



# Nature Coast Journal



111 W. Main St., Room 305 ☆ Inverness, FL 34450 ☆ Office & Literature: (352) 344-0290 ☆ Hot Line: (352) 621-0599

VOLUME 10, ISSUE 7

JULY 2008

## NATURE COAST INTERGROUP

### ~~~~ NOTICE ~~~~

**Effective August 1, 2008**  
there will be a 10 % increase  
on all Conference Approved  
items at the bookstore.  
You may want to "stock up" in  
July before this increase  
goes into effect.

### OFFICE/BOOKSTORE

111 W. MAIN ST.  
RM 305

INVERNESS, FL 34450  
(352)344-0290

OPEN: MON, WED, FRI  
10AM-4PM

SAT 10AM-1PM

### BUSINESS MEETING

LAST SUNDAY OF EACH  
MONTH 4:30PM AT THE  
COMMUNITY CENTER  
IN HOLDER.

### DISTRICT 28

MONTHLY MEETING TO  
FOLLOW INTERGROUP

*Events (Continued on page 2)*

## Do It Anyway

by Mother Teresa

People are often unreasonable,  
illogical, and self-centered;  
Forgive them anyway...

If you are kind, people may accuse you  
of selfish, ulterior motives;  
Be kind anyway...

If you are successful, you will win some false friends  
and some true enemies;  
Succeed anyway...

If you are honest and frank,  
people may cheat you;  
Be honest and frank anyway...

What you spend years building, someone  
could destroy overnight;  
Build anyway...

If you find serenity and happiness,  
they may be jealous and full of contempt;  
Be happy anyway...

The good you do today,  
people will often forget tomorrow;  
Do good anyway...

Give the world the best you have,  
and it may never be enough;  
Give the world the best you've got anyway...

You see... in the final analysis,  
it is between you and your God;

***It was never between you and them anyway.***

### DISCLAIMER

*The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.*

Events (Continued from page 1)

**Area Events**

**Area Assemblies**

**2008:**

**July 11-13**

**October 3-5**

Paramount Resort and Conference Center  
Gainesville, FL

Hotel: (352) 377-4000

There is a 30 day cut-off for registration at the hotel. Make reservations early.  
Info: (877)992-9229

**July 3-6, 2008**

**50th ICYPAA**

Cox Convention Center  
Oklahoma City, OK  
Renaissance Marriott  
Downtown OKC  
10 N. Broadway  
1.405.228.8000 or  
1.800.HOTELS-1  
Mention "ICYPAA"

[www.marriott.com/okcbr](http://www.marriott.com/okcbr)  
Select Date's

The Group Code for the ICYPAA Rate IS: ICYICYA

Website: <http://www.50thicypaa.org/>

**August 13-17, 2008**

**52nd Florida State Convention**

Harbor Beach Marriott,  
Ft. Lauderdale Beach

Register at [www.52FLStateConvention.com](http://www.52FLStateConvention.com)

**September 12-14 2008**

**Serenity Weekend Women's Fall Conference 2008**

Cocoa Beach Oceanfront Resort

1300 N. Atlantic Ave.  
1-800-206-2747

**December 5,6,7 2008**

**20th AA Central Florida Men's Retreat** for \$140

Deposit of \$70 due by 9/15/08  
Remaining balance by 11/15/08

FMI contact Don G. at  
(352) 489-8752

**Anniversaries**

**July 2008**

To post your group's anniversaries ask your Group Secretary to contact Paula D at 201-0353 or send email to [news@ncintergroup.com](mailto:news@ncintergroup.com) prior to the first of each month.

**Floral City Men's Group**

	<u>Years</u>
Bill B (June Celebrant)	20
Frank S (June Celebrant)	10
Joe L (June Celebrant)	2
Paul D (June Celebrant)	1

**Holder Way of Life Group**

Pat H	22
Mike W	2
Butch C. (June Celebrant)	26

Brice M. (June Celebrant)	23
Lori M. (June Celebrant)	19

**Keep in Step Group**

Francis E.	30
Ruth M	19
Pat B.	8

**Last Chance Group**

Jim K	24
Andy K	22

**No Name Group**

Michael B. (June Celebrant)	20
Ed P (June Celebrant)	10
Rafael T (June Celebrant)	5

**Rainbow Group**

Dennis K	18
Gene M	16
Debbie N	9
Lloyd F	3
Randy L	1

**Share at Noon Group**

Ginny L	50
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Women's Friendship Group	12
Ann A.	

