTERGROUP TRUSTEES

Gayle W. VACANT
Ken E. Pete M.

Nature Coast Journal Editor:

Mary R. — 352-465-4381

DISTRICT 28 OFFICERS

DCM: Marilyn B.— 637-9643

Alternate DCM:

Jim K. — 746-3115

Secretary:

Don G. — 489-8752

Treasurer:

John R. — 637-2814

Alcohol's Promises Submitted by Beverly H.

I have some promises I'll make to you
If you will do what I want you to do.
The more that you consume of me
The more will your losses be.

Here are the promises to you I make
And I promise the promises never to
break.

I promise to take your money, your home
And all you can get in the way of a loan.

I'll take your character, your reputation too
Your good name, I'll take from you.

Your friends I'll take from you one day
Your family from you I'll turn away.

I'll take your car, I'll take your wealth
I'll take your job, I'll take your health.

I'll cause you to stay out in the rain.
I'll take your credit; I'll take your bail
I'll cause you to sleep in a dirty jail.

I'll cause you regret, remorse and pain
I'll cause your name to go down in shame.
I'll bring you misery, I'll bring you woe
I'll bring you trouble more than you know.

I'll take your clothes and pawn them too
The necessities of life, I'll take from you.

I'll take from you the days, I'll take from you
the years

I'll double the flow of your bitter tears.

I'll take your heart; give you one of stone
I'll cause you to walk through life alone.

I'll take away your desires to live aright
Your light of day, I'll turn to night.

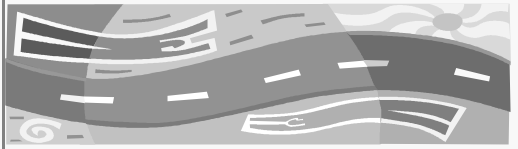
I'll cause you to dishonor your mother
and dad

I'll take away all the pleasure you could
have had.

I'll turn your love for your friends to hate
Your desire to repent will come too late.
Your road to despair for you I'll pave
I'll lead you to a premature grave.

I'll put you in an institution for the insane
Your normal thinking will go down the drain.
I'll cause you to murder your very best friend

I'll trouble your mind to the very end.
I'll bring you contention, I'll bring you strife
I'll finish with you by taking your life.



The disease of alcoholism knows no boundaries.
Neither age, intelligence, willpower, or self-control prevents it.
We of Alcoholics Anonymous have discovered a way to live a life of
sobriety, free from our drinking problem. Let us share this gift with you.
Please call the Intergroup Hotline: (352) 621-0599 if you need help.

DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.

◆◆◆◆◆◆◆◆◆◆
International Events

**2005 International Convention of Alcoholic's Anonymous
 June 30-July 3, 2005
 Toronto, Canada**

The International Convention will celebrate A.A.'s 70th Anniversary, June 30 - July 3, 2005, in Toronto, Canada. With a theme of **"I am Responsible"**, A.A.s from around the world will converge on Toronto to celebrate sobriety, and share experience, strength and hope in meetings, panels and workshops at the Metro Toronto Convention Center, the SkyDome stadium, and at other locations throughout this exciting city. Members of the Fellowship, as always, are now gearing up for this wonderful event and the General Service Office is beginning to receive inquiries. More info is available on the AA website or visit

www.ncintergroup.com.



◆◆◆◆◆◆◆◆◆◆
**Announcing:
 Exciting
 Recovery Cruises**

<http://www.meetingsenroute.com>

**Sober Celebrations
 with Snow and Carol**

<http://www.sobercelebrations.com>

MEETING CHANGE:

**Changing the AA Step Mtg on
 Thursday at 5 pm in Inverness to
 Monday at 4 pm.**

**ATTENTION:
 AA
 FELLOWSHIP
 MEMBERS**



Anyone interested in chairing a Nature Coast Intergroup sponsored event needs to do the following:

- ◆ Come to the monthly NCI Business Meeting with your proposal. You will be asked to provide the date and location of the event, along with a proposed budget. Event proposals are discussed and voted on by the officers and NCI Group Representatives.

DISTRICT WORKSHOP:

1ST LUTHERAN CHURCH,
 INVERNESS.
 APRIL 16TH
 DOORS OPEN AT 9 AM FOR
 COFFEE & DONUTS.
 LUNCH WILL BE SERVED
 AFTER WORKSHOP.

