



Nature Coast Journal



P.O. Box 2015 ☆ Crystal River, FL 34423-2015 ☆ Intergroup Hotline: (352) 621-0599

VOLUME 9, ISSUE 3

MARCH, 2007

NATURE COAST INTERGROUP

MEETS ON LAST
SUNDAY OF EACH
MONTH 4:30PM AT THE
COMMUNITY CENTER
IN HOLDER.

PLEASE GET INVOLVED!

WE NEED YOUR
SUPPORT.

DISTRICT 28
MONTHLY MEETING
FOLLOWS AT 6:00PM

Area Events

March 23-25

July 13-15

October 12-14

Area Assemblies

Paramount Resort and
Conference Center
Gainesville, FL

Hotel: (352) 377-4000

There is a 30 day cut-off for
registration at the hotel. Make
reservations early.

Info: (877)992-9229

March 31

Holder Way of Life Anniversary BBQ

Whispering Pines Park
Inverness 11 AM - 2 PM

FREE!

Events (Continued on page 2)

Intergroup Wants Your Opinion

There have been complaints about Intergroup having too much money in the bank. (See Treasurer's Report on the back page.) We want to hear from YOU. Two-thirds of you were not represented at the last monthly business meeting in Holder because either your Group Rep did not appear or you do not have a GR. Intergroup considers this matter so important that we could not in good conscience make a fair decision without trying to poll all the groups.

Are you still interested in having Intergroup pursue finding some office space? If not, how should the money be directed. We won't know if we don't hear from you.

Intergroup would like all Group Reps to appear, if possible, at the next Intergroup meeting on Sunday, March 25 to vote your group conscience on this matter. If your Group Rep cannot attend the March meeting, ask him or her to call in your group's opinion before that time. If your group does not have a Group Rep, then an individual from your group should call in your group's opinion. You may contact Chairperson Toni T. at 382-7578 or Treasurer Sue C. at 344-5153.

Please don't pass up this opportunity to express your opinion on such an important matter affecting the future of all groups in our District.

~ Nature Coast Intergroup

CONVINCING "MR. HYDE"

Even then, as we hew away, peace and joy will still elude us. That's the place so many of us A.A. oldsters have come to. And it's a hell of a spot, literally. How shall our unconscious -- from which so many of our fears, compulsions and phony aspirations still stream -- be brought into line with what we actually believe, know and want! How to convince our dumb, raging and hidden "Mr. Hyde" becomes our main task.

THE BEST OF BILL, pp. 42-43

Regular attendance at meetings, serving and helping others is the recipe that many have tried and found to be successful. Whenever I stray from these basic principles, my old habits resurface and my old self also comes back with all its fears and defects. The ultimate goal of each A.A. member is permanent sobriety, achieved One Day at a Time.

DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.

*Events (Continued from page 1)***Mar 16-18, 2007****2007 Soberstock**

Camp Brorein
16901 Boy Scout Rd.
Odessa, FL

Tent only camping

Website: www.soberstock.com**Apr 20-22, 2007****Country Round-Up**

Ag Center
1424 Jackson Ave (Hwy 90)
Chipley, FL

Executive Inn

Reservations: (850) 638-7335

Info: (850) 547-5164

chipley_countryroundup@hotmail.com**May 4-6, 2007****Serenity Weekend Women's Conference**

Holiday Inn Town Center

1950 Glades Road

Boca Raton, FL 33431

Reservations: (561) 368-5200

Info: (407) 876-4430

May 25-28, 2007**Daytona 17th Spring Conference**

Plaza Ocean Club

640 N Atlantic Ave

Daytona Beach, FL 32118

Reservations: (800) 874-7420

Info: (877) 902-5975

email: leestapes@viafamily.com**June 15-17****FCYPAA 2007 MIAMI**

Florida Conference of Young
People in Alcoholics Anonymous

Marco Polo Beach Resort

19201 Collins Ave,

Miami Beach, FL 33160

(305) 932-2233

Information: call Carissa

(305) 498-3842 or

www.fcypaa.org**July 27-29, 2007****12th Annual Southeastern Woman to Woman Seminar**

Clarion Hotel Airport

& Conference Center

Jacksonville, FL

*Events (Continued on page 3)***Anniversaries****March 2007**

To post your group's anniversaries ask your Group Secretary to contact Ed P. at 422-0144 or send email to news@ncintergroup.com prior to the first of each month.

	<u>Years</u>
Crystal River Big Book Grp	
Shirley	25
Floral City Group	
Angie	11
Reese	6
Butch	5
Joe	5
Wayne	5
Holder Way of Life Group	
Larry M.	30
George N.	19
Nancy W.	4
Adam M.	1
Last Chance Group	
Al M.	27
Katie M.	16
No Name Group	
Rich S.	13
Women's Friendship Group	
Evonne H.	24
Ursula S.	2
Women's New Beginnings Group	
Sherry L.	17
Stacey B.	7

Yes, I'm Sober. But...

