

Nature Coast Journal

MAILING ADDRESS: P.O. BOX 2015 ♪ CRYSTAL RIVER, FL 34423-2015 ♪ INTERGROUP HOTLINE: (352) 621-0599

Volume 7, Issue 11

Carrying the message

November 2005

NATURE COAST INTERGROUP AND DISTRICT 28

meetings are held at the Community Center in Holder

Next meetings:

Sunday, Nov. 27, 2005

INTERGROUP...4:30 PM

THIS IS YOUR INTERGROUP – YOUR SUPPORT IS NEEDED AND APPRECIATED.

DISTRICT...6 PM

Come get involved!

INTERGROUP OFFICERS

Chairperson:

Beverly H. — 344-5939

behunter34453@earthlink.net

Vice-Chairperson:

Neil S. — 527-3014

Secretary: Kevin B. — 628-7944

kevinbacon6451@yahoo.com

Alt. Secretary: Sherrie L.

Treasurer: Kathy F.

INTERGROUP TRUSTEES

Gayle W. Ron B.

Tom B. Pete M.

Nature Coast Journal Editor:

Mary R. — 352-465-4381

news@ncintergroup.com

DISTRICT 28 OFFICERS

DCM: Marilyn B.— 637-9643

Alternate DCM:

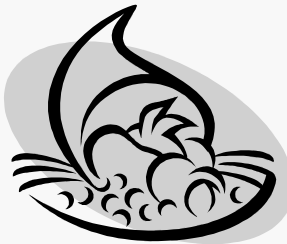
Jim K. — 746-3115

Secretary:

Don G. — 489-8752

Treasurer:

John R. — 637-2814



Nature Coast Intergroup's

Annual Gratitude Dinner

Come join us on

Sunday, November 20

At Our Lady of Fatima Catholic Church

US 41S, Inverness

Doors open at 2:30 pm ♪ Dinner—3:30 pm ♪ Speaker—5 pm

Please bring a covered dish to share (in a throwaway container)

No tickets will be sold at the door. Call Bev H for tickets: 344-5939

Thanksgiving Day Dinner

at the Serenity Club,

St. Benedict's Catholic Church,

Crystal River

The *High Noon Group* invites all AA members and families and friends to join them on Thursday, November 24, 2005 for dinner at 2:00 pm. Please bring a covered dish to share.

Good fellowship! All are welcomed!!



From the desk of the editor: Since January 2004, I have had the privilege to serve you, the AA community, as your *Nature Coast Journal* editor. Because I truly believe in the two-year term of service jobs, I will relinquish this position January 2006. Traditionally, rotation of service positions keeps AA members from becoming frozen in office and helps keep us humble. If you are interested in this position, please attend the Intergroup Meeting on Sunday, November 27 at 4:30 pm, Holder Community Center. Thank you for letting me serve you as your editor. *Mary R.*



From Ron B:

Insanity is not doing the same thing over and over again, expecting different results.

Insanity is doing the same thing over and over again, knowing full well what the results will be.



DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.



UPCOMING EVENTS

Local Events

Big Book Workshop Weekend

Friday, Jan 20–

Sunday, Jan. 22, 2006

Hilton Orlando/Altamonte Springs

360 N Lake Blvd,

Altamonte Springs, FL

I-4 & Hwy 436

Rooms: (407) 830-1985

Info: (407) 333-4330 or

leestapes@vtafamily.com

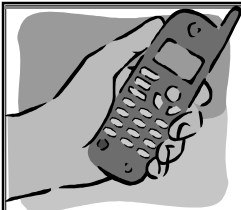


ATTENTION:

Nature Coast Intergroup will be hosting **ALKATHONs** on Saturday, December 24 and Saturday, December 31 at the Holder Community Center in Holder, FL. More details in next month's

Nature Coast Journal.

Volunteers needed. Chairperson for the December Alkathon is also needed. Please attend the Intergroup Meeting on Sunday, November 27 at 4:30 pm to volunteer and for more details.



HELP WANTED — Volunteers Needed

I am responsible...When anyone, anywhere, reaches out for help, I want the hand of A.A. to always be there. And for that; I am responsible.

Please call the Intergroup Hotline: (352) 621-0599 to volunteer.

The disease of alcoholism knows no boundaries. Neither age, intelligence, willpower, or self-control prevents it. We of Alcoholics Anonymous have discovered a way to live a life of sobriety, free from our drinking problem. Let us share this gift with you.

Please call the Intergroup Hotline: (352) 621-0599 if you need help.

Books for Sale

In addition to the A.A conference-approved literature, Nature Coast Intergroup also carries a supply of some **Ha-zelden books**.