THEME: "Our Singleness of Purpose. Is It Still Relevant in the 21st Century"

Workshop Host will be Dan E.,
 Past Area 14 Delegate.

FYI: MARILYN B. 212-6128

◆◆◆◆◆◆◆◆◆◆
Spacecoast Round Up

March 10-13, 2005
 Holiday Inn Cocoa Beach Oceanfront Resort
 Cocoa Beach, FL

Info: Email
intergroup@aaspacecoast.org

or **Phone:**
 (321) 724-2247
 (321) 633-0052

◆◆◆◆◆◆◆◆◆◆
41st IAABC

March 10-13, 2005
 Riviera Hotel & Casino
 2901 S. Las Vegas Blvd
 Las Vegas, NV 89109

Reservations:
 (702) 794-9412
 (800) 634-6753

Info: <http://www.iaawc.org>
Email: iaawc2005@yahoo.com

◆◆◆◆◆◆◆◆◆◆
49th Florida State Convention

August 3-7, 2005
 Wyndham Palace Resort & Spa
 Walt Disney World

Resort
 Orlando, FL
Reservations: WYNDHAM

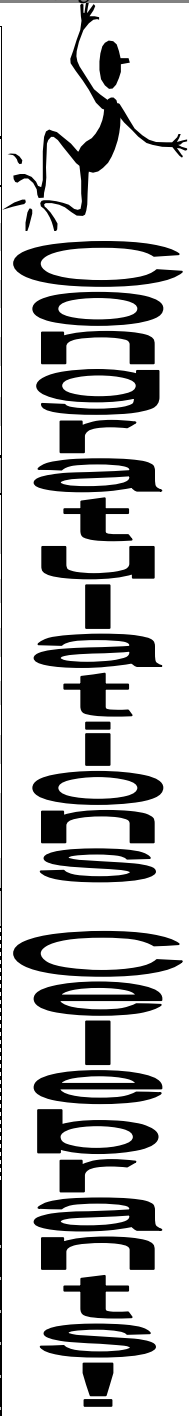
Register online:
<http://www.flstateconvention.com>

Step Three: Made a decision to turn our will and our lives over to the care of God as we understood Him.

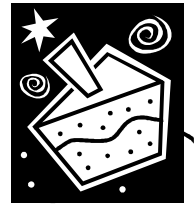
Step Three Prayer :

God,
 I offer myself to Thee
 To build with me and to do with me as Thou wilt.
 Relieve me of the bondage of self, that I may better do Thy will.
 Take away my difficulties, that victory over them
 may bear witness to those
 I would help of Thy Power, Thy love and Thy way of life.
 May I do Thy will always!

INTERGROUP TREASURER'S REPORT		
		<i>Feb 2005</i>
Beginning Balance		\$3551.23
February	YTD (2005)	
Income		
Support - Individuals	16.00	29.50
Support - Groups	364.00	526.00
Book Sales	511.25	1162.90
Medallion Sales	21.50	69.10
Other Sales	110.62	151.96
Sales Tax Collected	38.63	83.09
Events	17.00	163.50
Misc. Income	0.00	0.00
Total Income	\$1079.00	\$2186.05
Expenses		
Rent	0.00	0.00
Sprint	37.95	75.77
Alltel	60.20	115.90
Books & Medallions	384.59	714.04
Recovery Items	9.75	35.25
Sales Tax Paid	0.00	50.32
Journal	47.80	95.60
Website	0.00	0.00
Secretary Expenses	0.00	11.54
Bank Fees	0.00	0.00
Events	0.00	11.10
Misc. Expenses	61.25	61.25
Trans. To Money Market	546.86	546.86
Total Expenses	\$1087.15	\$1717.63
Ending Checking Bal.	3543.08	One Day at a Time
Reserved for Events	- 500.00	
Available Funds	3043.08	
Inventory Value	1227.15	
Accounts Receivable	99.80	
Office Reserve Acct	3838.32	
Total Assets	\$8708.35	
Group Support 2004	Feb. 05	YTD
Attitude Adjustment Group	20.00	20.00
CATS Group	30.00	30.00
Crystal River Big Book Group	0.00	0.00
Crystal River Group	0.00	0.00
Floral City Group	0.00	0.00
High Noon Group	44.00	86.00
Holder Way of Life Group	50.00	50.00
Inverness Fri. Night Group	100.00	100.00
Inverness Mon. Night Group	0.00	0.00
Inverness Wed. at Noon Mtg.	0.00	0.00
It's in the Book Group	0.00	0.00
Keep In Step Group	0.00	0.00
Last Chance Group	30.00	30.00
Monday Night Men's Step	60.00	60.00
New Horizon Group	0.00	0.00
Red Eye Group	0.00	0.00
Resentment Group	0.00	0.00
Share at Noon Group	0.00	0.00
Wahoo Group	60.00	60.00
Wed. Inverness Step Group	50.00	50.00
Women's Friendship Group	40.00	40.00
Total	\$364.00	\$526.00



