

Nature Coast Journal

MAILING ADDRESS: P.O. BOX 2015 ♪ CRYSTAL RIVER, FL 34423-2015 ♪ INTERGROUP HOTLINE: (352) 621-0599

Volume 6, Issue 12

Carrying the message

December 2004

NATURE COAST INTERGROUP AND DISTRICT 28

meetings are held at the
Community Center in Holder

Sunday, December 19th

INTERGROUP... 4:30 PM

DISTRICT... 6 PM

**INTERGROUP IS PART OF
AA – YOUR SUPPORT IS
NEEDED AND APPRECIATED.**

Come get involved!

INTERGROUP OFFICERS

Chairperson:

Ron B— 489-7216

rbee44@hotmail.com

Vice-Chairperson:

John T— 726-3942

Secretary: Kevin B— 628-7944

Kbacon1@tampabay.rr.com

Alt. Secretary: Sherrie L

Treasurer: Beverly H— 344-5939

behunter34453@earthlink.net

INTERGROUP TRUSTEES

Frank S. Janet B.
Jim K. Pete M.

Nature Coast Journal Editor:

Mary R. — 352-465-4381

DISTRICT 28 OFFICERS

DCM : Joe C. — 563-5430

Alternate DCM:

Marilyn B. — 637-9643

Secretary:

Brian W. — 344-1119

Treasurer:

Barbara C. — 563-5430

Step Twelve Step Twelve

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

*I live by these Steps and get better. I try to help other alcoholics.
- from The Twelve Steps Illustrated*

Tradition Twelve: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to *me* if AA as a whole disappeared?
2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to *my* standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is *my* part?
6. Does my personal behavior reflect the Sixth Tradition - or believe it?
7. Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AA's behavior - especially if they are paid to work for AA? Who made *me* so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
12. What is the real importance of *me* among more than a million AAs?

From the Traditions Checklist, AA Grapevine

Alkathons will be held at the Holder Community Center — Friday, Dec. 24th and Friday, Dec. 31st from 6 p.m. until 2 a.m. If you would like to volunteer, please contact Ken at 344-5010. **Chairpersons for the meetings are needed.** Please bring a covered dish or snack to share. **Hope to see you there!!!!**

DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.

INTERGROUP TREASURER'S REPORT		Nov. 2004
Beginning Balance		\$3336.71
November		YTD (2004)
Income		
Support - Individuals	38.00	181.89
Support - Groups	845.38	3358.98
Book Sales	155.45	3660.18
Medallion Sales	55.66	473.55
Other Sales	11.78	426.65
Sales Tax Collected	13.38	273.78
Events	318.00	1926.30
Misc. Income	60.00	102.40
Total Income	\$1497.65	\$10403.73
Expenses		
Rent	0.00	63.60
Sprint	39.16	431.09
Alltel	109.39	728.69
Books & Medallions	84.38	4150.68
Recovery Items	12.80	191.15
Sales Tax Paid	0.00	319.52
Journal	0.00	519.40
Website	0.00	40.00
Secretary Expenses	95.95	208.82
Bank Fees	4.00	40.50
Events	1093.78	1427.12
Misc. Expenses	0.00	983.53
Total Expenses	\$1439.46	\$9104.10
Ending Checking Bal.	3394.90	
Reserved for Events	-1033.88	
Available Funds	2361.02	
Inventory Value	912.26	
Accounts Receivable	84.10	
Office Reserve Acct	3290.23	
Total Assets	\$7681.49	
Group Support 2004		
	Nov. 04	YTD
Attitude Adjustment Group	0.00	20.00
CATS Group	30.00	190.00
Crystal River Big Book Group	100.00	100.00
Crystal River Group	600.00	900.00
Floral City Group	40.00	40.00
High Noon Group	125.38	469.98
Holder Way of Life Group	0.00	175.00
Inverness Fri. Night Group	0.00	240.00
Inverness Mon. Night Group	0.00	300.00
Inverness Wed. at Noon Mtg.	0.00	75.00
It's in the Book Group	0.00	40.00
Last Chance Group	0.00	164.00
New Horizon Group	50.00	150.00
Red Eye Group	0.00	200.00
Share at Noon Group	0.00	50.00
Wahoo Group	0.00	100.00
Wed. Inverness Step Group	0.00	25.00
Women's Friendship Group	0.00	120.00
Total	\$845.38	\$3358.98

Nature Coast Intergroup Meeting Highlights — SUNDAY, November 21st, 2004, 4:30 PM

Intergroup needs support from the groups' representatives. If your group does not have a representative, please elect one so that your group has a voice at the Intergroup Meetings.

