

# Nature Coast Journal

MAILING ADDRESS: P.O. BOX 2015 ♪ CRYSTAL RIVER, FL 34423-2015 ♪ INTERGROUP HOTLINE: (352) 621-0599

Volume 7, Issue 8

Carrying the message

August 2005

## NATURE COAST INTERGROUP AND DISTRICT 28

meetings are held at the  
Community **Aug. 28, 2005**  
**INTERGROUP...4:30 PM**  
**DISTRICT...6 PM**

**INTERGROUP IS PART OF  
AA – YOUR SUPPORT IS  
NEEDED AND APPRECIATED.**

***Come get involved!***

### **INTERGROUP OFFICERS**

#### Chairperson:

Beverly H. — 344-5939

[behunter34453@earthlink.net](mailto:behunter34453@earthlink.net)

#### Vice-Chairperson:

Neil S. — 527-3014

Secretary: Kevin B. — 628-7944

[kevinbacon6451@yahoo.com](mailto:kevinbacon6451@yahoo.com)

Alt. Secretary: Sherrie L.

Treasurer: Kathy F.

### **INTERGROUP TRUSTEES**

Gayle W.      Ron B.

Ken E.        Pete M.

### **Nature Coast Journal Editor:**

Mary R. — 352-465-4381

### **DISTRICT 28 OFFICERS**

DCM: Marilyn B.— 637-9643

#### Alternate DCM:

Jim K. — 746-3115

#### Secretary:

Don G. — 489-8752

#### Treasurer:

John R. — 637-2814

## **AA Old Preamble - 1940**

We are gathered here because we are faced with the fact that we are powerless over alcohol and unable to do anything about it without the help of a Power greater than ourselves.

We feel that each person's religious views, if any, are his own affair. The simple purpose of the program of Alcoholics Anonymous is to show what may be done to enlist the aid of a Power greater than ourselves regardless of what our individual conception of that Power may be.

In order to form a habit of depending upon and referring all we do to that Power, we must at first apply ourselves with some diligence. By often repeating these acts, they become habitual and the help rendered becomes natural to us.

We have all come to know that as alcoholics we are suffering from a serious illness for which medicine has no cure.

Our condition may be the result of an allergy which makes us different from other people. It has never been by any treatment with which we are familiar, permanently cured. The only relief we have to offer is absolute abstinence, the second meaning of A.A.

There are no dues or fees. The only requirement for membership is a desire to stop drinking. Each member squares his debt by helping others to recover.

An Alcoholics Anonymous is an alcoholic who through application and adherence to the A.A. program has forsworn the use of any and all alcoholic beverage in any form.

The moment he takes so much as one drop of beer, wine, spirits or any other alcoholic beverage he automatically loses all status as a member of Alcoholics Anonymous. A.A. is not interested in sobering up drunks who are not sincere in their desire to remain sober for all time. Not being reformers, we offer our experience only to those who want it.

We have a way out on which we can absolutely agree and on which we can join in harmonious action. Rarely have we seen a person fail who has thoroughly followed our program. Those who do not recover are people who will not or simply cannot give themselves to this simple program. Now you may like this program or you may not, but the fact remains, it works. It is our only chance to recover.

There is a vast amount of fun in the A.A. fellowship. Some people might be shocked at our seeming worldliness and levity but just underneath there lies a deadly earnestness and a full realization that we must put first things first and with each of us the first thing is our alcoholic problem. To drink is to die. Faith must work twenty-four hours a day in and through us or we perish.

In order to set our tone for this meeting I ask that we bow our heads in a few moments of silent prayer and meditation. I wish to remind you that whatever is said at this meeting expresses our own individual opinion as of today and as of up to this moment. We do not speak for A.A. as a whole and you are free to agree or disagree as you see fit, in fact, it is suggested that you pay no attention to anything which might not be reconciled with what is in the A.A. Big Book.

If you don't have a Big Book, it's time you bought you one. Read it, study it, live with it, loan it, scatter it, and then learn from it what it means to be an A.A.

*Submitted by Sue R*

### **DISCLAIMER**

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.