We also have Grapevine Literature. **NEW AA ITEMS:** Large Print of the following: **As Bill Sees It; Came to Believe; Living Sober**

Call Beverly H. to order — Ph: 344-5939

Meeting Change

Effective Nov 1st

Attitude Adjustment Group

12 Noon Monday

Moves to new location:

[Pleasant Grove Church of Christ](#)

Hwy 581 South

Inverness

ALL Group Meeting changes — please notify:

- 1) **HOTLINE** — Frank — ph#621-0599
- 2) **Webmaster** — Ron B — www.ncintergroup.com
- 3) **Where and When** Chairperson — Kevin B — ph# 628-7944
- 4) **Nature Coast Journal Editor** — Mary R 352-465-4381 or news@ncintergroup.com

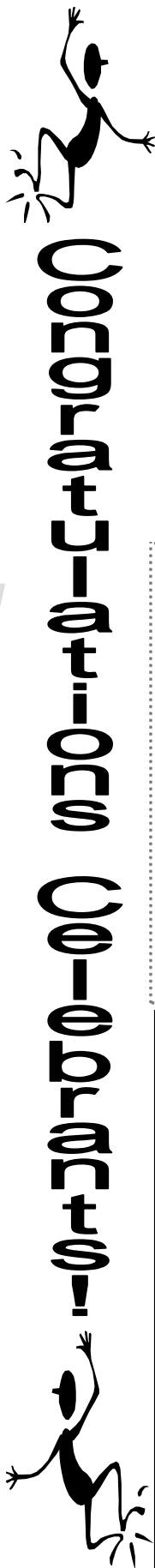
If you get too caught up in thinking about what you are going to do tomorrow or about what you failed to do yesterday, you might not have time to do anything today!!!!



November 2005
Anniversaries

Expenses		
Rent	0.00	63.60
Sprint	0.00	153.68
Alltel	57.20	586.62
Books & Medallions	369.32	3724.69
Recovery Items	11.25	287.40
Sales Tax Paid	72.23	291.50
Journal	57.38	467.31
Website (pd for yr in Oct)	50.00	50.00
Treasurer Expenses	0.00	11.54
Bank Fees	0.00	0.00
Events	0.00	235.69
Misc Expenses (PO Box)	48.00	337.26
Transfer to Money Market	0.00	3706.71
Total Expenses	665.38	9916.00

Ending Checking Balance	3655.46
Reserved for Events	-669.57
Available Funds	2985.89
Inventory Value	1505.88
Accounts Receivable	12.72
Reserved for Office (CD)	2500.00
Reserved for Office (MM)	4501.75
Total Assets	12175.81



ATTN. Group Secretaries:

Please call or email your list for next month's anniversaries to:
Mary R. – ph.# 352-465-4381

Holder Group

Kevin M.....	23 yrs
Joan B.....	22 yrs
Danny N.....	3 yrs

Women's Friendship Group

Colleen B.....	6 yrs
Sharon B.....	8 yrs
Joanne N.....	24 yrs

The Most Important Lesson

—2nd edition, Big Book from a story entitled *There is Nothing the Matter*, page 507

...the most important lesson I have ever learned in my entire life. That is that AA doesn't need me, but I need AA. Very desperately, very sincerely, very humbly. Not all at once, because you can't get it all at once, just a little bit at a time. They told me: "You've got to get out and work a little; you've got to give." They told me that giving was living, and living was loving, and loving was God. And you don't have to worry about God, because He's sitting right in front of your eyes.

You get just a little sobriety, and you get just a little humility. Not much, just a little. Not the humility of sackcloth and ashes, but the humility of a man who's glad he's alive and can serve. You get just a little tolerance, not too much, just enough to sit and listen to the other guy.

Somewhere along the line, if you've forgotten how to pray, you learn a little about that too. ❖

Step Eleven

Sought through prayer and meditation to improve our conscious contact with God, as we *understood Him*, praying only for knowledge of His will for us the power to carry that out.

Tradition Eleven

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Eleventh Step Prayer

Higher Power, as I understand you, I pray to keep my connection with you open and clear from the confusion of daily life. Through my prayers a meditation I ask especially for freedom from self-will, rationalization and wishful thinking. I pray for the guidance of correct thought and positive action. Your will, Higher Power, not mine, be done.