I'm sober, yes. Have been for some time now. Haven't thought of drinking for years. Did the steps, pretty well I thought. Life is basically good. The promises are coming true little by little. Go to several meetings a week and am involved in service work, but am discovering that sobriety is not enough. Early on I was told that AA is a new way of life that I could have, if I worked for it. The question is: What's the job? I am employed to do a specific thing, get paid for doing it, and then it's over. How do I work to achieve a new way of life? It is becoming increasingly apparent that it's not a job. It's a project and it will take a long time to achieve. Also apparent is that although I "did" the steps, I am not "done" with them... Step Ten in particular. Self-examination keeps me alert as to what is lopsided in my life. Pride, for instance, often takes center stage. Pride in what I have achieved since getting sober, material as well as spiritual. (Deep down I know nothing would happen without AA and all that it entails.) Becoming a member of AA allowed me to start on the project which will be life-long and to hope for improvement along the way. Of course, it goes without saying that this will be accomplished only by sticking close to the AA community — listening, learning, and trying to do my part.

A Fruitful Garden*Plant three rows of peas:*

Peace of mind
Peace of heart
Peace of soul

Plant four rows of squash:

Squash gossip
Squash indifference
Squash grumbling
Squash selfishness

Plant four rows of lettuce:

Lettuce be faithful
Lettuce be kind
Lettuce be obedient
Lettuce really love one another

No garden grows without turnips:

Turnip for meetings
Turnip for service
Turnip to help one another

To cultivate our garden we must have thyme:

Thyme for God
Thyme for study
Thyme for prayer

Water freely with patience and fertilize with love and we will yield a harvest of grateful alcoholics.

Anonymous

BE THANKFUL

By Author Unknown

Be thankful that you don't already have everything you desire.
If you did, what would there be to look forward to?

Be thankful when you don't know something,
for it gives you the opportunity to learn.

Be thankful for the difficult times.
During those times you grow.
Be thankful for your limitations,
because they give you opportunities for improvement.
Be thankful for each new challenge,
because it will build your strength and character.

Be thankful for your mistakes. They will teach you valuable lessons.
Be thankful when you're tired and weary,
because it means you've made a difference.

It's easy to be thankful for the good things.
A life of rich fulfillment comes to those who
are also thankful for the setbacks.
Gratitude can turn a negative into a positive.
Find a way to be thankful for your troubles,
and they can become your blessings.

Fear of People and Economic Insecurity Will Leave Us

Today I vow to live cleanly — in the sense that I will enjoy the feeling of lightness that comes from having made things right between me and others who have been in my life. I will enjoy this day because I know that I am safely held by the strong, yet invisible hands of a network of interconnected people, all who have respect for me because I have taken care of the wreckage of my past. I will use today to continue to live without fear of being caught or found out, for there is nothing to discover as I live openly and honestly. I will enjoy the sense of security that I feel knowing that as a part of humility, not special or separate from it, all my needs will be taken care of in their right time.

Attention

New Where & When's will be available in March. Contact Don G. at 489-8752 asap with changes before it goes to the printer.

Meeting Change

The Never Too Early Group (at Yana building) has changed its meeting time on Thursday night from 8pm to 7pm.

Events *(Continued from page 2)*

Reservations: (904) 741-1997
Web: jaxclarion.com
Info: (904) 765-6268
Register on-line: sewomantowoman.org

August 8-12 51st Florida State Convention

Caribe Royale
8101 World Center Dr.
Orlando, FL 32821
Reservations: (800) 823-8300
web: www.CaribeRoyale.com
Info: www.flstateconvention.com

August 24-26 Key West 20th Annual Sunset Round Up

Casa Marina Hotel
800-626-0777
info: www.sunsetroundup.com

August 31- September 02 Big Book Workshop Weekend

Holiday Inn Hotel and Suites
Boca Raton Town Center
Reservations: (800) 781-5611
Info: (877) 902-5975
leestapes@viafamily.com

National Events

Mar 30 - Apr 01 IAAMC07

20th International AA Men's Conference

Riviera Hotel & Casino
2901 Las Vegas Blvd
S. Las Vegas, NV 89109
Reservations:
(800) 634-3420
www.rivierahotel.com
Info: www.iaamcvegas.org

April 13-15 5th Carolinas Spring Fling

Marriott Executive Park
Charlotte, NC
Reservations: (800) 228-9290
online: www.marriott.com
info: carolinasspringfling.com
www.carolinasspringfling.com

