

Nature Coast Journal

MAILING ADDRESS: P.O. BOX 2015 ♪ CRYSTAL RIVER, FL 34423-2015 ♪ INTERGROUP HOTLINE: (352) 621-0599

Volume 6, Issue 10

Carrying the message

October 2004

NATURE COAST INTERGROUP AND DISTRICT 28

meetings are held at the
Community Center in
Holder **Sunday,**
October 31st.

INTERGROUP... 4:30 PM

DISTRICT... 6 PM

Come get involved!

This is YOUR Intergroup!

INTERGROUP OFFICERS

Chairperson:

Ron B. — 489-7216

rbee44@hotmail.com

Vice-Chairperson:

John T. — 726-3942

Secretary: Kevin B. — 628-7944

Kbacon1@tampabay.rr.com

Alt. Secretary: Rosario R. —

Rosario@digitalUSA.net

Treasurer:

Beverly H. — 344-5939

bhunter34453@earthlink.net

INTERGROUP TRUSTEES

Frank S. Janet B.

Jim K. Pete M.

Nature Coast Journal Editor:

Mary R. — 352-465-4381

DISTRICT 28 OFFICERS

DCM : Joe C. — 563-5430

Alternate DCM:

Marilyn B. — 637-9643

Secretary:

Brian W. — 344-1119

Treasurer:

Barbara C. — 563-5430

Step Ten Step Ten

Continued to take personal inventory
and when we were wrong promptly
admitted it.

"I check up on myself.

I am honest."

- from The Twelve Steps Illustrated

**Tradition Ten: Alcoholics Anonymous has no opinion on
outside issues; hence the AA name ought never be
drawn into public controversy..**

1. Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state governments? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
3. What in AA history gave rise to our Tenth Tradition?
4. Have I had similar experience in my own AA life?
5. What would AA be without this Tradition? Where would I be?
6. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
7. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

- From the Traditions Checklist, AA Grapevine

Nature Coast Intergroup

Gratitude Dinner

Saturday, November 13, 2004

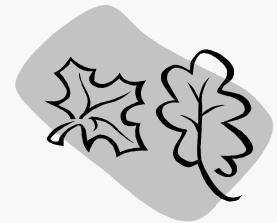
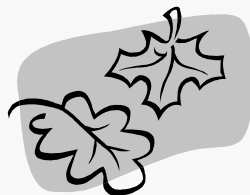
1st Presbyterian Church

Washington & Hwy 44,

Inverness, FL

Cost: \$5.00 per person

**TICKETS WILL NOT BE SOLD AT
THE DINNER.**



DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.

INTERGROUP TREASURER'S REPORT		Sept 2004
Beginning Balance		\$3104.15
	Sept	YTD (2004)
Income		
Support - Individuals	21.87	
Support - Groups	192.00	
Book Sales	206.73	
Medallion Sales	18.38	
Other Sales	19.12	
Sales Tax Collected	14.67	
Events	66.00	
Misc. Income	0.00	
Total Income	\$538.77	
Expenses		
Rent	0.00	
Sprint	39.16	
Alltel	53.60	
Books & Medallions	870.31	
Recovery Items	34.40	
Sales Tax Paid	0.00	
Journal	47.70	
Website	0.00	
Secretary Expenses	0.00	
Bank Fees	0.00	
Events	26.00	
Misc. Expenses	0.00	
Total Expenses	\$1071.17	
Ending Checking Bal.	2571.75	
Reserved for Events	-967.66	
Available Funds	1604.09	
Inventory Value	1114.47	
Accounts Receivable	114.26	
Office Reserve Acct	3289.04	
Total Assets	\$7089.93	

Group Support 2004	Sept	YTD (2004)
Attitude Adjustment Group	0.00	20.00
CATS Group	60.00	100.00
Crystal River Group	0.00	300.00
Crystal River Big Book Group	0.00	100.00
High Noon Group	68.00	276.60
Holder Way of Life Group	0.00	175.00
It's in the Book Group	0.00	20.00
Inverness Friday Night Group	0.00	120.00
Inverness Monday Night Group	0.00	300.00
Last Chance Group	64.00	100.00
New Horizon Group	0.00	100.00
Red Eye Group	0.00	200.00
Share at Noon Group	0.00	50.00
Wahoo Group	0.00	100.00
Wednesday Inverness Step Group	0.00	25.00
Women's Friendship Group	0.00	120.00
Total	\$192.00	\$2298.60

**Nature Coast Intergroup Meeting Highlights —
Sunday, October 3, 2004**

MINUTES NOT AVAILABLE AT PRESS TIME

It is important that your group has a voice at the intergroup meetings.

❖ Visit www.ncintergroup.com for complete minutes



Group Representatives:

Please call the Hotline any time and every time your group has a change in the meeting time or place—especially if the change is due to weather conditions. Incorrect information was recently given out during the storms because the volunteer giving out the schedule information did not have updated info. Thank you.

One day at a time.

ATTENTION!!!!!!!

2004 Gratitude Dinner Committee Meeting will be held Sunday, October 17th @ 3:15 pm at the Serenity Club, St. Benedict's Church. **All are welcomed!!!** Contact: Gayle W—220-0772 or Ken E— 628-6122 for more information or to volunteer. If you wish to help in any of the following areas, please contact the chairperson for that committee:

Beverage: John R.—637-2814; **Set-up:** Gwen—563-1868; **Clean-up:** Dan/Jerome; **Tickets/Flyers:** Rosario R.— email: Rosario@digitalUSA.net; **Kitchen:** Marilyn/Mark-212-6128 (Marilyn's ph); **Hospitality:** Beverly H.-344-5939;

Dessert: Peggy L.-794-2818.



