

Nature Coast Journal

MAILING ADDRESS: P.O. BOX 2015 * CRYSTAL RIVER, FL 34423-2015 * INTERGROUP HOTLINE: (352) 621-0599

Volume 7, Issue 12

Carrying the message

December 2005

NATURE COAST INTERGROUP AND DISTRICT 28

meetings are held at the Community Center in Holder

Next meetings:

Sunday, Dec 18, 2005

THIS IS YOUR INTERGROUP - YOUR SUPPORT IS NEEDED AND APPRECIATED.

**INTERGROUP...4:30 PM
DISTRICT...6 PM**

INTERGROUP OFFICERS

Chairperson:

Beverly H. — 344-5939

behunter34453@earthlink.net

Vice-Chairperson:

Neil S. — 527-3014

Secretary: Kevin B. — 628-7944

kevinbacon6451@yahoo.com

Alt. Secretary: Sherrie L.

Treasurer: Kathy F.

INTERGROUP TRUSTEES

Gayle W. Ron B.

Ken E. Pete M.

Nature Coast Journal Editor:

Mary R., Nature Coast Editor
news@ncintergroup.com

DISTRICT 28 OFFICERS

DCM: Marilyn B.— 637-9643

Alternate DCM:

Jim K. — 746-3115

Secretary:

Don G. — 489-8752

Treasurer:

John R. — 637-2814



From the desk of the editor: Since January 2004, I have had the privilege to serve you, the AA community, as your **Nature Coast Journal** editor. Because I truly believe in the two-year rotation of service jobs, I will relinquish this position January 2006. Traditionally, rotation of service positions keeps AA members from becoming frozen in office and helps keep us humble. Ed P. will be taking over the duties of editor of the Nature Coast Journal with the January issue. Thank you, Ed. Thank you again for letting me serve you as your editor. *Mary R.*

INTERGROUP NEEDS YOU

to participate at the monthly meetings



Intergroup is an AA service group that involves a partnership among groups in the Citrus County area, just as a group is a partnership of individuals. Intergroup was established to carry out certain functions common to all of the groups in our area, functions that are best handled by a centralized group. Intergroup exists to aid groups in their primary purpose of carrying the message to the alcoholic who still suffers.

Nature Coast Intergroup should adhere to the 12 Traditions and Intergroup guidelines approved by the AA General Service Office. Intergroup is 100% responsible to the AA groups and is not a governing body. Intergroup Representatives have the authority to vote the conscience of their home group on issues affecting AA in the Citrus County area. Each AA group needs to have an Intergroup Representative and/or alternate. If your group is not represented at Intergroup then your group conscience is not being heard and your group is missing out.

The Nature Coast Intergroup meets the last Sunday of each month (unless otherwise noted) at 4:30 pm at the Holder Community Center.

ALL MEMBERS OF AA ARE WELCOME TO ATTEND.

Come and get involved.

13th Annual Holiday Dinner at the Serenity Club, St. Benedict's Catholic Church, Crystal River

Please join us on Saturday, December 24, 2005 at 6:00 pm.

Please bring a covered dish to share.

*The disease of alcoholism knows no boundaries. Neither age, intelligence, willpower, or self-control prevents it. We of Alcoholics Anonymous have discovered a way to live a life of sobriety, free from our drinking problem. Let us share this gift with you. Please call the **Intergroup Hotline: (352) 621-0599** if you need help.*

DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.



UPCOMING EVENTS

Big Book Workshop Weekend

Friday, Jan 20- Sunday, Jan. 22, 2006

Hilton Orlando/Altamonte Springs, 360 N Lake Blvd,

Altamonte Springs, FL, I-4 & Hwy 436

Rooms: (407) 830-1985/Info: (407) 333-4330 or

leestapes@vtafamily.com



Spacecoast Roundup

Thursday, Feb 2- Sunday, Feb 5, 2006

Holiday Inn, Oceanfront Resort,
Cocoa Beach, Fl

Rooms: (800) 206-2747/Info: (321) 724-2247

19th Unity Weekend

Friday, Mar 3-Sunday Mar 5, 2006

Holiday Inn Beach Resort

200 Beachview Dr, Jekyll Island, Ga

Reservations: (800) 753-5955/(912) 635-3311/Info: (386) 677-6037

ATTENTION:

Nature Coast Intergroup will be hosting

ALCATHONS on Saturday, December 24 and Saturday, December 31 at the Holder Community Center in Holder, FL. Meetings will start at 6 pm and end at 1 am. The regular 8 pm meetings of the Holder Way of Life will be held as scheduled with the Alcathon continuing after their 8pm meeting. *Please bring snack foods/"finger" foods to share!!*



ALCATHONS will also be held on December 24 and December 31 in Crystal River at the Serenity Club, St. Benedict's Catholic Church. Please contact a group member of the club for more information.



HELP WANTED — Volunteers Needed

I am responsible...When anyone, anywhere, reaches out for help, I want the hand of A.A. to always be there. And for that; I am responsible.

Please call the **Intergroup Hotline: (352) 621-0599** to volunteer to help with the hotline.