Treasurer's Report		25-Feb-07
Beginning Balance	3,886.30	
	Feb	YTD
Income		0.00
Support - Individuals	17.00	31.00
Support - Groups	70.00	310.00
Book Sales	469.48	653.38
Medallion Sales	30.87	131.46
Other Sales	17.66	41.66
Sales Tax Collected	30.91	49.43
Events	20.00	97.94
Misc Income		0.00
Total Income	655.92	1,314.87
Expenses		
Rent (pd for yr in Oct)		0.00
Alltel	56.08	112.05
Books	312.80	660.59
Medallions	89.00	98.90
Recovery Items		10.00
Sales Tax Paid		95.23
Journal	58.55	196.63
Website (pd for yr in Oct)		0.00
Treasurer Expenses		0.00
Bank Fees		0.00
Events		181.96
Misc Expenses	61.25	141.25
Total Expenses	577.68	1,496.61
Ending Checking Balance	3,964.54	
Reserved for Events	-	
Available Funds	3,964.54	
Inventory Value	1,752.33	
Accounts Receivable	219.30	
Reserved for Office (MM)	4,518.57	
Reserved for Office (CD)	2,584.00	
Total Assets	13,038.74	
Group Support 2007	YTD	February
ABC Group	0.00	
Attitude Adjustment Group	0.00	
Citrus Springs Closed Step	0.00	
Crystal River Big Book Group	0.00	
Crystal River Group	0.00	
Dunnellon Group	0.00	
Early Birds Meeting	0.00	
Floral City Group	0.00	
Floral City Men's Group	0.00	
Hernando Men's Group	0.00	
High Noon Group	0.00	
Holder Way of Life Group	0.00	
Inverness Friday Night Group	80.00	
Inverness Monday Night Group	0.00	
Inverness Wednesday Night Step	0.00	
It's in the Book Group	0.00	
Keep in Step Group	0.00	
Last Chance Group	160.00	
Lecanto Group	0.00	
Monday Night Men's Step Group	0.00	
Never Too Early Group	0.00	
No Name Group	0.00	
Quail Run Closed Step Group	0.00	
Red Eye Group	0.00	
Resentment Group	0.00	
Share at Noon Group	0.00	
Wahoo Group	0.00	
What's the Book Say Group	0.00	
Women to Women Group	0.00	
Women's Friendship Group	70.00	70.00
Womens New Beginnings Group	0.00	
Works For Me Meeting	0.00	
YANA Group	0.00	
Total	310.00	70.00

Wanted: Alternate Journal Editor

Qualifications: Hard working, attend Intergroup meetings regularly, computer savvy, internet and email access, good literary skills, fundamental Word and Excel skills, Microsoft Publisher skills preferred (if not, willing to learn), willing to accept lead Journal Editor's position, if necessary. Call Ed P. 422-0144

Webmaster Needed

To maintain Nature Coast Intergroup Website (<http://www.ncintergroup.com>).

Our current webmaster is planning to resign very soon, and we need someone to take over maintaining and updating our website. This is a volunteer position. Knowledge of html is essential and a working understanding of CSS and ftp protocol is desired. (Some training will be provided). Dreamweaver or Front Page skills are helpful. If you feel you are qualified for this position please contact Ron B. at 489-7216 or email webmaster@ncintergroup.com or contact Beverly H. at 344-5939.

This is a wonderful way to be of service.

For Your Information

The Nature Coast Intergroup Website is located at www.ncintergroup.com. Please note: Website features printable AA meeting schedules and directions/maps, and Nature Coast Intergroup and District 28 Meeting Minutes.

Intergroup Telephone Hotline Co-chair Rick T. February Hotline Report: Total Calls Incoming were 89: 78 for information/meetings, 8 NA, 2 Alanon, and 1 local Sheriff.

Hotline Volunteers greatly needed to carry the phone. Call the Hotline at 621-0599 to volunteer.

Book Sales

In addition to the A.A conference-approved literature, Nature Coast Intergroup stocks a supply of some Hazelden books and medallions. We also have Grapevine Literature. Call Beverly H. to order Ph: 344-5939

COPIES OF NATURE COAST JOURNAL ARE AVAILABLE FOR PICKUP AND DISTRIBUTION FOR ALL THE GROUPS EARLY EACH MONTH FROM

TWO LOCATIONS:

EAST COUNTY

1ST LUTHERAN CHURCH,
INVERNESS (FRIDAY BEGINNERS'
MEETING 6:30 PM)

WEST COUNTY

SERENITY CLUB, ST. BENEDICT'S,
CRYSTAL RIVER

INTERGROUP OFFICERS

CHAIRPERSON

TONI T.
382-7578

VICE-CHAIRPERSON

MARTHA G.
489-8752

SECRETARY

MARY R.
465-4381

ALT. SECRETARY

VACANT

TREASURER

SUE C.
344-5153

INTERGROUP TRUSTEES

ALFRED L.

NEAL S.

RICK T.

ROCK

MAILING ADDRESS

NATURE COAST
INTERGROUP
P.O. Box 2015
CRYSTAL RIVER
FL 34423-2015

INTERGROUP

HOTLINE

621-0599

WEBSITE

www.ncintergroup.com

JOURNAL EDITOR

Ed P.

422-0144

news@ncintergroup.com

DISTRICT 28

OFFICERS

DCM

JIM K.
746-3115

ALT DCM

DON G.
489-8752

SECRETARY

TAMI E.
563-2133

TREASURER

TISH O.
344-4555