Group Support 2005	YTD	October
ABC Group	0.00	
Attitude Adjustment Group	20.00	
CATS Group	90.00	
Crystal River Big Book Group	75.00	
Crystal River Group	300.00	
Floral City Group	40.00	
High Noon Group	314.10	
Holder Way of Life Group	250.00	50.00
Inverness Friday Night Group	200.00	
Inverness Monday Night Group	150.00	
It's in the Book Group	20.00	
Last Chance Group	95.00	
Lecanto Group	25.00	
Monday Night Men's Step Group	60.00	
New Beginnings Group	150.00	
New Horizon Group	50.00	
Resentment Group	50.00	25.00
Share at Noon Group	100.00	
Wahoo Group	60.00	
Wednesday Inverness Step Group	50.00	
Women's Friendship Group	170.00	
Total	2269.10	75.00



Nature Coast Intergroup MONTHLY MEETING MINUTES—October 30, 2005

- ❖ Chairperson Beverly called the meeting to order at 4:30 PM. The meeting was opened with a moment of silence followed by the Serenity Prayer.
 - ❖ **V-CHAIRMAN REPORT AND ROLL CALL** (Neil S.): Neil made the roll call. 13 Groups are represented.
 - ❖ **SECRETARY REPORT:** Kevin read the minutes to the meeting of September 25th, 2005. Report accepted.
 - ❖ **TREASURER'S REPORT** (Kathy F): Kathy was not present. Beverly read the report.
 - ❖ **TRUSTEE'S REPORT:** Ron & Gail have nothing to report.
 - ❖ **WEBMASTER REPORT:** Ron renewed web site through November 2006.
 - ❖ **CHAIRPERSON'S REPORT:** Letter was read from Lakeview Presbyterian Church for office space. St. Pete.Bev would like an offer in the near area.
 - ❖ **NEWSLETTER COMMITTEE REPORT** (Mary R): Mary brought in November issue for review. Mary is stepping down from position of Editor and offers the position to anyone interested.
 - ❖ **HOTLINE REPORT:** Frank gave report: 143 calls were received. 9 were treatment related. 10 were for ALANON, 5 for NA.
 - ❖ **INVENTORY AND SALES:** Beverly reported on inventory and sales: Pretty good month.
 - ❖ **OLD BUSINESS:** Beverly requests GD Ticket Money. Toni indicates the Journal ad is taken care of and all is on course.
 - ❖ **NEW BUSINESS:** Tickets will be brokered by Bev for any one with tickets that will not be used. Christmas Alkathon is open to a chair persons. Thanksgiving Dinner at Crystal River @ 12 Noon sponsored by the High Noon Group.
 - ❖ **ANNOUNCEMENT:** District 28 "Sponsorship" Workshop: Saturday, November 5th, 2005; Doors open @ 9:30 AM. at the First Lutheran Church, Inverness
- Meeting was closed at 5:25pm Meeting was closed at 5:45 pm with the *Lord's Prayer* Kevin B., Secretary, Nature Coast Intergroup
Editor's Note—Disclaimer: Opinions expressed at this meeting do not necessarily represent the viewpoint of all those who were in attendance.

DISTRICT MEETING October 30, 2005 ATTENDANCE

The meeting was opened by DCM Marilyn B., with the Serenity Prayer and the Declaration of Unity

