



Nature Coast Journal



P.O. Box 2015 ☆ Crystal River, FL 34423-2015 ☆ Intergroup Hotline: (352) 621-0599

VOLUME 9, ISSUE 6

JUNE, 2007

NATURE COAST INTERGROUP

MEETS ON LAST
SUNDAY OF EACH
MONTH 4:30PM AT THE
COMMUNITY CENTER
IN HOLDER.

PLEASE GET INVOLVED!

WE NEED YOUR
SUPPORT.

DISTRICT 28

MONTHLY MEETING
FOLLOWS AT 6:00PM

Local Events

Sunday, June 10

Founders Day Fish Fry At Wahoo Group

Eat at noon—meeting at 3PM

Dish to share appreciated
De Soto Historic Site on Rt.
48 between Floral City and
Bushnell

Sunday, July 1

11 am til ?

Fourth of July

Family Picnic/BBQ

Admission Free

AA and Alanon Speakers

Sponsored by

Nature Coast Intergroup

Whispering Pines Park,

Inverness

Hot Dogs, Hamburgers,

Events (Continued on page 2)

Intergroup Opens New Office/Bookstore

At long last Nature Coast Intergroup has acquired a suitable rental space for its first Office/Bookstore, located in Room 308 at the Masonic Building at 111 W. Main and 95 S. Pine, Inverness (across from Stumpknockers). Move-in date is set for June 1. Grand Opening will be announced. The office size is 234 square feet which will accommodate space for a desk, chairs, and computer (all donated); also a display case (purchased), work table (to be purchased), and book shelves (volunteers need to construct). Office hours are planned to be Tuesday through Friday 9:30 am to 3:30 pm and tentatively Saturday 9:30 am to noon. Volunteers are needed to help with setup and running of the office. Call Toni T. 382-7578.

The following passages were written by John, Jackie's brother, about a year prior to his death during a clean and sober period. Taunted by his demons John's life was shortened at the young age of 57 from cancer accelerated by complications related to bouts of active alcoholism and drug addiction.

A few of us may have heard Jackie read these passages at a number of meetings over the past year or so. A friend who heard it was so deeply touched she obtained a copy and passed it on to the Journal. With Jackie's permission John's words are reproduced here so the rest of us could gain from his thoughts and experience. Thank you Jackie sharing this with our Fellowship.

Daddy

Today I awake and as everyday for the past two years and six months and seven days, I lie in bed preparing my defenses for today's battle. I ask Daddy (my Higher Power) to be with me today.

To give me strength, courage, and wisdom, and so much more. Daddy is truly my only defense against this battle that rages everyday.

Then I check out my weapons. First I read my reflection for the day, I say my Serenity Prayer, and I get my Big Book out (which is always close at hand). Then I check out the A.A. meetings for the day wondering how many I may have to retreat to before this day of fighting is over. Now I am ready for the battle to begin!

My enemy: myself. My attackers are cunning, baffling, and powerful. I know today in this battle there will be many wounded, some fatal casualties, but as in every battle the wounded and the dead did their part their

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DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.

Events (Continued from page 1)

Beverages Provided
 Bring Covered Dish
 50/50 Drawing
 Volunteers call:
 Frank S. 464-0973

Area Events

July 13-15

October 12-14

Area Assemblies

Paramount Resort and
 Conference Center
 Gainesville, FL

Hotel: (352) 377-4000

There is a 30 day cut-off for
 registration at the hotel.

Make reservations early.

Info: (877)992-9229

June 15-17

FCYPAA 2007 MIAMI

Florida Conference of Young
 People in Alcoholics Anony-
 mous

Marco Polo Beach Resort
 19201 Collins Ave,
 Miami Beach, FL 33160
 (305) 932-2233

Information: call Carissa
 (305)498-3842 or
 www.fcypaa.org

Jun 22-24, 2007

**4th Annual Founder's Day
 Florida Style**

National Guard Armory
 1221 Easterwood Dr
 Tallahassee, FL 32311

Hotel:

Best Western - Pride Inn
 2016 Apalachee Pkwy
 Tallahassee, FL 32301
 (850) 656-6312

Information:

info@foundersdayflorida.org

Web:

http://www.foundersdayflorida.org

Download Flyer:

http://www.ncintergroup.com/flyers/dfs_flyer-2007.pdf

Events (Continued on page 3)

**Gratitude Dinner
 Steering Committee
 Formed**

Intergroup approved the formation of a Gratitude Dinner Steering Committee consisting of past Gratitude Dinner Chairpersons. The Committee will advise this year's Gratitude Dinner Chairperson (post currently vacant) in arranging the Gratitude Dinner is set to be held at Our Lady of Fatima, Inverness on November 4.