Books for Sale

In addition to the A.A conference-approved literature, Nature Coast Intergroup also carries a supply of some *Hazelden books*. We also have *Grapevine Literature*. **NEW AA ITEMS:** Large Print of the following:

*As Bill Sees It; Came to Believe; Living Sober
Call Beverly H. to order — Ph: 344-5939*



Meeting Cancellation

Step Study

4:30 PM Monday, United Methodist Church
Hwy 581 S, Inverness

ALL Group Meeting changes — please notify:

- 1) **HOTLINE** — Frank — ph#621-0599
- 2) **Webmaster** — Ron B — www.ncintergroup.com
- 3) **Where and When** Chairperson — Kevin B — ph# 628-7944



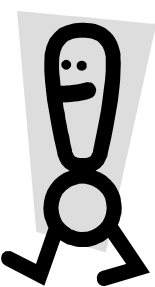
In April, Maya Angelou was interviewed by Oprah on her 70+ birthday. She is such a simple and honest woman, with so much wisdom in her words! Following are some of *Maya Angelou's words of wisdom*:

☺ "I've learned that no matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow." ☺ "I've learned that you can tell a lot about a person by the way he/she handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights." ☺ "I've learned that regardless of your relationship with your parents, you'll miss them when they're gone from your life." ☺ "I've learned that making a "living" is not the same thing as "making a life." ☺ "I've learned that life sometimes gives you a second chance." ☺ "I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw some things back." ☺ "I've learned that whenever I decide something with an open heart, I usually make the right decision." ☺ "I've learned that even when I have pains, I don't have to be one." ☺ "I've learned that every day you should reach out and touch someone." ☺ "People love a warm hug, or just a friendly pat on the back." ☺ "I've learned that I still have a lot to learn." ☺ "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

Beginning Balance	3655.46	
2005	Nov	YTD
Income		
Support - Individuals	15.36	194.21
Support - Groups	125.00	2537.10
Book Sales	538.92	4030.24
Medallion Sales	61.09	452.80
Other Sales	59.00	626.75
Sales Tax Collected	39.55	306.72
Events	837.00	1969.66
Misc Income	<u>0.00</u>	<u>2055.24</u>
Total Income	1675.92	12172.72
Expenses		
Rent	0.00	63.60
Sprint	0.00	153.68
Alltel	60.24	646.86
Books & Medallions	388.79	4113.48
Recovery Items	97.55	384.95
Sales Tax Paid	0.00	291.50
Journal	55.63	522.94
Website (pd for yr in Oct)	0.00	50.00
Treasurer Expenses	0.00	11.54
Bank Fees	0.00	0.00
Events	852.95	1088.64
Misc Expenses	0.00	337.26
Transfer to Money Market	<u>0.00</u>	<u>3706.71</u>
Total Expenses	1455.16	11371.16
Ending Checking Balance	3876.22	
Reserved for Events	-971.65	
Available Funds	2904.57	
Inventory Value	1300.81	
Accounts Receivable	27.88	
Reserved for Office (CD)	2500.00	
Reserved for Office (MM)	4503.23	
Total Assets	12208.14	



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December 2005 Anniversaries



<i>CATS Group</i>	
Cindy L	4 years
Judy M	19 years
<i>Holder Way of Life</i>	
Robert H	16 years
Freddie	14 years
Ron N	10 years

Group Support 2005	YTD November	
Attitude Adjustment Group	20.00	
CATS Group	90.00	
Crystal River Big Book Group	75.00	
Crystal River Group	300.00	
Floral City Group	40.00	
High Noon Group	314.10	
Holder Way of Life Group	250.00	
Inverness Friday Night Group	300.00	100.00
Inverness Monday Night Group	150.00	
It's in the Book Group	20.00	
Last Chance Group	95.00	
Lecanto Group	25.00	
Monday Night Men's Step Group	60.00	
New Beginnings Group	150.00	
New Horizon Group	50.00	
Resentment Group	75.00	25.00
Share at Noon Group	100.00	
Wahoo Group	60.00	
Wednesday Inverness Step Group	50.00	
Women's Friendship Group	170.00	
Total	2394.10	125.00

Step Twelve:

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.



Tradition Twelve:

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Twelfth Step Prayer

Dear God, My spiritual awakening continues to unfold. The help I have received I shall pass on and give to others, both in and out of the Fellowship. For this opportunity I am grateful. I pray most humbly to continue walking day by day on the road of spiritual progress. I pray for the inner strength and wisdom to practice the principles of this way of life in all I do and say. I need You, my friends and the program every hour of every day.

This is a better way to live.

MONTHLY MEETING MINUTES, SUNDAY, November 27th, 2005, 4:30 PM,

Chairperson Beverly called the meeting to order at 4:30 PM. The meeting was opened with a moment of silence followed by the Serenity Prayer.