March
2005
Anniversaries



ATTN. Group Secretaries:

Please call or email your list for next month's anniversaries to: Mary R. – ph.# 352-465-4381 or email address: news@ncintergroup.com by the 25th of each month.

High Noon Group	
Dale Mc.....	22 yrs
Crystal River Group	
Shirley M.....	21 yrs
Tom J.....	10 yrs
Pat D.....	8 yrs
Last Chance Group	
Katie M	14 yrs
Women's Friendship Group	
Evonne H.....	22 yrs
Rhoda P.....	20 yrs
Shelia.....	12yrs
Suzanne S.....	1 yr
Mary M.....	1 yr

Books for Sale

In addition to the A.A conference-approved literature, the *Nature Coast Intergroup* also carries a supply of some **Hazel-den books and other items.**

We also have **Grapevine Literature.**

**Call Beverly H. to order.
Ph: 344-5939**



Group Representatives:



Please call the INTERGROUP HOTLINE: (352) 621-0599 any time and every time your group has a change in the meeting time or place. Incorrect information was recently given out during the storms because the volunteer giving out the schedule information did not have updated information about the meetings. Thank you for your help.

Nature Coast Intergroup Meeting Highlights — SUNDAY, February 27th, 2005 — 4:30 PM

Intergroup needs support from the groups' representatives. If your group does not have a representative, please elect one so that your group has a voice at the Intergroup Meetings.

Chairperson Beverly called the meeting to order at 4:30 PM. The meeting was opened with a moment of silence followed by the Serenity Prayer.

- ❖ **SECRETARY REPORT:** Kevin read the minutes to the meeting of January 30th, 2004.
- ❖ **TREASURER'S REPORT** (Kathy F): Report of income and expenses for January 2005, was read by Kathy. Report accepted. Copies were not available with corrected one sent to Kevin via e-mail.
- ❖ **TRUSTEE'S REPORT:** Pete had nothing to report. Ken says to keep *on keeping on* the good work.
- ❖ **WEBMASTER REPORT:** New and revised web site is up and running. It is up to date and the *Where and When* can be printed easily.
- ❖ **CHAIRPERSON'S REPORT:** Beverly reported she is requesting a new format for our meeting to include a roster roll call for all groups. ABC, Attitude Adjustment Group, Cats Groups, Citrus Springs Open Step, Crystal River Big Book Group, Crystal River Group, Early Bird Meeting, Floral City Group, Floral City Men's Group, Hernando Men's Group, High Noon Group, Holder Way of Life, Inverness Friday Night Group, Inverness Monday Night Group, Inverness Wednesday Noon Group, It's in the Book Friday Morning Group, Keeping step Group, Last Chance Group, Lecanto Group, Monday Night Men's Group, New Beginnings Group, New Horizon Group, Quail Run Closed Step Group, Red Eye Group, Resentment Group, Share at Noon Group, Wahoo Group, Wednesday Inverness Step Group, Works For Me Meeting. 11 out of 30 groups are participating this meeting.
- ❖ **HOTLINE REPORT** There were 149 calls this month. The national help line has been back to its old effort again; directing these calls to us in lieu of the more specific localities. Bill straightened out the situation and straightened out the paid employee of the National Help Line as well again.
- ❖ **INVENTORY AND SALES:** Beverly reported on inventory and sales which indicated a very good month with high volume. Great Month!!
- ❖ **OLD BUSINESS:** We will replace the Trustee, Jim, with Ron as a unanimous decision.
- ❖ **NEW BUSINESS:** Marilyn requests that the National be formally informed to direct the calls to the closest place in lieu of sending all calls to NCI Hotline. Sandy asked that we have more events. Marilyn explained the process to request and presents to NCI an event idea. Sandy will get the idea together. Marilyn will request to the editor of the journal to place a short ad explaining how members of the fellowship go about having an event sponsored by NCI. Ron reordered 2000 more business cards. Meeting was closed at 5:30pm with the Lord's Prayer

Kevin B., secretary

❖ Visit www.ncintergroup.com for complete minutes

DISTRICT MEETING: February 25, 2005 Minutes

THE MEETING WAS OPENED BY THE DCM, MARILYN BALLIET, WITH THE SERENITY PRAYER, AND DECLARATION OF UNITY.