❖**CHAIRMAN'S REPORT:** Ron Reported: Web hits for the month will be discontinued as the counter is still down. Ron received an e-mail indicating a directory to non-profit organizations which we are recognized in that will be sent to libraries all over America. Marilyn complimented the business cards Ron had printed. She feels they will be very useful.

❖**HOTLINE REPORT** (Bill not present): Kevin reported 139 calls received from 10/25 to 11/21/04. They varied from; new member referral to area meetings, 4 detox rides provided and one ride given to ActII in Ocala. The Gratitude Dinner set up for hotline was greatly appreciated. As a result of the presentation and availability to the Hotline table, there will be a new list with 27 more added volunteers as a result of the effort. Many thanks to the staff of NCI, Marilyn and Beverly and the others that contributed to the great success of Hotline support for new volunteers. It is requested that hotline log book be brought to meetings at NCI. Hotline should not give out AA member phone numbers to callers. We should be contacted by the hotline and then given the number to call the individual.

❖**INVENTORY AND SALES:** Beverly reported on inventory; and sales were slow; but picking up from last month and this is only a 3 week month. Acceptance pamphlets are now available. Cost \$1.00. Recovery calendars for 2005 are available for ordering. Cost \$8.00 each. If anyone wants one, they can contact Ron by e-mail or phone. Marilyn suggests ordering calendars from Grapevine as they are very nice and Grapevine would appreciate the support.

❖**GRATITUDE DINNER:** Gail reported that the Gratitude Dinner was over. It was very successful. The speaker e-mailed Beverly and thanked her for the event. There were no complaints about the event from anyone!

❖**NEW BUSINESS:** Business cards are immediately available for distribution to AA members. All can help themselves. Sandy announced that Crystal River will be having a Christmas eve covered dish dinner at 6pm. Elections are coming up and new blood will be solicited via the Newsletter. NCI still needs a trustee for the Alkathons. Jim volunteers to trustee the Christmas Alkathon. Due to great support of custodians and the little pay; Frank requested that we give the balance of profit (as indicated in Bev's Treasurer's Report) to the custodial workers as a special thank you. Motion made and was seconded with unanimous vote to give them additional money.

❖ Visit www.ncintergroup.com for complete minutes



*To Gratitude Dinner Volunteers from Gayle W.
"Many thanks to everyone involved in working for the Gratitude Dinner. I really do appreciate the effort that went into putting this dinner together — especially my higher power. Thank you all so very much."*



The following was read at the Women's Friendship Group meeting on Monday, 11/29. Sally Q. sent me a copy for the Nature Coast Journal. Thanks, Sally!

Mary R., editor

Dancing With God

When I meditated on the word *Guidance*, I kept seeing "dance" at the end of the word. I remember reading that doing God's will is a lot like dancing. When two people try to lead, nothing feels right. The movement doesn't flow with the music, and everything is quite uncomfortable and jerky. When one person realizes that, and lets the other lead, both bodies begin to flow with the music. One gives gentle cues, perhaps with a nudge to the back or by pressing lightly in one direction or another. It's as if two become one body, moving beautifully. The dance takes surrender, willingness, and attentiveness from one person and gentle guidance and skill from the other. My eyes drew back to the word *Guidance*.

When I saw "G": I thought of God, followed by "u" and "I". "God," "u" and "I" "dance." God, you, and I dance. As I lowered my head, I became willing to trust that I would get guidance about my life. Once again, I became willing to let God lead.

My prayer for you today is that God's blessings and mercies be upon you on this day and everyday. May you abide in God as God abides in you. Dance together with God, trusting God to lead and to guide you through each season of your life. This prayer is powerful and there is nothing attached.

If God has done anything for you in your life, please share this message with someone else, for prayer is one of the best gifts we can receive. There is no cost but lots of rewards; so let's continue to pray for one another.

And I Hope You Dance!

☺ **Our mind determines our attitude.** ☺

- Charles E. Popplestone

December 2004 Anniversaries



ATTN. Group Secretaries:

Please call or email your list for next month's anniversaries to:
 Mary R. – ph.# 352-465-4381
 or email address:
news@ncintergroup.com
 by the 25th of each month.

Crystal River Group

Ralph M22 yrs
 Charlie T9 yrs
 Gwen H.....3 yrs

Holder Way of Life

Robert H 15 yrs
 Freddie..... 13 yrs
 Ron N..... 9 yrs
 Tom B 3 yrs
 Anita T 1 yr

Last Chance Group

Ed D..... 18 yrs
 Jill P 13 yrs
 Larry L..... 4 yrs

Lecanto Group

Larry L..... 4 yrs
Belated-November:
 Tom M29 yrs
 Ralph23 yrs
 Danny N2 yrs

**Congratulations to all
 December Celebrants!**



Intergroup Officer and Trustee Elections

In accordance with Article Six of the Nature Coast Intergroup bylaws Intergroup Officers shall submit a suggested list of nominees for Intergroup Officers for the next two years (plus vacancies) and their names will be placed in nomination. Nominations from the floor will be in-order. Each member group shall have one vote, and those receiving the most votes will be elected. Ties will be resolved by a second or further ballot(s).