- ❖ **V-CHAIRMAN REPORT AND ROLL CALL** (Neil S.): Neil made the roll call. 15 Groups are represented.
- ❖ **SECRETARY REPORT:** Kevin read the minutes to the meeting of October 30th, 2005. Report accepted.
- ❖ **TREASURER'S REPORT** (Kathy F): Kathy read the report. She also reported sales of GD Tickets. All but 6 tickets were sold. Kevin will buy left over diet coke.
- ❖ **TRUSTEE'S REPORT:** Ron, Pete & Gail have nothing to report.
- ❖ **WEBMASTER REPORT:** Ron has nothing new to report.
- ❖ **CHAIRPERSON'S REPORT:** Bev requests a by-law for replacing trustees. Marilyn made motion to replace officers or trustees if absent for 3 months or more with no excuse. Motion passed. Janet suggests to amend the present by-law. Motion to squelch 1st motion and go with amendment to add "trustee" to article 15 concerning replacement.
- ❖ **NEWSLETTER COMMITTEE REPORT** (Mary R): Mary is not present.
- ❖ **HOTLINE REPORT:** Frank gave report: 79 calls were received. 12 calls were from well outside this area. 9 were treatment related. 2 were for ALANON, 3 for NA and 1 for GA.
- ❖ **INVENTORY AND SALES:** Beverly reported on inventory and sales: Sales real good this month.
- ❖ **OLD BUSINESS:** All congratulated Toni on a fine turnout and presentation for the GD. Need inventory of left over supplies. Christmas Alkathon Chair covered by Don & Martha. John will cover New Years Alkathon.
- ❖ **NEW BUSINESS:** Next meeting will on December 18th. Kathy found space in Homosassa on Homosassa Trail. Realities of the move are being explored. Looks bleak. Ed P has volunteered to be the New Editor of the Journal as of January 2006 issue.
- ❖ **GENERAL ANNOUNCEMENT:** District 28 voted to host a " wet drunk workshop" after the 1st of the year. The DCM will be contacting Dan E to present the workshop. The District extended an invitation to NCI to co-host the workshop and make it a two part workshop to include an afternoon, "hotline workshop".

Meeting was closed at 5:25pm with the *Lord's Prayer*

Kevin B., Secretary, Nature Coast Intergroup

Editor's Note—Disclaimer: Opinions expressed at this meeting do not necessarily represent the viewpoint of all those who were in attendance.

AA DISTRICT 28 P.O. BOX 914 BEVERLY HILLS, FL. 34464-0914, DISTRICT MEETING Nov 27, 2005

The meeting was opened by DCM Marilyn B., with the Serenity Prayer and the Declaration of Unity

- ❖ Secretary's Report - DON G: Roll Call. Please update your phone numbers on the sign in sheet so that we can keep them updated
- ❖ Treasurer's Report -JOHN R: Report accepted. See attached report.
- ❖ Alt DCM Report-Jim K- No Report.
- ❖ Corrections - Beverly P & Kathy G (Women's): Meetings were taken to the Women's Correctional Facility this month and everything is going well. (Men's) Jim K- Two meeting were taken to the Citrus County Jail this month. Books were distributed along with assorted AA pamphlets.
- ❖ Literature: Bev H: I will be placing an order shortly if you or your group need anything please contact me as soon as possible. Sales going well.
- ❖ Treatment - Melissa C: Jay B requested that we donate books to the Centers. Monies were in the budget so request was approved.
- ❖ Public Information - Janet B:-CPC - Janet B -We had a busy month putting out the new Where and Whens throughout the county. John H took care of the Crystal River Area. Steve H. covered the Court Alternatives Programs and the judges mail boxes. Also visited were the new Act II ffile, Able Body, Bay Care, Chamber of Commerce, Citrus Memorial Hospital, Driver Ed Program, New beginnings into Recovery, Sheriffs main and sub stations and the State Probation Office. We have added 2 new information sites: SHARE Club and Community Legal Services of Mid-Florida. I met with Danielle Damato, facilitator for Drug Coalition of Citrus County. I gave her a packet of booklets for them and was invited to the next meeting on Dec 15th, 2005. Also visited Teen Court and left a packet geared towards young people. Their Director has called and has scheduled a meeting with me for a later time.
- ❖ Intergroup - Frank S Gratitude Dinner went well. Alchothon will be held Christmas Eve and New Years Eve at the Holder Community Center 6 -1. The minutes of Intergroup and District Meetings will no longer be published in the Journal effective Jan 2006. Ed P. will be taking over as publisher of the Journal. The minutes of Intergroup and District Meetings will no longer be published in the Journal effective Jan 2006.
- ❖ New Business - We will be planning a 2 part Workshop for the February time frame with Dan E. facilitating. This will be on working with the wet drunk and working the hotline. Intergroup will co-host with us.
- ❖ DCM Report- We will be co-hosting the next assembly in January. There will be a hotel room for men and a hotel room for women reserved at the Paramount for those of you volunteering their time for this. Registration Forms are now available for the 50th State Convention. If your group would like to hear from the DCM she is available to attend your business meetings if invited. We still have East-West Directories available if you want one.

Next District Business Meeting: Dec 18, 2005

Future Area Assemblies: Phone # is (352) 377-4000. There is a cut-off for registration at the hotel. Make your reservations early. Jan 6-8, 2006, April7-9, 2006, July 14-16, 2006, Oct 13-15, 2006.

The minutes of Intergroup and District Meetings will no longer be published in the Journal effective Jan 2006.