- ❖ **Secretary's Report** - DON G.: Minutes accepted. Please update your phone numbers on the sign in sheet so that we can keep them updated.
- ❖ **Grapevine** - SHIRLEY M.: Shirley has recently signed up as the Grapevine chair with N.Y. Materials were recently sent and she will have subscription forms available @ District Meetings and District affairs.
- ❖ **Public Information** - Janet B.: We had a table set up at the Health Fair in Beverly Hills this month with books, pamphlets and meeting schedules. Had good response from the community, co-exhibitors and the organizers of the event. Reviewed PSA on tape provided by GSO. I need to reach the cable networks before I can order from the selections as I need to know the length of time (in seconds) that they may allot us.
- ❖ **CPC** - Janet B.: Visited Act II, Bay Care and Sheriffs Dept main station and sub-station, Chamber of Commerce and Probation Dept this month. I am working on getting into the schools to meet with Guidance Counselors. Debbie D. is delivering info to the Citrus County Dept of Health. I need help delivering Where & Whens to the West side of the County especially 7 Rivers Hospital.
- ❖ **Corrections** - Beverly P. & Cathy G. (Women's): Total of 22 volunteers are signed up. We have coverage through August 10 of this year. Updated list and schedule, procedures for visits and suggested ways of conducting a meeting were mailed to the volunteers. Please share with your groups the importance of this outreach service opportunity. If you wish to serve by visiting the jail or be listed by the Hotline for Bridging the Gap please contact Beverly 860-2422 (drogheda4me@yahoo.com) or Kathy G at 860-2875. Jim K reported that three new volunteers returned their clearance applications this month and were hand delivered to the jail. Officer Tucker of the Correctional Facilities is processing them at this time Two meetings were taken to the jail in February. A debt of gratitude goes to Larry D., Alt GSR of the Resentment Group for collecting and delivering Correctional Facilities Literature to the incoming Correctional Committee. Our recovering inmates as well as District 28 greatly appreciate his time and attention.
- ❖ **Treatment** - Melissa described her functions at the treatment centers. A lot of these people are court ordered there and have never been exposed to AA, some think that we are a cult. We tell a little bit of our story then we open it up to the floor for questions and concerns. Some of these people know no one else and are alone when they get out of treatment so I give my number and give rides to meetings. Bill Atkinson assisted me last month and Marilyn mentioned a sign-up sheet I will pass out and if you could volunteer some time that would be great. I could use more help each month. When you walk out of there and people ask what AA has done for me I leave with unbelievable feeling of gratitude not sitting in that seat of being lost anymore
- ❖ **Intergroup** - Bev H.: New Trustee elected Ron B to fill vacancy of Jim K who resigned. Reported on problem with National Help Line who is referring a lot of calls to NCI Help Line that should be routed elsewhere. Trustees to draft letter to them and try to get this problem rectified before it creates more problems.
- ❖ **OLD BUSINESS** - Marilyn reported that she had several phone calls over the past month dealing with AA issues and that the questions were all answered in this issue of Box 459(1) What is the difference between an open and closed meeting? (A) Closed meetings are for AA members only or for those who have a drinking problem and have a desire to stop drinking. Open meetings are available to anyone interested in the AA program of recovery. (2) Is there such a thing as an AA Club. (A) No, there is NO such thing as an AA club. Clubs are landlords. For more information, request AA Guidelines of Clubs from GSO or visit www.aa.org website for guidelines on clubs. (3) Did I see an advertisement for AA on television. (A) You may have seen one of the AA public service announcements that was approved by the General Service Conference. (4) Is Intergroup AA? (A) Yes, Central/Intergroup Offices provide vital Local services and Twelfth Step Opportunities.
- ❖ **NEW BUSINESS** - Received a letter from Joe B. who is serving in Iran as a civilian requesting AA Material be sent over there so that meetings can be started for Armed Forces and Civilians-Motion to allocate 150.00 for soft covered Big Books, 12x12 and Grapevines approved.

Attention: March District Business Meeting will be Sunday March 20th, rather than March 27th.