

Nature Coast Journal

MAILING ADDRESS: P.O. BOX 2015 ♪ CRYSTAL RIVER, FL 34423-2015 ♪ INTERGROUP HOTLINE: (352) 621-0599

Volume 6, Issue 7

Carrying the message

July 2004

NATURE COAST INTERGROUP AND DISTRICT 28

meetings are held at the
Community Center in Holder
on **Sunday, July 25th.**

INTERGROUP... 4:30 PM

DISTRICT... 6 PM

Come get involved!

*This is **YOUR** Intergroup!*

INTERGROUP OFFICERS

Chairperson

Ron B. — 489-7216
rbee44@hotmail.com

Vice-Chairperson

John T. — 726-3942

Secretary

Kevin B. — 628-7944
Kbacon1@tampabay.rr.com

Alt. Secretary

Rosario R.

Treasurer

Beverly H. — 344-5939
behunter@naturecoast.net

INTERGROUP TRUSTEES

Frank S.
Janet B.
Jim K.
Pete M.

DISTRICT 28 OFFICERS

DCM

Joe C. — 563-5430

Alternate DCM

Marilyn B. — 637-9643

Secretary

Brian W. — 344-1119

Treasurer

Barbara C. — 563-5430

Step Seven Step Seven

Humbly asked Him to remove
our shortcomings.

*"I ask a Higher Power to help me
be free."*

- from The Twelve Steps Illustrated

Tradition Seven: Every AA group ought to be fully self-supporting, declining outside contributions.

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
4. Is it more important to get a big AA collection from a few people, or a smaller contribution in which more members participate?
5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

- From the Traditions Checklist, AA Grapevine

START WITH YOURSELF

When I was young and free my imagination had no limits, I dreamed of changing the world.

As I grew older and wiser, I discovered the world would not change,
So I shortened my sights somewhat and decided to change only my country.

But it, too, seemed immovable.

As I grew into my twilight years, in one desperate attempt, I settled for changing only my family, those closest to me, but alas, they would have none of it.

And now as I lie on my deathbed, I suddenly realize: If only I had changed myself first, then by example I would have changed my family.

From their inspiration and encouragement, I would have been able to better my country and, who knows, I may have even changed the world.

Anonymous (Found written on a tomb at Westminster Abbey)

DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.

INTERGROUP TREASURER'S REPORT		June 2004
Beginning Balance		1773.30
	June	YTD (2004)
Income		
Support - Individuals	\$15.00	\$69.52
Support - Groups	20.00	1442.10
Book Sales	733.22	2086.07
Medallion Sales	105.65	276.41
Other Sales	68.21	256.00
Sales Tax Collected	54.47	157.22
Events	240.00	311.30
Misc. Income	0.00	0.00
Total Income	1236.55	\$4613.62
Expenses		
Rent	\$0.00	\$0.00
Sprint	38.66	233.24
Alltel	57.03	358.26
Books & Medallions	294.52	2139.17
Recovery Items	26.75	93.70
Sales Tax Paid	0.00	138.10
Journal	53.00	318.00
Website	0.00	0.00
Secretary Expenses	38.87	75.87
Bank Fees	0.00	14.55
Events	50.00	50.00
Misc. Expenses	98.55	935.53
Total Expenses	\$657.38	\$4356.42
Ending Checking Bal.	\$2352.47	
Reserved for Events	-500.00	
Available Funds	1852.47	
Inventory Value	1059.63	
Accounts Receivable	30.63	
Office Reserve Acct	3288.21	
Total Assets	\$6230.94	

Group Support 2004	June	YTD (2004)
CATS Group	0.00	70.00
Crystal River Group	0.00	300.00
Crystal River Big Book Group	0.00	100.00
High Noon Group	0.00	167.10
Holder Way of Life Group	0.00	125.00
It's in the Book Group	20.00	20.00
Inverness Monday Night Group	0.00	175.00
Last Chance Group	0.00	100.00
Red Eye Group	0.00	200.00
Wahoo Group	0.00	100.00
Wednesday Inverness Step Group	0.00	25.00
Women's Friendship Group	0.00	60.00
Total	\$20.00	\$1442.10

Nature Coast Intergroup Meeting Highlights — June 27, 2004

Intergroup needs support from the groups' representatives. If your group does not have a representative, please elect one so that your group has a voice at the Intergroup Meetings.

- ❖ Chairman: Ron B. reported Web hits for the month of June 2004 were 199. There have been 5168 total hits since inception.
- ❖ Hotline report: There were 8-10 call per day during June—a few for AlAnon.
- ❖ Inventory and Sales: Beverly reported inventory and sales were great. *As of July 1, 2004, the price of the BIG BOOK in hard cover will go to \$6; soft cover-\$5.60; These prices are set b GSO. The pocket-sized BIG BOOK will remain \$3.50. If your group uses a lot of Big Books you are urge to place an order while the price is \$5 for hard cover and \$4.60 for soft cover.* Bev advised that there is a new book available titled: Alcoholism a Merry Go Round Named Denial.
- ❖ District 28 is hosting and chairing the July Area Assembly in Gainesville, FL . Volunteers are needed for the afternoon shift at the registration table. Contact Marilyn B. @ 637-9643 if you are interested in volunteering.
- ❖ *Gratitude Dinner Committee* needs volunteers and a chairperson. Date is set for Saturday, November 13th at Presbyterian Church, Inverness.
- ❖ Visit www.ncintergroup.com for complete minutes

District 28 Archives



We need to preserve the history of our District 28 through Archives. We are building historic collections through collecting materials. Items like books or pamphlets about AA, old AA photographs, AA directories, AA meeting lists, etc. from the past would be very helpful in building the archives. Please contact: Cheryl P. - 634-2217 - cherpier4@aol.com or Mary D. - 352-274-0914—mdally2002@hotmail.com

It's not man's acts which disturb us—but our reactions to them. Take these away and anger goes. No wrong act of another can bring shame on you.