# UPCOMING EVENTS

## Events

<p><b>Sept 16-18, 2005</b>  <b>Serenity Weekend</b>  <b>Women's Fall Conference</b>                  Cocoa Beach Oceanfront Resort                  1300 N. Atlantic Ave                  Cocoa Beach, Fl                  Call: (321) 783-2271  <b>Limited to first 500</b></p>	<p><b>Oct 20-23, 2005</b>  <b>The Home Group, Heartbeat of AA, 61st Southeastern Conf &amp; 52nd Georgia State Convention</b>                  Holiday Inn Crowne Plaza Ravinia                  4355 Ashford Dunwoody Rd                  Atlanta, Ga                  Reservations: (707) 395-7700                  Info: (478) 745-2588</p>	<p><b>Sept 22-25, 2005</b>  <b>Fall Mountain Housecleaning Spiritual Retreat</b>  <b>Hinton Rural Life Center</b>  <b>Hayesville, NC</b>                  Reservations:                  Fall Mountain Retreat                  9638 Barnside Place                  Tampa, Fl 33635                  (813)-884-3814                  email: <a href="mailto:rsunshine1125@aol.com">rsunshine1125@aol.com</a></p>
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## Books for Sale

In addition to the A.A conference-approved literature, the *Nature Coast Intergroup* also carries a supply of some **Hazelden books and other items.**

We also have *Grapevine Literature.*

**Call Beverly H. to order**  
**Ph: 344-5939**

**T**he disease of alcoholism knows no boundaries.  
 Neither age, intelligence, willpower, or self-control prevents it.  
 We of Alcoholics Anonymous have discovered a way to live a life of sobriety, free from our drinking problem. Let us share this gift with you.

Please call the Intergroup Hotline: (352) 621-0599 if you need help.

### HOTLINE CHAIRPERSON AND VOLUNTEERS NEEDED:

Call Ph#621-0599 or 422-0790 to volunteer. Thanks.

### "CHANGES" NATURE COAST AA MEETINGS:

- ❖ **Early Bird Group:** 8:00 AM Daily— Serenity Club— St Benedict's Church—Crystal River  
 Tuesday-Open Step Study— Thursday-Big Book— Saturday-Beginner's Meeting—3rd Sat Speaker
- ❖ **CATS Women's Group—Inverness—6:00 PM**  
 Thursday—**Suspended Until Further Notice**

### ALL Group Meeting changes — please notify:

- 1) **HOTLINE** — ph#621-0599;
- 2) **Webmaster Ron B** — [www.ncintergroup.com](http://www.ncintergroup.com);
- 3) **Where and When** Chairperson, Kevin B — ph# 628-7944..

<b>Beginning Balance</b>	<b>3094.89</b>	
<b>2005</b>	<b>July</b>	<b>YTD</b>
<b>Income</b>		
Support - Individuals	17.00	121.50
Support - Groups	225.35	2003.35
Book Sales	463.60	2720.82
Medallion Sales	25.03	314.07
Other Sales	151.37	483.86
Sales Tax Collected	38.43	211.25
Events	394.16	557.66
Misc Income	0.00	5.24
<b>Total Income</b>	<b>1314.94</b>	<b>6417.75</b>
<b>Expenses</b>		
Rent(paid for year in Oct)	0.00	0.00
Sprint	0.00	153.68
Alltel	57.34	413.56
Books & Medallions	366.14	2633.40
Recovery Items	21.75	236.95
Sales Tax Paid	56.01	219.27
Journal	0.00	310.84
Website (pd for yr in Oct)	0.00	0.00
Secretary Expenses	0.00	11.54
Bank Fees	0.00	0.00
Events	224.59	235.69
Misc Expenses	20.44	224.17
Transfer to Money Market	316.96	1706.71
<b>Total Expenses</b>	<b>1063.23</b>	<b>6145.81</b>
<b>Ending Checking Balance</b>	<b>3346.60</b>	
<b>Reserved for Events</b>	<b>669.57</b>	
<b>Available Funds</b>	<b>2677.03</b>	
<b>Inventory Value</b>	<b>1359.34</b>	
<b>Accounts Receivable</b>	<b>19.08</b>	
<b>Reserved for Office (CD)</b>	<b>2500.00</b>	
<b>Reserved for Office (MM)</b>	<b>2500.51</b>	
<b>Total Assets</b>	<b>9725.53</b>	

