



# Nature Coast Journal



111 W. Main St., Room 308 ☆ Inverness, FL 34450 ☆ Office & Literature: (352) 344-0290 ☆ Hot Line: (352) 621-0599

VOLUME 9, ISSUE 7

JULY, 2007

## NATURE COAST INTERGROUP

MEETS ON LAST SUNDAY OF EACH MONTH 4:30PM AT THE COMMUNITY CENTER IN HOLDER.

PLEASE GET INVOLVED!

WE NEED YOUR SUPPORT.

**DISTRICT 28**  
MONTHLY MEETING FOLLOWS AT 6:00PM

### Local Event

**Nov 04, 2007**

### **Gratitude Dinner**

Our Lady of Fatima Church  
Inverness

This event is self-supporting  
Volunteers are needed  
Please call Chairpersons  
Melissa C. 634-1676  
Dave A. 613-3852

### Area Events

**July 13-15**

**October 12-14**

### **Area Assemblies**

Paramount Resort and  
Conference Center  
Gainesville, FL

Hotel: ( 352 ) 377-4000

*Events (Continued on page 2)*

## Grand Opening

The Nature Coast Intergroup Office/Bookstore doors will be open for business for the first time on Wednesday, July 4. Regular office hours are Mondays, Wednesdays, and Fridays 10:00 am – 4:00 pm and Saturdays 10:00 am – 1:00 pm. The office is located at the Masonic Building at **111 W. Main St., Room 308, Inverness, FL 34450** (across from Stumpknockers). **For office and literature call 344-0290. For Hot Line and meeting information call 621-0599.**

Volunteers with minimum of 2 years sobriety to manage the office and volunteers with minimum of 1 year sobriety to assist office managers are needed. To volunteer please call Toni T. 382-7578.

For your information Beverly still remains the Literature Chairperson, however all literature, medallions, and recovery items are now only available through the Office/Bookstore.

Contributions to Intergroup should be mailed to the Office address above.

## Happy, Joyous, and Free

*"Happiness is an inside job."* (greeting card)

*"Most people are just about as happy as they make up their minds to be."* (Abraham Lincoln)

*"Accentuate the positive; eliminate the negative."* (old song)

We are told in the program that in order to stay sober we have to take action. One action I can take to be happy is to maintain a positive attitude toward my life and surroundings. This includes how I react to people I come in contact with and situations I find myself in on a daily basis. Instead of putting myself in the center of everything I can just be still and accept what is going on around me and realize that most of what I see and hear has nothing to do with me and I do not have to think or do anything about it.

By doing this I allow myself to be free to live my own life without dropping a lot of stuff into my mind, reacting in a negative and critical manner, which is what I used to spend a lot of time doing. Step Ten is very helpful. It keeps me on my toes. Oh, joy I leave to those who can handle it.

*Anonymous*

### DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.

*Events (Continued from page 1)*

There is a 30 day cut-off for registration at the hotel. Make reservations early.

Info: (877)992-9229

**July 27-29, 2007**

**12th Annual Southeastern Woman to Woman Seminar**

Clarion Hotel Airport & Conference Center  
Jacksonville, FL

Reservations:

(904) 741-1997

Web: [jaxclarion.com](http://jaxclarion.com)

Info: (904) 765-6268

Register on line: [sewoman-towoman.org](http://sewoman-towoman.org)

**August 8-12**

**51st Florida State Convention**

Caribe Royale

8101 World Center Dr.  
Orlando, FL 32821

Reservations:

(800) 823-8300

web: [www.CaribeRoyale.com](http://www.CaribeRoyale.com)

Info: [www.flstateconvention.com](http://www.flstateconvention.com)

Download flyer

<http://www.ncintergroup.com/conferences/124153>

Flyer.pdf

**Aug 24-26**

**20th Annual Sunset Round Up**

Casa Marina Hotel

Key West, FL 33040

Hotel Reservations: web:

[www.casamarinaresort.com](http://www.casamarinaresort.com)

go to reservations, scroll to groups and enter the Group #4280NUS Information:

web: [www.sunsetroundup.com](http://www.sunsetroundup.com)

**Aug 31- Sept 02**

**Big Book Workshop Weekend**

*Events (Continued on page 3)*

**Secure**

God in his goodness has promised  
That the cross he gives us to wear,  
Will never exceed our endurance  
Or be more than our strength can bear.

And secure in that blessed assurance  
We can smile as we face tomorrow,  
For God holds the key to the future,  
And no sorrow or care we need borrow.

~Helen Steiner Rice~

**Anniversaries**

**July 2007**

To post your group's anniversaries ask your Group Secretary to contact Ed P. at 422-0144 or send email to [news@ncintergroup.com](mailto:news@ncintergroup.com) prior to the first of each month.