- ❖ **Secretary's Report - DON G:** Roll Call. Please update your phone numbers on the sign in sheet so that we can keep them updated
- ❖ **Treasurer's Report - JOHN R:** Report accepted. See attached report.
- ❖ **Alt DCM Report-Jim K:** This report is related to the business conducted in the Correctional Workshop at the area assembly. Subject: Our Singleness of Purpose - What is it and how is it different than our primary purpose. I wasn't sure. The statements that follow are taken from the final Report of the 54th Annual Meeting of the General Service Conference on Our Singleness of Purpose, "The Cornerstone of AA". They describe cornerstone as a basic element. Singleness of Purpose is the basic element that is the foundation of everything we do. Our Primary Purpose is to stay sober and to help other alcoholics achieve sobriety. Or, put another way, our Primary Purpose is to carry the message to the alcoholic who still suffers. It is an action goal for each of us. It is our responsibility, it is what we do and it involves spirituality and love. Our Singleness of Purpose is an essential message of AA. The message is how to stay sober and how to recover from alcoholism. It is about the solution to the problem and how we deal with alcoholism to help others, ourselves and groups achieve sobriety. Bill W. often said that one of AA's greatest strengths is its single-minded focus on one thing and one thing only. By limiting our Primary Purpose to carrying the message to alcoholics and avoiding all other activities AA is able to do one thing supremely well. The atmosphere of identification is preserved by that purity of focus and alcoholics get help.
- ❖ **Grapevine-Sherri L:** Spoke with DCM and excepted this position during the month
- ❖ **Corrections - Beverly P & Kathy G (Women's):** Meetings were taken to the Women's Correctional Facility this month and everything is going well. (Men's) **Jim K:** Two meetings were taken to the Citrus County Jail this month. Books were distributed along with assorted AA pamphlets. Two committee members had to step down from this commitment due to personal reasons. Best wishes and thanks go to Tom and Pete for their time and service. Two others have stepped up and are currently being processed at this time. During the past month I attended the area assembly and while there I participated in the Area Correctional Meeting. Chairperson Chaze H. suggested we talk on singleness of purpose. As usual there were many different opinions on this subject. As District Chair I shared that in Citrus County we use the Preamble of AA as a guide as suggested by GSC. As a representative of AA and the GSC I feel a responsibility to follow their direction. Our Correctional Facilities Workbook states Singleness of Purpose is central to the survival of AA. Inmates faced with no programs other than alcohol find their way to AA meetings. AA's not wishing to exclude such individuals from meetings can do so only with firm understandings of AA's Singleness of Purpose. I explain to inmates that it is OK to share that they had problems with drugs but they should not dwell on them and to share their alcohol related problems. Every meeting has a different flow or mood and one should use common sense, tolerance, and compassion. Remember the Promise--If we are working our program we will intuitively know how to handle situations that used to baffle us.
- ❖ **Literature: Bev H:** Highlights from the Area Assembly Literature Workshop. Michael Scott, Area 14 Delegate, explained what went on in the Literature Committee at the spring General Service Conference in New York. He discussed the fact that the comic books, "Whatever Happened to Joe & Whatever Happened to Alice" were being revised. There were 8 delegates who took the comic, frame by frame and worked at changing little things to update them, such as clothing styles and hair, etc, so that newcomers could relate to them today. Daily Reflections is being translated. They preview, review and help translate it and it comes to the Conference in draft form. Literature pamphlets are divided into 4 categories: 1-Recovery 2-Service 3-Unity 4-Professional. Pamphlets with a banner are literature for newcomers. Pamphlets with "steps and a rectangle are for service. Pamphlets with steps without a rectangle are for Unity. Other pamphlets are for professionals such as Doctors, Treatment Facilities, etc.
- ❖ **Treatment - Melissa C:** Still waiting for the turnover at all the facilities.
- ❖ **Public Information - Janet B: CPC - Janet B:** Visited Bay Care and Driver Education Offices and dropped off Where & When's. Steve H has taken over the Courthouse and Court Alternatives Program and leaves info at these sites. Attended a meeting of the Hunger and Homeless Coalition of Citrus County Inc and we will be having a table at their annual outreach on Nov 19. Other service providers and support groups will also be present. It will be held on the grounds of DCF from 10 -3. Attended area workshops for CPC & PI at the Area Assembly. I came away very impressed also got a few ideas for PI. Discover Magazine came out today and we are listed in it under support groups.
- ❖ **Intergroup - Frank S** Still a few tickets left for the Gratitude Dinner Nov 20. Website has been renewed for another year. 143 calls for Hotline past month.
- ❖ **Old Business:** Workshop on Sponsorship will be held on Nov 5 at 9:30 AM at Lutheran Church in Inverness. See Flyer for more info. Also Michael S will be attending to give the Delegates Report to us. The Growth committee rejected both proposals submitted by the State-Convention ad-hoc committee. The Area Chair, Tom H., appointed a new ad-hoc committee with instructions to disregard the statement "N.F. will be 100% responsible for the state convention when it falls within Area 14 geographical boundaries.". The item about DCM's voting at the assemblies never got to the floor as it never came out of the growth committee. The Web Chair and Committee at the Area level were approved. The new Where & When's are going to press as soon as their computer problems are resolved.
- ❖ **New Business:** The DCM & GSR's discussed how service on the District level is just another way of "carrying the message". The group discussed how to dispel the notion that District service is "politics". Good suggestions were offered.
- ❖ **DCM Report:** I was pleased that District 28 had 4 chairs, 3 Officers and 10 voting members in attendance at the Area 14 Assembly in October. Per-capita District 28 was one of the best represented. A reminder that we will be one of the host Districts for the January Assembly. Volunteers are needed please call 637-9643. Registration Forms are now available for the 50th State Convention. The DCM asked GSR's to take 2 questions back to their groups. Two questions. (a) What are we doing well (b) What do we need improvement in or what should we start in the District. We will discuss the group's responses at the November District Meeting. A question was raised about meetings for persons that are hearing impaired. One thing that was suggested is that the group sits in a circle so that the person may read the lips of the people sharing. As far as a translator we believe that the cost may be unreasonable. If your group would like to hear from the DCM she is available to attend your business meetings if invited. We still have East-West Directories available if you want one.

Next District Business Meeting: Nov27, 2005 Future Area Assemblies: Phone # is (352) 377-4000. There is a cut-off for registration at the hotel. Make your reservations early. Jan 6-8 2006. April7-9, 2006. July 14-16, 2006. Oct 13-15, 2006.