The Nature Coast Intergroup officers end their term of office effective the end of January 2005. The following offices are open for nominations: Chairman, Vice-Chairman, Secretary, and Treasurer. Minimum requirements are two years continuous sobriety. Nominations will be accepted at the December 19th Meeting and elections held at the January 29th, 2005 meeting. If you are interesting in one of these positions please submit a brief resume and attend the December meeting.

Additionally, in accordance with Amendment One of the Nature Coast Intergroup bylaws, Trustees shall be elected every year by the general membership at the Annual Meeting (Jan 29, 2005) with a total of four (4) Trustees. The number of Trustees may be increased or decreased from time to time, but shall never be less than three (3). A minimum of two years continuous sobriety shall be required for nomination to the Board of Trustees.

Two Trustee positions need to be filled at the annual meeting (Jan 29, 2005). If you are interested in serving in a trustee position please submit your name for consideration to one of the Intergroup Officers or attend the Dec 19th, 2004 meeting at the Holder Community Center at 4:30 PM.

Submitted by Ron B., Chairperson



International Events

2005 International Convention of Alcoholic's Anonymous June 30-July 3, 2005 Toronto, Canada

The International Convention will celebrate A.A.'s 70th Anniversary, June 30 - July 3, 2005, in Toronto, Canada. With a theme of "**I am Responsible**", A.A.s from around the world will converge on Toronto to celebrate sobriety, and share experience, strength and hope in meetings, panels and workshops at the Metro Toronto Convention Center, the SkyDome stadium, and at other locations throughout this exciting city. Members of the Fellowship, as always, are now gearing up for this wonderful event and the General Service Office is beginning to receive inquiries. More info is available on the AA website or visit

www.ncintergroup.com.

Soberstock

March 5-6, 2005
Camp Keystone
19215 Crescent Road
Odessa, FL

A weekend event with Speakers, Meetings, Live Bands, Cabins, Camping, Fishing & MORE!

Info: <http://www.soberstock.com>



Announcing: Exciting Recovery Cruises

<http://www.meetingsenroute.com>

**Sober Celebrations
with Snow and Carol**

<http://www.sobercelebrations.com>

Books for Sale



In addition to the A.A. conference-approved literature, the *Nature Coast Intergroup* also carries a supply of some **Hazelden books and other items**.

We also have **Grapevine Literature**.

Large Print of the following are also available:
As Bill Sees It
Came to Believe
Living Sober

Call Beverly H. to order.
Ph: 344-5939

Recovery calendars for 2005 are available for ordering. Cost \$8.00 each. If anyone wants one, contact:

Ron B — ph: 489-7216 or
Email: rbee44@hotmail.com

MEETING CHANGES:

- ❖ Citrus Springs Wednesday night Step Study is now a Closed Meeting.
- ❖ *What's the Book Say* meeting has moved from Quail Run to the Holder Community Center, Wed. 8 pm
- ❖ *Attention All Red Eye Group* Members: Changing schedule as of December 1st. All meetings Monday-Friday will no longer meet. They **will** be meeting only on Sat. @ 10am.



Group Representatives:

Please call the **INTERGROUP HOTLINE:** (352) 621-0599 any time and every time your group has a change in the meeting time or place. Incorrect information was recently given out during the storms because the volunteer giving out the schedule information did not have updated information about the meetings. Thank you for your help.

Keep It Spiritually Simple



Spacecoast Round Up

February 10-13, 2005
Holiday Inn Cocoa Beach
Oceanfront Resort
Cocoa Beach, FL
Info: Email

intergroup@aspacecoast.org

or **Phone:**
(321) 724-2247
(321) 633-0052



41st IAAWC

February 10-13, 2005
Riviera Hotel & Casino
2901 S. Las Vegas Blvd
Las Vegas, NV 89109

Reservations:

(702) 794-9412
(800) 634-6753

Info: <http://www.iaawc.org>

Email:

iaawc2005@yahoo.com



49th Florida State Convention

August 3-7, 2005
Wyndham Palace Resort & Spa
Walt Disney World Resort
Orlando, FL

Reservations:
(800)WYNDHAM

Register online:

<http://www.flstateconvention.com>