Marcus Aurelius

When Do I Need A Meeting?

When I need some peace of mind...

I need a meeting.

When I don't know what to do with my time...

I need a meeting.

When I feel like splitting for a desert island...

I need a meeting.

When I think I don't need a meeting...

I need a meeting.

When I start thinking I can think for myself...

I need a meeting.

When I'm worried about everyone but myself...

I need a meeting.

When I start thinking I can cut down because I've made a meeting...every night for a month and I'm feeling fine...

I need a meeting.

When I start feeling guilty, or sad, or lonely and "need time for myself" ...

I need a meeting.

When mom says you can afford to miss "just this once" in honor of your Aunt Tilly's birthday...

I need a meeting.

When the kids have been sick, or my temper's too quick, when my heads in a fog and I'm kicking the dog, when I can't find my reason, or time's changing the season, things are good or they're bad, or I'm happy or sad, when I'm falling in love, or can't find my glove and it's 20 below, "that guys driving too slow!" "this one's driving me nuts", I've got squirrels in my guts, if it's starting to rain, if I'm feeling no pain, got a zit on my face and a broken shoelace and I hear myself saying "Yeah but" ...

I need a meeting.

July 2004 Anniversaries



ATTN. Group Secretaries:

Please call or email your list for next month's anniversaries to:
Mary R. – ph.# 352-465-4381
 or email address:
news@ncintergroup.com
 by the 25th of each month.

Holder Way of Life

Mike T.	22yrs
Andy K.	18 yrs
Chuck S.	13 yrs
Mike E.	3 yrs

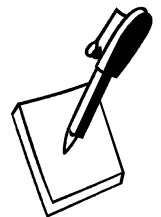
Last Chance Group

Sally D.	28 yrs
Jim K.	20 yrs
Andy K.	18 yrs

Women's Friendship Group

Gene T.	27 yrs
Ruth M.	15 yrs
Bridget M.	13 yrs
Lenny C.	10 yrs
Ann A.	8 yrs
Gayle R.	5 yrs

From the desk of the Journal Editor



AA articles and/or thoughts that you would like featured in the newsletter are welcomed to be submitted to **Mary R.**, editor, **Nature Coast Journal**.

Please contact Mary at news@ncintergroup.com or ph: 352-465-4381.

Thank you.

**We must learn to be still
in the midst of activity and
to be vibrantly alive in
repose.**

Indira Gandhi

☺ **Just do the next right thing!** ☺

Regional Events

48th Florida State Convention

August 4-8, 2004

The Adams Mark Hotel
225 Coast Line Drive
Jacksonville, FL 32202
Reservations: (800) 444-2326

Information: (340) 473-7764 (340) 776-1335

Register online:

[Florida State Convention](#)



24th FCYPAA Florida Conference Sept, 2004

Jacksonville, FL

website: <http://www.fcypaa.org>



Announcing: Exciting Recovery Cruises

<http://www.meetingsenroute.com>

Sober Celebrations with Snow and Carol

<http://www.sobercelebrations.com>

ATTENTION:



A *Recovery Church* in Inverness, 2242 Hwy 44 (across from the Outback Steakhouse)

has invited AA to open new meetings on Tuesday or Thursday. If you are interested in starting a new meeting, please contact:

Michelle at 726-2800 or 341-2791.

This meeting needs your support!

WOMEN'S MEETING

Wed. 6 pm/St Benedict's

Crystal River

Hope to see you there!

Other Meetings

Monday at 7:00 PM—

YANA Group — Open Discussion —
147 NW 7th St., Crystal River
(yellow house behind Crystal River Police Station)



Wed at Noon

Moves from 1st Presbyterian Church to Unity House —
1515 Whitelake Dr
Inverness



Thursday at 5:00PM

Open Step Study

United Methodist Church
Hwy 581 South, Inverness Thursday at 7:30PM



Holder Way of Life Group—8 pm

2nd Sat — Open Speakers (OS)

3rd Saturday — (Anniversaries)

Last Saturday — Grapevine Discussion

All other meetings — OD

Books for Sale

In addition to the A.A. conference-approved literature, Nature Coast Intergroup also carries a supply of some *Hazelden books*.

We also have **Grapevine Literature**.

NEW AA ITEMS:
Large Print of the following:

As Bill Sees It;
Came to Believe;
Living Sober

Call Beverly H. to order.

Ph: 344-5939

Don't give up before the miracle happens!!!

And acceptance is the answer to *all* of my problems today. When I am disturbed, it is because I find some person, place, thing, or situation—some fact of my life—unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing, happens in God's world by mistake.

4th Edition Big Book, p. 417

God, grant me the serenity to accept the people I cannot change—Change the person that I can—Wisdom to know that I am that person.