

Nature Coast Journal

MAILING ADDRESS: P.O. BOX 2015 ♪ CRYSTAL RIVER, FL 34423-2015 ♪ INTERGROUP HOTLINE: (352) 621-0599

Volume 7, Issue 9

Carrying the message

October 2005

NATURE COAST INTERGROUP AND DISTRICT 28

meetings are held at the Community Center in Holder

Next meetings:

Sunday, October 30, 2005

INTERGROUP...4:30 PM

THIS IS YOUR INTERGROUP – YOUR SUPPORT IS NEEDED AND APPRECIATED.

DISTRICT...6 PM

Come get involved!

INTERGROUP OFFICERS

Chairperson:

Beverly H. — 344-5939

behunter34453@earthlink.net

Vice-Chairperson:

Neil S. — 527-3014

Secretary: Kevin B. — 628-7944

kevinbacon6451@yahoo.com

Alt. Secretary: Sherrie L.

Treasurer: Kathy F.

INTERGROUP TRUSTEES

Gayle W. Ron B.

Ken E. Pete M.

Nature Coast Journal Editor:

Mary R. — 352-465-4381

news@ncintergroup.com

DISTRICT 28 OFFICERS

DCM: Marilyn B.— 637-9643

Alternate DCM:

Jim K. — 746-3115

Secretary:

Don G. — 489-8752

Treasurer:

John R. — 637-2814

Today's thought is: HAPPY PEOPLE ARE LIKEABLE

From the book [Walk in Dry Places by Mel B.](#)

Personal Relations

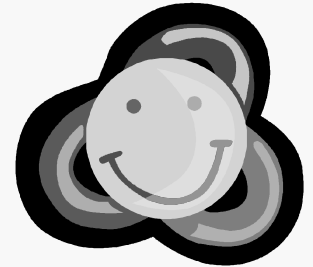
Who are the people we really like and like to be with? Most of the time, they are happy people, people who like themselves and others.

Being happy is almost the entire secret of being likeable. Though no person can expect to be liked by everybody, the likeable people have the inside track most of the time.

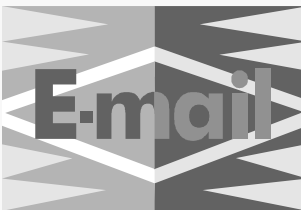
How do we become happy and thus likeable? We're continuously told that happiness cannot be found in property, power, and prestige. It is rooted instead in self-acceptance, in feeling loved and wanted, and in giving genuine service, maybe just in the form of very useful work.

Twelve Step programs are structured to make us happy if we persevere long enough in working the individual steps. While it may seem contradictory, even people with heavy burdens and personal sorrows can find underlying happiness in the program. A great deal of this also hinges on our belief in a Higher Power and a confidence that we have a place in the universal system.

I can be happy today in spite of things that others would consider burdensome and depressing. Happiness really comes from God, and it also serves to attract friends into my life.



Submitted by Char S



From Kevin B.

Please include an announcement:

The *Where and When* flyer is in preparation of going to Press. Please send in ASAP all your meeting changes and updates to: kevinbacon6451@yahoo.com

You may call with any changes: 352-628-7944

From Kel:

Hi Mary,

I have a deaf friend that recently relocated to our area (Dunnellon).

I have hooked him up with AA online, but he really would like to get

to a regular meeting and meet new friends. Our District doesn't

have the funds to hire an interpreter, but I thought we might have a

member amongst us that knows sign language. Perhaps we can put something

in the journal? Let me know.

Thanks and God bless,

Kel

Please call Mary R @ 352-465-4381 if you can help Kel. Thanks



DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.