**New Women's Meeting**

1st Meeting will be on July 3rd at 5:30pm

When: Thursday at 5:30 p.m.  
Where: House of Power Church  
7233 N Lecanto Hwy  
Hernando, FL 34442

**Note from the Editor and Assistant Editor**

We are currently asking for articles that are related to the "Step of the Month".

We would like some personal stories from our local members: What it was like and how your life has changed because of AA, how is your life different now? These submissions can consist of different lengths, from snappy one-liners and one-paragraph anecdotes to 500 word stories

We are also looking for willing Elder States-people with over 20 years of sobriety in the Citrus County area (now District 28) to submit articles on how our District and Intergroup has evolved.

We would love to hear from you. Please forward submission in writing to Paula D or John L in person, by mail at the office or email them to <[Paula@ncintergroup.com](mailto:Paula@ncintergroup.com)>

Yours in Service ~  
Paula D. and John L.

**February 11-14, 2010**

Mark your calendar for the  
International Woman's Conference  
Doubletree Hotel  
AT THE ENTRANCE TO UNIVERSAL ORLANDO  
5780 Major Boulevard  
Orlando, FL 32819



**JULY Special**

Each time you Visit the Book Store in July,

You will receive a chance to win a

**\$30 Gift Certificate** for Store Merchandise.

## Step 7

"Humbly asked Him to remove our shortcomings."

### Tradition 7

(Long form)

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

### Concept VII

The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

### Promise SEVEN

We will lose interest in selfish things & gain interest in our fellows.

### 7th Step Prayer

My Creator,

I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding.

"Faith without works is dead."

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### Principle 7: Humility

The spiritual focus of Step 7 is humility, asking a higher power to do something that cannot be done by self-will or mere determination.

Article taken from the Hazelden Web site at [www.hazelden.org](http://www.hazelden.org). Used by permission.

## TRUSTING OTHERS

*But does trust require that we be blind to other people's motives or, indeed, to our own? Not at all; this would be folly. Most certainly, we should assess the capacity for harm as well as the capability for good in every person that we would trust. Such a private inventory can reveal the degree of confidence we should extend in any given situation.*

AS BILL SEES IT, p. 144 Copyright © Alcoholics Anonymous World Services, Inc. Reprinted with Permission

When God leads you to the edge of the cliff, trust Him fully and let go, only 1 of 2 things will happen, either He'll catch you when you fall, or He'll teach you how to fly! The power of one sentence!

God is going to shift things around for you today and let things work in your favor. ~ Anonymous

### Not a Judgment but a Report

Some call it Tag, and some "just pick someone". The problem as I see it, being new in the area, is that I never get a chance to participate as everyone is picking their friends or people they know. I realize that I can put up my hand and break the chain but being new in the area I am feeling uneasy about that. Maybe it is pride, or ego but down deep I just want to be one of the group. This has happened on numerous occasions and not just in this area.

My suggestion is to step outside the box and call on the person visiting or new to the area. After the meeting, go over and introduce yourself. Try your best to welcome them. Remember our primary purpose is not to impress our friends but to carry the AA message to those who still may be suffering.

Remember, the time may come where you will be the one sitting on the outside of the circle wishing someone would call on YOU. ~ Anonymous

### Perfection

I have shortcomings and defects of character.

I never have been and never can be perfect.

As that realization became a part of me -- and it took time -- it brought me one of the greatest of the many blessings that have come to me from AA.

I learned to accept myself as a fallible human being.

I do not have to strive for perfection. Mistakes are permissible.

I have the right to be wrong.

And what a comfort that thought is to me, as I make my bemused way through life,

one foot in a bucket, pushing on doors marked "Pull."