<b>Group Support 2005</b>	<b>YTD</b>	<b>July</b>
ABC Group	0.00	
Attitude Adjustment Group	20.00	
CATS Group	90.00	30.00
Citrus Springs Open Step	0.00	
Crystal River Big Book Group	75.00	
Crystal River Group	300.00	
Dunnellon Group	0.00	
Early Birds Meeting	0.00	
Floral City Group	40.00	
Floral City Men's Group	0.00	
Hernando Men's Group	0.00	
High Noon Group	273.35	45.35
Holder Way of Life Group	150.00	
Inverness Friday Night Group	200.00	
Inverness Monday Night Group	150.00	
Inverness Wed. at Noon Meeting	0.00	
It's in the Book Group	20.00	
Keep in Step Group	0.00	
Last Chance Group	65.00	
Lecanto Group	25.00	
Monday Night Men's Step Group	60.00	
New Beginnings Group	150.00	150.00
New Horizon Group	50.00	
Primary Purpose Group	0.00	
Quail Run Closed Step Group	0.00	
Red Eye Group	0.00	
Resentment Group	25.00	
Share at Noon Group	100.00	
Wahoo Group	60.00	
Wednesday Inverness Step Group	50.00	
What's the Book Say Group	0.00	
Women's Friendship Group	100.00	
Works For Me Meeting	0.00	
YANA Group	0.00	
<b>Total</b>	<b>2003.35</b>	<b>225.35</b>



S.T.E..P.S.  
Solutions  
To  
Every  
Problem  
Sober



## August 2005 Anniversaries



**ATTN. Group Secretaries:**

Please call or email your list for next month's anniversaries to:  
Mary R. – ph.# 352-465-4381

**CATS**

- Beverly P. ....25 yrs
- Sharon R. .... 1 yr

**Friday Nights Inverness Group**

- Ron G. .... 31 yrs
- Charlotte G. .... 25 yrs

**Last Chance Group**

- Margaret Y. .... 22 yrs
- Vince M. .... 6 yrs

**Women's Friendship Group**

- Barbara L. .... 29 yrs
- Catherine T. .... 21 yrs
- Helen H. .... 19 yrs
- Janet L. .... 18 yrs
- Rose B. .... 8 yrs
- Rose S. .... 8 yrs

**S.P.O.N.S.O.R.**

Sober Person Offering Newcomers  
Suggestions On Recovery

**B.I.G. B.O.O.K.**

Believing In God Beats Our Old  
Knowledge

**Step Eight:**

Made a list of all persons we had harmed, and became willing to make amends to them all.

**Eighth Step Prayer**

Higher Power,

I ask Your help in making my list of all those I have harmed. I will take responsibility for my mistakes & be forgiving to others as You are forgiving to me. Grant me the willingness to begin my restitution. This I pray.

**Tradition Eight:**

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

**MONTHLY MEETING MINUTES**SUNDAY, July 31<sup>st</sup>, 2005, 4:30 PM

**ATTENDED:** Marilyn B., Jim K., Beverly H., Don G., George M., Gayle W., Ron B., Kathy F., Frank S., Tony T., Richard T., Bob R., Pete M., Martha G., Tom B., Melissa C. Paul T., John R., Lorraine T., Janet B., Ken P. and Kevin B.

Chairperson Beverly called the meeting to order at 4:30 PM. The meeting was opened with a moment of silence followed by the Serenity Prayer.

- ❖ **V-CHAIRMAN REPORT AND ROLL CALL:** Neil was absent: Beverly made the Roll Call. 13 Groups are represented. .
- ❖ **SECRETARY REPORT:** Kevin read the minutes to the meeting of June 26<sup>th</sup>, 2005. Report accepted.
- ❖ **TREASURER'S REPORT:** Kathy passed out the July report. Report of income and expenses for July 2005, was read by Kathy. Reimbursements were made to Beverly and money transfers to CD's were made. Report accepted.
- ❖ **TRUSTEE'S REPORT:** Pete, Ron and Gayle have nothing to report.
- ❖ **WEBMASTER REPORT:** Ron received an e-mail an outside pharmaceutical company which put a link to our website and asked that we do the same. Request denied.
- ❖ **CHAIRPERSON'S REPORT:** Nothing to report.
- ❖ **NEWSLETTER COMMITTEE REPORT:** Mary was absent.
- ❖ **HOTLINE REPORT:** Tom resigned. There were 111 calls this month.
- ❖ **INVENTORY AND SALES:** Beverly had nothing new to report.
- ❖ **OLD BUSINESS:** Toni T. has volunteered to be Chairman of the Gratitude Dinner. Date and place uncertain at this time. Committee meeting is scheduled for August 14<sup>th</sup>, @ 3:15pm at Serenity Club. Kevin will check with the Chronicle as to why the Ad has been discontinued.
- ❖ **NEW BUSINESS:** There was no response for a Labor Day Picnic. Frank volunteered to put together a Hotline Committee and report back next month with new procedures for people willing to carry the phone. Hotline sign up sheets will be brought back to respective groups for update of our 12 Step List (Wet 12 Step calls, rides to detox or meetings, or willing to talk to someone on the phone).