UPCOMING EVENTS

Local Events

<p>Oct 28 , 2005 Naples Area Intergroup Gratitude Dinner Naples Elks Lodge 3950 Radio Road, Naples, Fl Call: (239) 262-6535 Info: naplesintergroup.org</p>	<p>Saturday, Nov 5th, 2005 District 28 Workshop "Sponsorship"</p>  <p>Doors open 9:30 AM 1st Lutheran Church 1900 Hwy 44 W, Inverness Area delegate report Food and Beverages</p>	<p>Oct 28-30 , 2005 6th West Coast Sponsorship Weekend Holiday Inn Riverfront 100 Riverfront Dr, Bradenton, Fl Reservations: (941) 747-3727 Call: (941) 922-5226 email: sponsorship05@comcast.net</p>
<p>Oct 30, 2005 XXX Intergroup 17 Annual Picnic noon-??? Boat Basin Ocala, Fl More info: (352) 867-0660</p>		

National/International Events

<p>Nov 5-7, 2005 7th Annual Retreat Riverfront Methodist Camp 20 min east of Fort Myers Info: (239) 248-8744 email: chuckf@naples.net</p>	<p>Oct 20-23, 2005 The Home Group, Heartbeat of AA, 61st Southeastern Conf & 52nd Georgia State Convention Holiday Inn Crowne Plaza Ravinia 4355 Ashford Dunwoody Rd Atlanta, Ga Reservations: (707) 395-7700 Info: (478) 745-2588</p>	<p>Nov 4-6, 2005 8th Gratitude Weekend Holiday Inn Beach Resort 200 Beachview Dr Jekyll Island, Ga Reservations: (800) 753-5955 (912) 635-3311 Reserve by Oct 6th email: fwb34@bellsouth.net</p>
---	---	--

The disease of alcoholism knows no boundaries.
 Neither age, intelligence, willpower, or self-control prevents it.
 We of Alcoholics Anonymous have discovered a way to live a life of sobriety, free from our drinking problem. Let us share this gift with you.
Please call the Intergroup Hotline: (352) 621-0599 if you need help or you would like to volunteer. Volunteers are needed.

Books for Sale

In addition to the A.A conference-approved literature, Nature Coast Intergroup also carries a supply of some **Hazelden books**.

We also have **Grapevine Literature**.
NEW AA ITEMS: Large Print of the following: As Bill Sees It; Came to Believe; Living Sober
 Call Beverly H. to order — Ph: 344-5939

ALL Group Meeting changes — please notify:

- 1) **HOTLINE** — Frank — ph#621-0599
- 2) **Webmaster** — Ron B — www.ncintergroup.com
- 3) **Where and When** Chairperson — Kevin B — ph# 628-7944
- 4) **Nature Coast Journal Editor** — Mary R 352-465-4381 or

“The final forming of a person’s character lies in their own hands.”

~Anne Frank



October 2005
Anniversaries

ATTN. Group Secretaries:

Please call or email your list for next month's anniversaries to:

Mary R. – ph.# 352-465-4381

Holder Group

Patrick G.....	16 yrs
Ray C.....	15 yrs
Brian W.....	11 yrs
Donald C.....	11 yrs
Sam K.....	9 yrs
Tim K.....	5 yrs
Billy L.....	1 yr

Women's Friendship Group

Beverly H.....	29 yrs
Rose Ann N.....	28 yrs
Margaret R.....	5 yrs
Kim C.....	2 yrs

Success Through Others

from *Winning Thoughts* by Carl Mays

*The better I work with people,
the more successful I become!*

Submitted by Peggy L.

From the *Heartland Intergrouper*, Lakeland FL

Rotation of Service Jobs

Traditionally, rotation of service positions keeps AA members from becoming frozen in office. It also ensures that group tasks, like nearly everything else in AA, are passed around for all to share. Rotation insures that fresh ideas are brought to the task, and helps to bring us spiritual rewards more enduring than fame. And, in the spirit of Tradition Twelve, it ever reminds us "to place principles before personalities." Terms are usually two years. Before you rotate out of any AA service position, please be sure to help train your replacement. ♦

Step Ten:

Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition Ten:

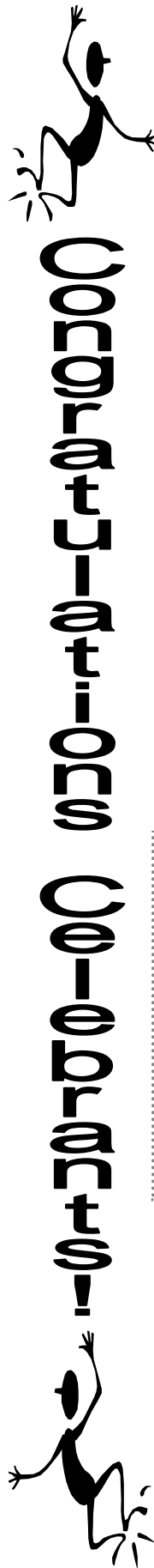
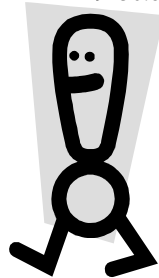
Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