	Years
<b>Floral City Group</b>	
Troy C.	2
<b>Holder Way of Life Group</b>	
Mike T.	25
Pat H.	21
Mike W.	1
Butch C. (belated - June)	25
Brice M. (belated - June)	22
Lori M. (belated - June)	18
<b>Last Chance Group</b>	
Jim K.	23
Andy K.	21
<b>Share at Noon Group</b>	
Ginny	49
Ruth	18
<b>Women's New Beginnings Group</b>	
Ann A.	11
Gayle R.	8

**IMPATIENT? TRY LEVITATING**

*We reacted more strongly to frustrations than normal people.*

*AS BILL SEES IT, p. 111*

Impatience with other people is one of my principal failings. Following a slow car in a no-passing lane, or waiting in a restaurant for the check, drives me to distraction. Before I give God a chance to slow me down, I explode, and that's what I call being quicker than God. That repeated experience gave me an idea. I thought if I could look down on these events from God's point of view, I might better control my feelings and behavior. I tried it and when I encountered the next slow driver, I levitated and looked down on the other car and upon myself. I saw an elderly couple driving along, happily chatting about their grandchildren. They were followed by me—bug eyed and red of face—who had no time schedule to meet anyway. I looked so silly that I dropped back into reality and slowed down. Seeing things from God's angle of vision can be very relaxing.

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# AA Statistics and Figures

**T**aken from Box 459 June/July 2007:  
 Estimates of Groups and Members as of January 1, 2007<sup>1</sup>

	<u>Groups</u>	<u>Members</u>
United States	53,665	1,213,269
Canada	4,874	95,443
Sub-total	58,539	1,308,712
Correctional <sup>2</sup>	2,432	63,357
Internationalist		65
Lone members		227
Total	60,971	1,372,361
Outside US& Canada <sup>3</sup>	53,590	616,899
Grand Total	114,561	1,989,260

<sup>1</sup> The General Service Office does not keep membership records. The information shown here is based on reports given by groups listed with G.S.O., and does not represent an actual count of those who consider themselves A.A. members.

<sup>2</sup> U.S. and Canada only.

<sup>3</sup> We are aware of A.A. activity in more than 180 countries, including 57 autonomous general service offices in other lands. Annually we attempt to contact those G.S.O.s and groups that request to be listed in our records. Where current data is lacking we use an earlier year's figures.

## Financial Statistics:

GSO revenue essentially comes from two sources: profit from literature sales and contributions. Contributions in 2006 were again higher than the previous year. Contributions from Groups \$5,922,000 from 26,622 Groups which represents 45.5% of the 53,539 groups, a 2.3% increase from 43.2% last year.

Literature sales gross profit: \$6,875,200  
 Gross Revenue: \$12,952,200  
 Operating Expenses: \$12,294,300  
 Operating Profit for 2006: \$657,900.

## New Meeting in Inglis

**A** new meeting is forming at Inglis Community Center behind Town Hall. First meeting will be on July 3 at 7:00pm. Meetings will be held on every Tuesday at 7:00pm. For information call John S. (352) 220-0003

The Big Book is like a cookbook - you can read it all day long and starve. You have to take the action.

## *Events (Continued from page 2)*

Holiday Inn Hotel and Suites  
 Boca Raton Town Center  
 Reservations: (800)781-5611  
 Info: (877) 902-5975  
 leestapes@viafamily.com

**October 19-21, 2007**

**March 28-30, 2008**

**November 14-16, 2008**

**"QUEST"**

**A SPIRITUAL RETREAT  
 GIVEN BY AND FOR  
 A.A.'S AND ALANONS**

Meals and accommodations provided by the Benedictine Monks at St. Leo Abbey Retreat Center, St. Leo, Florida \$112 per person and includes semi-private room 2 nights, 6 meals, snacks and beverages