Meeting was closed at 5:45pm with the Lords Prayer.

**Kevin B., Secretary, Nature Coast Intergroup**

Visit [www.ncintergroup.com](http://www.ncintergroup.com) for more information.

**AA DISTRICT 28 DISTRICT MEETING JULY 31, 2005**

The meeting was opened by DCM Marilyn B., with the Serenity Prayer and the Declaration of Unity.

- ❖ Secretary's Report - Don G: Roll Call. Please update your phone numbers on the sign in sheet so that we can keep them updated.
  - ❖ Treasurer's Report - John R: Report accepted. See attached report.
  - ❖ Grapevine - Shirley M: Absent no report
  - ❖ Alt DCM Report - Jim K - I attended the area assembly, participated in the workshops on Saturday and attended the Sunday morning business meeting. Picked up free literature at one of the workshops. Literature to be used as needed.
  - ❖ Corrections - Beverly P & Kathy G (Women's): Meetings are going well. (Men's) Jim K - Two meetings were taken to the jail in July. All went well.
  - ❖ Literature: Bev H: No report this month
  - ❖ Treatment - Melissa C: Called out on 12th step call. Has been to Baycare and the Centers this month, will be going to Act II next week.
  - ❖ Intergroup - Frank S: Tom B resigned as chair for the Hotline, Frank S will take over. There will be no Labor Day picnic due to no volunteers to chair this event. Toni T. will chair the Gratitude Dinner time and location to be determined at a later date.
  - ❖ Public Information - Janet B: CPC - Janet B: Delivered new meeting schedules to Able Body, Act II, Baycare, Chamber of Commerce, Children's Visitation Center, Drivers Ed., Drug Court, Hospital, State Probation, Sheriffs main and sub station. Also all the Judges have copies of the new Where and Whens. There is a new group in town called Vista they will be working with alcoholics. I have met with them at Unity. Act II will be moving this week to Rt 44 nest to the VFW. Spoke with the PI Chair of Pinellas Cty, he has TV spots on AA airing on Brighthouse channel 9. At the same time Brighthouse returned our PSA tapes stating they would not be running them at this time. I have sent info to the Citrus County Chronicle for the new Discover Citrus magazine. Doran D has volunteered to deliver to the Westside of the county.
  - ❖ Old Business- The 2003 debt of South Florida is finally being put to rest. A special basket was passed at the Assembly for donations to this \$1430 will be sent to them from the Area. If anyone wishes to contribute they may send contributions to: Area 15 Treasurer, Joanie Evans, PO Box 48243, St Petersburg, Fl, 33743.
  - ❖ New Business- Contribution sheet for the 1st quarter of 2005 for the Groups was passed around. GSO is running about 3 months behind on all paper work that has been sent to them. Sorry for any inconvenience but we are at their mercy. An ad-hoc Committee has been formed for North Florida Area State Convention see attached sheets for the recommendations. George M has volunteered as the alternate Chair for the Mens Correction Committee. A motion was made that Committees Chairs or the alternate be given \$50.00 if they attend the Area Assembly to help defray the cost of the weekend. This motion is to taken back to the groups for discussion before the next business meeting. This was brought to the business meeting because some people can not do service work because of the cost involved. A motion was made at the Assembly to take away the vote of all DCM's and area Officers at the Assemblies. We need input of this to go back to the Oct Assembly with. This would mean that only the GSR or his alternate could vote. We have Service Manuals available if you need them. Discussion on receiving Minutes of Business Meeting via E-Mail to be continued at next meeting. Meeting adjourned.
- Next District Business Meeting: Aug 28, 2005

Future Area Assemblies: Oct.14-16 at the Paramount in Gainesville. Phone # is (352)377-4000. There is a cut-off for registration at the hotel. Make your reservations early.

**Nature Coast Journal Distribution Info**

The *Nature Coast Journal* newsletters may be picked at the following places: St. Benedict's Serenity Club, Crystal River or at the Beginner's 6:30 P.M. Meeting, Lutheran Church, Inverness on the first Friday nights of the month. Thank you for helping to distribute the *Nature Coast Journal* to your group.

**D.E.N.I.A.L. - Don't Even Notice I Am Lying**