Beginning Balance	5,143.10	YTD
2005	Sept	
Income		
Support - Individuals	15.10	157.60
Support - Groups	143.00	2337.10
Book Sales	322.75	3215.22
Medallion Sales	27.00	352.39
Other Sales	46.00	553.86
Sales Tax Collected	23.76	247.43
Events	0.00	557.66
Misc Income	<u>50.00</u>	<u>2055.24</u>
Total Income	627.61	9476.50

Expenses		
Rent	63.60	63.60
Sprint	0.00	153.68
Alltel	57.20	529.42
Books & Medallions	256.52	3355.37
Recovery Items	10.45	276.15
Sales Tax Paid	0.00	219.27
Journal	49.40	409.93
Secretary Expenses	0.00	11.54
Events	0.00	235.69
Misc Expenses	33.00	289.26
Transfer to Money Market	<u>2000.00</u>	<u>3706.71</u>
Total Expenses	2470.17	9250.62

Ending Checking Balance	3300.54
Reserved for Events	<u>-669.57</u>
Available Funds	2630.97
Inventory Value	1391.02
Accounts Receivable	112.07
Reserved for Office (CD)	2500.00
Reserved for Office (MM)	<u>4501.35</u>
Total Assets	11804.98

Group Support 2005	YTD	Sept
Attitude Adjustment Group	20.00	
CATS Group	90.00	
Crystal River Big Book Group	75.00	
Crystal River Group	300.00	
Floral City Group	40.00	
High Noon Group	357.10	43.00
Holder Way of Life Group	300.00	100.00
Inverness Fri Night Group	200.00	
Inverness Mon Night Group	150.00	
It's in the Book Group	20.00	
Last Chance Group	95.00	
Lecanto Group	25.00	
Mon. Night Men's Step Group	60.00	
New Beginnings Group	150.00	
New Horizon Group	50.00	
Resentment Group	25.00	
Share at Noon Group	100.00	
Wahoo Group	60.00	
Wed Inverness Step Group	50.00	
Women's Friendship Group	170.00	
Total	2337.10	143.00



One person can make a difference and every person should try."

- John f. Kennedy

MONTHLY MEETING MINUTES

SUNDAY, September 25, 2005 - 4:30 PM

ATTENDED: Marilyn B., Tom M., Tom B., John R., Beverly H., Don G., Martha G., B., Kathy F., Tricia I., Bob R., Richard T., Joe N., Bill., Dallas M., Paul T., Ed P., Mary D., Mary R., Frank S., Shirley J., Gayle W., Jim K., Warren S., and Kevin B.

- ❖ Chairperson Beverly called the meeting to order at 4:30 PM. The meeting was opened with a moment of silence followed by the Serenity Prayer.
- ❖ **V-CHAIRMAN REPORT AND ROLL CALL** (Neil S.): Neil was absent: Beverly made the Roll Call. 14 Groups are represented.
- ❖ **SECRETARY REPORT:** Kevin read the minutes to the meeting of August 28th, 2005. Report accepted.
- ❖ **TREASURER'S REPORT** (Kathy F): Kathy read her report.
- ❖ **TRUSTEE'S REPORT:** Ron and Gail W. had nothing to report.
- ❖ **WEBMASTER REPORT:** Ron received another e-mail from the pharmaceutical stating we were being removed from their web site for not reciprocating.
- ❖ **CHAIRPERSON'S REPORT:** Nothing to report.
- ❖ **NEWSLETTER COMMITTEE REPORT** (Mary R): Mary has nothing to report.
- ❖ **HOTLINE REPORT:** Frank gave report: 92 calls were received. Frank requested placement in Journal of need for hotline phone service workers.
- ❖ **INVENTORY AND SALES:** Beverly reported on inventory and sales: Good month.
- ❖ **OLD BUSINESS:** Gratitude Dinner tickets are present for distribution and sale. Some are smudgy but works. 12-Step volunteer sheets will be updated. Response from the groups was poor.
- ❖ **NEW BUSINESS:** 10% Shipping costs from GSO will be passed on to any rush orders; otherwise, Beverly will try to wait to order over \$250 to avoid shipping charges.
- ❖ **ANNOUNCEMENT:** District 28 "Sponsorship" Workshop: Saturday, November 5th, 2005; Doors open @ 9:30 AM. It will be held at the First Lutheran Church, 1900 Hwy 44 West, Inverness, FL.