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2008-NCI	June	YTD
<b>Beg Checking Balance</b>	2888.15	
<b>Income</b>		
Support - Groups	348.00	2612.95
Book Sales	718.90	4638.07
Other Sales	206.30	1550.82
Sales Tax Collected	52.18	333.51
Events		45.00
Misc. Income	6.50	1080.90
<b>Total Income</b>	<b>1331.88</b>	<b>10261.25</b>
<b>Expenses</b>		
Rent (Holder CC)		0.00
Office Exp	293.49	2729.31
Airtel	58.08	337.26
Books	1193.25	4775.95
Recovery Items	215.70	936.94
Sales Tax Paid		320.54
Journal	63.60	343.14
Website		0.00
Events		0.00
Misc. Expenses		187.62
<b>Total Expenses</b>	<b>1822.12</b>	<b>9630.76</b>
<b>End Checking Balance</b>	<b>2197.91</b>	
Money Market Account	3532.76	
Office Change Fund	40.00	
<b>Balance Cash Accounts</b>	<b>5770.67</b>	
<b>Amounts as noted:</b>		
Inventory Value	2672.27	
Accounts Receivable	259.48	
Office Sales Profit/Loss	128.13	

Group Support 2008	June	YTD
ABC Group	60.00	60.00
Attitude Adjustment Group	50.00	225.00
Bright Spot		0.00
Citrus Springs Group		190.00
Crystal River Big Book Group	75.00	75.00
Crystal River Group		0.00
Floral City Group		0.00
Floral City Men's Group		0.00
Hemando Men's Group		40.00
High Noon Group		100.00
Holder Way of Life Group		100.00
Inverness Friday Night Group		240.00
Inverness Monday Night Group		125.00
Inverness Wednesday Night Step		100.00
It's in the Book Group	25.00	50.00
Keep in Step Group		40.00
Last Chance Group		105.00
Lecanto Group		0.00
Monday Night Men's Group		120.00
Never Too Early Group		0.00
New Beginnings-Dunnellon		0.00
Night Cap		0.00
No Name Group		30.00
Quail Run Group		0.00
Rainbow Group		175.00
Recovery by the Fire	75.00	75.00
Red Eye Group		0.00
Resentment Group	40.00	240.00
Share at Noon Group		100.00
Sober Sand Gnats		0.00
Wahoo Group		0.00
What's the Book Say Group		45.00
Women to Women Group		0.00
Women's Friendship Group		120.00
Women's New Beginnings Group		100.00
Won Rebos Group		45.50
YANA Group		0.00
<b>Total</b>	<b>325.00</b>	<b>2500.50</b>
Monthly average		416.75

## Bookstore at the Office

- **Audio** Big Book, 12 & 12, Living Sober, AA Comes of Age
- **Braille** Big Book
- **Literature** Racks
- Pamphlets for your meeting racks
- Meeting Signs
- Big Book Dictionary
- 12 & 12 Dictionary
- Speaker Certificates
- Birthday Cards
- Serenity Prayer Cards
- Key Rings
- Circle Stickers
- Mini Saying Stickers
- Bookmarks
- Verse Cards
- Bronze Medallions
- Monthly Coins
- Leather Book Covers
- Chrome Travel Mugs
- Gift bags and wrapping paper with circle and triangle motif
- Tri-plate Lapel Pins
- Tri-plate Specialty

- Medallions
- License plate covers

### WE DELIVER

*When you place an order, on or before the Wednesday prior to our Intergroup and District meetings, your items will be available for pickup at the Intergroup Meeting. For more information, contact Paula D. @ 201-0353.*

**Thank you to our Volunteers at the bookstore!!!**  
**Your help keeps our doors open and is greatly appreciated.**

**Look for our Monthly Special for July**

*See Page 2 for details !*

## For Your Information

**Intergroup Telephone Hotline Chair, Rick T.'s May Hotline Report:** Total Calls Incoming were 91: 78 for AA information/meetings (2 of these were for referrals to treatment centers), 10 for Alanon, 3 NA.

**NCI meeting minutes are available to view on our website. [www.ncintergroup.com](http://www.ncintergroup.com)**

Please forward any announcements to the editor for submission to the Journal by the 28th of each month.

THE *NATURE COAST JOURNAL* IS AVAILABLE FOR PICKUP AND DISTRIBUTION FOR ALL GROUPS EARLY EACH MONTH AT:

### EAST COUNTY

1ST LUTHERAN CHURCH,  
INVERNESS (FRIDAY BEGINNER'S  
MEETING 6:30 PM)

### WEST COUNTY

SERENITY CLUB, ST. BENEDICT'S,  
CRYSTAL RIVER

### NATURE COAST INTERGROUP OFFICE

& IT IS POSTED ON OUR WEBSITE  
[www.ncintergroup.com](http://www.ncintergroup.com)

## INTERGROUP OFFICERS

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382-7578

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### SECRETARY

JIM Z.

### ALT. SECRETARY

(VACANT)

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SUE C.  
344-5153

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