**New Alternate
 DCM Elected**

Congratulations to John R. who at the District 28 meeting on May 27 submitted his resume and was unanimously elected as the new Alternate DCM. He replaces Don G. who resigned the position at the April 29 District 28 meeting. Many thanks to Don G. for his two years service as Secretary and very recently as Alternate DCM.

**Intergroup Trustee
 Election on June 24**

The position of Intergroup Trustee has become available as of the Intergroup business meeting on May 27. Nominations and election of a new Trustee will be held in Holder on June 24 at which time all interested contenders should present their resumes. Two years of continuous sobriety is requisite. This position has a two year tenure expiring January 2009.

Anniversaries

June 2007

To post your group's anniversaries ask your Group Secretary to contact Ed P. at 422-0144 or send email to news @ncintergroup.com prior to the first of each month.

	<u>Years</u>
Floral City Group	
Van A.	25
Al L.	18
Chuck O.	9
Frank S.	9
Last Chance Group	
Annette C.	9
No Name Group	
Michael	18
Ed P.	9
Rafael	4
Share at Noon Group	
Kathleen	22
Don P.	17
Gail N.	7
Women's Friendship Group	
Eleanor	39
Joan T.S.	20
Women's New Beginnings Group	
Peggy L.	15
Roberta K.	5

The Spiritual Angle

How often do we sit in A.A. meetings and hear the speaker declare, "But I haven't yet got the spiritual angle." Prior to this statement, he has described a miracle of transformation which has occurred in him - not only his release from alcohol, but a complete change in his whole attitude toward life and the living of it.

It is apparent to everyone else present that he has received a great gift, and that this gift is all out of proportion to anything that may be expected from simple A.A. participation. So we in the audience smile and say to ourselves, "Well, that guy is just reeking with the spiritual angle - except that he doesn't seem to know it yet!"

GRAPEVINE, JULY 1962 Copyright©1967 Alcoholics Anonymous World Services, Inc.

The Way Out

A drunk fell into a hole and couldn't get out. A businessman went by and the drunk called out for help. The businessman threw him some money and told him to get himself a ladder, but the drunk could not find a ladder in the hole he was in.

A doctor walked by and the drunk said, "Help, I can't get out." The doctor gave him some drugs and said, "Take these; they will relieve the pain." The drunk said, "Thanks", but when the pills ran out he was still in the hole.

A renowned psychiatrist rode by and heard the drunk crying for help. He stopped and said, "How did you get there? Were you born there? Were you put there by your parents? Tell me about yourself; it will alleviate your sense of loneliness." So the drunk talked with him for an hour. Then the psychiatrist had to leave, but he said he'd be back next week. The drunk thanked him, but he was still in the hole.

A priest came by and the drunk called for help. The priest gave him a Bible and said, "I'll pray for you." He got down on his knees and prayed for the drunk, then left. The drunk was very grateful. He read the Bible, but he was still in the hole.

A recovered alcoholic happened to be passing by and the drunk cried out, "Hey, help me; I'm stuck in this hole." Right away, the recovered alcoholic jumped into the hole with him. The drunk said, "What are you doing? Now we're both stuck in this hole." But the recovered alcoholic said, "That's okay, I've been there before, I know the way out."

The Spiritual Angle

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Let's Get to Work

So much that made us alcoholic lives on in us unresolved, festering, recurring in the same old patterns, expressing itself in emotional binges, intolerance, negativity, self-righteousness, self-pity, and worse. It's almost as though the program says, "Okay, you've got the poison out of your system, now let's get to work on what caused you to reach for it." That's what the Steps are for. The AA Grapevine, June 2007, p. 31

Events (Continued from page 2)

July 27-29, 2007

12th Annual Southeastern Woman to Woman Seminar

Clarion Hotel Airport & Conference Center
Jacksonville, FL

Reservations:
(904) 741-1997

Web: jaxclarion.com

Info: (904) 765-6268

Register on line: sewomantowoman.org

August 8-12

51st Florida State Convention

Caribe Royale
8101 World Center Dr.
Orlando, FL 32821

Reservations:
(800) 823-8300

web: www.CaribeRoyale.com

Info: www.flstateconvention.com

Download flyer

http://www.ncintergroup.com/conferences/124153_Flyer.pdf

Aug 24-26

20th Annual

Sunset Round Up

Casa Marina Hotel
Key West, FL 33040

Hotel Reservations: web:
www.casamarinaresort.com

go to reservations, scroll to groups and enter the Group

#4280NUS Information:

web: www.sunsetroundup.com

August 31- September 02 Big Book Workshop Weekend

Holiday Inn Hotel and Suites
Boca Raton Town Center
Reservations: (800) 781-5611

Info: (877) 902-5975

leestapes@viafamily.com



Self-Centered Anonymous

Treasurer's Report	May	2007
Beginning Balance	4803.83	YTD
Income		
Support - Individuals	15.00	93.15
Support - Groups	720.00	1,690.00
Book Sales	436.06	2,096.17
Medallion Sales	29.35	284.44
Other Sales	31.50	142.08
Sales Tax Collected	29.82	150.90
Events		97.94
Misc Income		0.00
Total Income	1261.73	4,554.68
Expenses		
Rent (Holder CC)		0.00
Office Expenses (95 S. Pine)	1411.35	1,411.35
Alltel	56.59	280.80
Books	562.87	1,891.73
Medallions		202.90
Recovery Items	32.00	82.23
Sales Tax Paid		183.12
Journal	58.55	313.73
Website (pd for yr in Oct)		0.00
Treasurer Expenses		0.00
Bank Fees		0.00
Events	50.00	231.96
Misc Expenses	60.00	268.94
Total Expenses	2231.36	4,866.76
Ending Checking Balance	3834.20	
Reserved for Office (MM)	4521.24	
Reserved for Office (CD)	2584.00	
Balance Cash Accounts	10939.44	
Inventory Value	1662.36	
Accounts Receivable	15.90	
Total Assets	12617.70	
Prudent Reserve	3000.00	
Group Support 2007	YTD	May
ABC Group	60.00	
Attitude Adjustment Group	100.00	
Bright Spot	0.00	
Citrus Springs Group	0.00	
Crystal River Big Book Group	70.00	
Crystal River Group	400.00	400.00
Dunnellon Group	0.00	
Floral City Group	25.00	
Floral City Men's Group	0.00	
Hernando Hideaway	0.00	
Hernando Men's Group	150.00	150.00
High Noon Group	100.00	
Holder Way of Life Group	0.00	
Inverness Friday Night Group	160.00	
Inverness Monday Night Group	0.00	
Inverness Wednesday Night Step	0.00	
It Works For Me Meeting	0.00	
It's in the Book Group	25.00	
Keep in Step Group	0.00	
Last Chance Group	200.00	40.00
Lecanto Group	0.00	
Monday Night Men's Group	0.00	
Never Too Early Group	0.00	
New Beginnings	0.00	
No Name Group	0.00	
Quail Run Group	0.00	
Rainbow Group	0.00	
Red Eye Group	0.00	
Resentment Group	100.00	
Share at Noon Group	100.00	
Wahoo Group	0.00	
What's the Book Say Group	45.00	45.00
Women to Women Group	0.00	
Women's Friendship Group	140.00	70.00
Women's Meeting - YANA	0.00	
Women's New Beginnings Group	15.00	15.00
WON Rebo's Group	0.00	
YANA Group	0.00	
Total	1690.00	720.00

(Continued from page 1)

best. They are not forgotten. They help the rest of the warriors to live, to be able to fight another day.

As in every battle there are the heroes who fought outstandingly and some helped to save a life. They went beyond the realm of human tolerance and found the power to achieve some great feat.

Some days we must retreat to the Great Council Room more than others. The wounded, the heroes and some warriors who have just started today to fight, gather to discuss the Day's Battle, share stories of past battles won and lost! Gaining strength and courage armed with our Big Book.

Today's Battle has come to an end. I close my eyes to rest today. I was victorious.

I thank Daddy for the Victor E.

For Your Information

The Nature Coast Intergroup Website is located at www.ncintergroup.com. Please note: Website features printable AA meeting schedules and directions/maps, and Nature Coast Intergroup and District 28 Meeting Minutes.

Intergroup Telephone Hotline Co-chair Rick T. May Hotline Report: Total Calls Incoming were 90: 81 for AA information/meetings, 2 NA, 2 Alanon, 2 Rides, 2 Wet Drunks, and 1 Detox.

Hotline Volunteers greatly needed to carry the phone. Call the Hotline at 621-0599 to volunteer.

Book Sales

In addition to the A.A conference-approved literature, Nature Coast Intergroup stocks a supply of some Hazelden books and medallions. We also have Grapevine Literature. Call Beverly H. to order Ph: 344-5939

COPIES OF NATURE COAST JOURNAL ARE AVAILABLE FOR PICKUP AND DISTRIBUTION FOR ALL THE GROUPS EARLY EACH MONTH FROM

TWO LOCATIONS:

EAST COUNTY

1ST LUTHERAN CHURCH,
INVERNESS (FRIDAY BEGINNERS'
MEETING 6:30 PM)

WEST COUNTY

SERENITY CLUB, ST. BENEDICT'S,
CRYSTAL RIVER

INTERGROUP OFFICERS

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TONI T.
382-7578

VICE-CHAIRPERSON

MARTHA G.
489-8752

SECRETARY

MARY R.
465-4381

ALT. SECRETARY

(VACANT)

TREASURER

SUE C.
344-5153

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NEAL S.

RICK T.

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