Meeting was closed at 5:45 pm with the *Lord's Prayer*

Kevin B., Secretary, Nature Coast Intergroup

Visit www.ncintergroup.com for more information.

DISTRICT MEETING Sep 25, 2005 ATTENDANCE

The meeting was opened by DCM Marilyn B., with the Serenity Prayer and the Declaration of Unity

Secretary's Report - Don G: Roll Call. Please update your phone numbers on the sign in sheet so that we can keep them updated. Don apologized for the error of the Treasurers Report in last month's minutes

Treasurer's Report -John R: Report accepted. See attached report.

Alt DCM Report-Jim K: No Report this month

Grapevine-Shirley M: Called the DCM and due to job changes is unable to attend Sunday business meetings. Anyone interested in the Grapevine, please contact Marilyn B.

Corrections - Beverly P & Kathy G (Women's): Meetings were taken to the Women's Correctional Facility on Sep 7 & 21. Bridging the Gap is working as we have reports that some of the women have come to AA meetings once they have been released. My Co-chair has been in the hospital and I ask that you keep in your thoughts and prayers. **(Men's) Jim K-** Two meetings were taken to the jail this month Aug 31 & Sep 14. The meetings went well. Good dialogue was established between the speakers and the inmates. In closing the inmates expressed their gratitude for the opportunity to attend AA.

Literature: Bev H: Good supply of everything. Shipping Charges will be added to all Groups orders under 250.00 which amounts to an extra 10% of the total order. If you can wait until orders are grouped together this charge can be avoided.

Treatment - Melissa C : Absent no report

Public Information - Janet B: CPC - Janet B: Before going on vacation Janet made sure that all locations had plenty of AA Information. Still working on Key Training Center issue for Public Service Announcement. Waiting on reply from GSO.

Intergroup - Frank S Reported on literature changes, hotline and Gratitude Dinner. Tickets are now available at a price of 5.00 per ticket.

Old Business- Workshop on Sponsorship will be held on Nov 5 at 9:30 AM at Lutheran Church in Inverness. See Flyer for more info. Also Michael S will be attending to give the Delegates Report to us. State Convention Adhoc Committee recommendations were sent to the Growth Committee of NFA. There will be more information after the Oct. Assembly. NFA Assembly motion to exclude DCM'S AND Area Officers from voting: District 28 group conscience is to vote No on the motion.

New Business- The Where & When will be going to press shortly please get all changes to Kevin B 352-628-7944 prior to Oct 7, 2005. We need a new chairperson for the Grapevine, Shirley is resigning due too job scheduling changes. This is a great opportunity to due service work contact Marilyn if you're interested. A motion was brought to the floor to offer mileage expense to the facilitator of the Nov. workshop of 50.00 if she wants it. Motion passed. At the Area Assembly in Oct their will be a motion brought to the Floor to form a Web Committee. After some discussion our District will vote to approve this.

DCM Report- The new East/West Directories were discussed and made available to anyone in the District that is planning to travel. An announcement was made concerning the new SE Regional Trustee. The GSO article on the Trustee was made available. The Intergroup/Central office pamphlet, listing locations and phone numbers was discussed. NCI has this publication available. The report from GSO concerning contributions was discussed. To date GSO is unable to be fully supporting. The report was made available to the Group Reps.

Next District Business Meeting: Oct 30, 2005

Future Area Assemblies: Oct.14-16 at the Paramount in Gainesville. Phone # is (352) 377-4000. There is a cut-off for registration at the hotel. Make your reservations early. Jan 6-8 2006, April 7-9, 2006, July 14-16, 2006, Oct 13-15, 2006. The Oct date was changed due to the football season.