Retreat includes meditation instruction and three meditations

For information: call Cliff (727)546-2239

Or send email to quest\_retreat@verizon.net

**November 2-4  
 37<sup>th</sup> Gulf Coast**

**Roundup**

**"SOS - Sharing Our Serenity"**

Fort Walton Beach Ramada Beach Resort  
 Highway 98 E on Okaloosa Island

1500 Miracle Strip Parkway  
 Ft. Walton Beach, FL 32548

For Hotel Reservations call (800)447-0010

Registration: \$20 each  
 Pre-registration suggested to facilitate planning

For information: send email to gulfcoastroundup2007@gmail.com

2007	June	2007
<b>Beginning Balance</b>	3834.20	YTD
<b>Income</b>		
Support - Individuals	21.00	114.15
Support - Groups	20.00	1,710.00
Book Sales	272.06	2,368.23
Medallion Sales	16.31	300.75
Other Sales	79.40	221.48
Sales Tax Collected	22.08	172.98
Events		97.94
Misc Income	27.00	0.00
<b>Total Income</b>	<b>457.85</b>	<b>5,012.53</b>
<b>Expenses</b>		
Rent (Holder CC)		0.00
Office Exp (111 W Main St)	1298.23	2,709.58
Alltel	56.48	337.28
Books	404.70	2,296.43
Medallions	25.00	227.90
Recovery Items	43.94	126.17
Sales Tax Paid		183.12
Journal	138.60	452.33
Website (pd for yr in Oct)		0.00
Treasurer Expenses		0.00
Bank Fees		0.00
Events		231.96
Misc Expenses		268.94
<b>Total Expenses</b>	<b>1966.95</b>	<b>4,866.76</b>
<b>Ending Checking Balance</b>	<b>2,325.10</b>	
<b>Reserved for Office (MM)</b>	<b>4,522.17</b>	
<b>Reserved for Office (CD)</b>	<b>2,584.00</b>	
<b>Balance Cash Accounts</b>	<b>9,431.27</b>	
<b>Inventory Value</b>	<b>1,496.09</b>	
<b>Accounts Receivable</b>	<b>-</b>	
<b>Total Assets</b>	<b>10,927.36</b>	
<b>Prudent Reserve</b>	<b>3,000.00</b>	
<b>Group Support 2007</b>	<b>YTD</b>	<b>June</b>
ABC Group	60.00	
Attitude Adjustment Group	100.00	
Bright Spot	0.00	
Citrus Springs Group	0.00	
Crystal River Big Book Group	70.00	
Crystal River Group	400.00	
Dunnellon Group	0.00	
Floral City Group	25.00	
Floral City Men's Group	0.00	
Hernando Hideaway	0.00	
Hernando Men's Group	150.00	
High Noon Group	100.00	
Holder Way of Life Group	0.00	
Inverness Friday Night Group	160.00	
Inverness Monday Night Group	0.00	
Inverness Wednesday Night Step	0.00	
It Works For Me Meeting	0.00	
It's in the Book Group	25.00	
Keep in Step Group	20.00	20.00
Last Chance Group	200.00	
Lecanto Group	0.00	
Monday Night Men's Group	0.00	
Never Too Early Group	0.00	
New Beginnings	0.00	
No Name Group	0.00	
Quail Run Group	0.00	
Rainbow Group	0.00	
Red Eye Group	0.00	
Resentment Group	100.00	
Share at Noon Group	100.00	
Wahoo Group	0.00	
What's the Book Say Group	45.00	
Women to Women Group	0.00	
Women's Friendship Group	140.00	
Women's Meeting - YANA	0.00	
Women's New Beginnings Group	15.00	
WON Rebos Group	0.00	
YANA Group	0.00	
<b>Total</b>	<b>1710.00</b>	<b>20.00</b>

## Attention!

If any group would like the DCM to visit their home group and give a DCM report, I would be glad to. A good time to visit is when you have your business meeting. It is through the financial support of the groups in the district that make our 12 Step work possible. This is another place where money and spirituality mix. Your support is appreciated and on behalf of the District. We thank you.

Jim K., DCM

## Book Sales

In addition to the A.A. conference-approved literature, Nature Coast Intergroup Office/Bookstore stocks a supply of some Hazelden books and medallions. We also have Grapevine Literature.

The Bookstore is located at 111 W. Main St., Room 308, Inverness 34450. Office & Literature only: 344-0290

## For Your Information

The Nature Coast Intergroup Website is located at [www.ncintergroup.com](http://www.ncintergroup.com). Please note: Website features printable AA meeting schedules and directions/maps, and Nature Coast Intergroup and District 28 Meeting Minutes.

**Intergroup Telephone Hotline** Chair Rick T.'s June Hotline Report: Total Calls Incoming were 113: 101 for AA information/meetings, 4 NA, 4 Alanon, 2 Alateen, 1 Wet Drunk, and 1 Detox.

**Hotline Volunteers greatly needed to carry the phone. Call the Hotline at 621-0599.**

COPIES OF NATURE COAST JOURNAL ARE AVAILABLE FOR PICKUP AND DISTRIBUTION FOR ALL THE GROUPS EARLY EACH MONTH FROM

TWO LOCATIONS:

**EAST COUNTY**

1ST LUTHERAN CHURCH,  
INVERNESS (FRIDAY BEGINNERS'  
MEETING 6:30 PM)

**WEST COUNTY**

SERENITY CLUB, ST. BENEDICT'S,  
CRYSTAL RIVER

## INTERGROUP OFFICERS

### CHAIRPERSON

TONI T.  
382-7578

### VICE-CHAIRPERSON

MARTHA G.  
489-8752

### SECRETARY

MARY R.  
465-4381

### ALT. SECRETARY

(VACANT)

### TREASURER

SUE C.  
344-5153

### INTERGROUP TRUSTEES

ALFRED L.  
NEAL S.

RICK T.

ROCK

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### INTERGROUP

### HOTLINE

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### DISTRICT 28

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