Things to think about:

12 Ways To Destroy The Fellowship

- 12. Don't attend meetings or belong to a home group.
- 11. Never say anything in meetings, wait until you are outside.
- 10. Sit in the back and have side conversations with your friends.
- 9. Find fault in all officers, committees and other volunteers.
- 8. Vote to do everything and then go home and do nothing.
- 7. Get all you can, but never give back anything in return.
- 6. Never serve as an officer or on a committee.
- 5. Let the basket pass you by, without contributing.
- 4. Talk about co-operation, but never act cooperatively.
- 3. When asked to help, always reply that you haven't the time or say you have time and not show up.
- 2. Never do any more than you have to.
- 1. Always complain about the mess others are making of our fellowship and their service efforts and tell everyone how much better you could do it.

CARRY THE MESSAGE, AND PRACTICE THE AA PRINCIPLES IN ALL YOUR AFFAIRS.

HUMILITY

by Dr. Bob

"Perpetual quietness of heart. It is to have no trouble. It is never to be fretted or vexed, irritable or sore; to wonder at nothing that is done to me, to feel nothing done against me. It is to be at rest when nobody praises me, and when I am blamed or despised, it is to have a blessed home in myself where I can go in and shut the door and kneel to my Father in secret and be at peace, as in a deep sea of calmness, when all around and about is seeming trouble."

(From a plaque on Dr. Bob's Desk)

October 2004 Anniversaries



ATTN. Group Secretaries:

Please call or email your list for next month's anniversaries to: Mary R. - ph.# 352-465-4381 or email address: news@ncintergroup.com by the 25th of each month.

CATS

- Donna W 20 yrs
- Belated *Congratulations* to:
- Marilyn B 6 yrs
- Traci B..... 1 yr

Crystal River Group

- Eric J..... 9 yrs
- John S..... 7 yrs
- Gary D..... 6 yrs
- George M..... 6 yrs
- Jim B..... 2 yrs
- Bruce C..... 1 yr

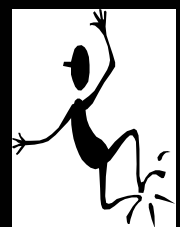
Holder Way of Life

- Patrick G 15 yrs
- Brian W 11 yrs
- Donald C 10 yrs
- Sam K 8 yrs
- Tim K..... 4 yrs
- Marty C 2 yrs

Women's Friendship Group

- Rose Ann N..... 27 yrs
- Kim C 1 yr

Congratulations to all October celebrants!



From the desk of the Journal Editor

AA articles and/or thoughts that you would like featured in the newsletter are welcomed to be submitted to Mary R, editor, Nature Coast Journal. Please contact Mary at news@ncintergroup.com or ph: 352-465-4381.

Thank you.

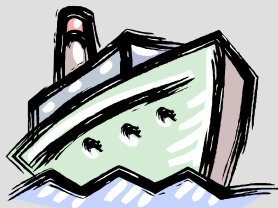


International Events

2005 International Convention of Alcoholic's Anonymous June 30-July 3, 2005 Toronto, Canada

The International Convention will celebrate A.A.'s 70th Anniversary, June 30 - July 3, 2005, in Toronto, Canada. With a theme of "***I am Responsible***", A.A.s from around the world will converge on Toronto to celebrate sobriety, and share experience, strength and hope in meetings, panels and workshops at the Metro Toronto Convention Center, the SkyDome stadium, and at other locations throughout this exciting city. Members of the Fellowship, as always, are now gearing up for this wonderful event and the General Service Office is beginning to receive inquiries. More info is available on the AA website or visit

www.ncintergroup.com.



Announcing:

Exciting Recovery Cruises

<http://www.meetingsenroute.com>

Sober Celebrations with Snow and Carol

<http://www.sobercelebrations.com>

Books for Sale



In addition to the A.A. conference-approved literature, Nature Coast Intergroup also carries a supply of some **Hazel-den books**.

We also have **Grapevine Literature**.

**NEW AA ITEMS: Large Print of the following:
As Bill Sees It; Came to Believe; Living Sober**

**Call Beverly H.
to order.**

Ph: 344-5939

District 28 Archives

*We need to preserve the history of our District 28 through Archives. We are building historic collections through collecting materials. Items like books or pamphlets about AA, old AA photographs, AA directories, AA meeting lists, etc. from the past would be very helpful in building the archives. Please contact: Cheryl P. - 634-2217 - cherpier4@aol.com or Mary D. - 352-274-0914—
mdally2002@hotmail.com*

15th Gratitude Roundup

Nov 26-28, 2004

Ramada Inn
I-10 (Exit 16)
Diamond Head, Ms
Reservations: (228)
896-8314

Info: (228) 896-8314
(877) 896-8116 toll free



41st IAAWC

Feb 10-13, 2005

Riviera Hotel & Casino
2901 S. Las Vegas Blvd
Las Vegas, NV 89109
Reservations: (702)
794-9412

(800) 634-6753

Info: <http://>

www.iaawc.org

email:

iaawc2005@yahoo.com

The disease of alcoholism knows no boundaries. Neither age, intelligence, willpower, or self-control prevents it.

We of Alcoholics Anonymous have discovered a way to live a life of sobriety, free from our drinking problem. Let us share this gift with you.

☎ Please call the

Intergroup Hotline:

(352) 621-0599

if you need help. ☎