A Newsletter for AA Members ◈ Published by Nature Coast Intergroup

Nature Coast Journal

MAILING ADDRESS: P.O. BOX 2015 ❧ CRYSTAL RIVER, FL 34423-2015 ❧ INTERGROUP HOTLINE: (352) 621-0599

Volume 7, Issue 1 *Carrying the message* **January 2005**

NATURE COAST INTERGROUP AND DISTRICT 28

meetings are held at the Community Center in Holder

Sunday, January 30, 2005

INTERGROUP…4:30 PM

DISTRICT…6 PM

INTERGROUP IS PART OF AA – YOUR SUPPORT IS NEEDED AND APPRECIATED.

Come get involved!

INTERGROUP OFFICERS

Chairperson:
Ron B— 489-7216
rbee44@hotmail.com

Vice-Chairperson:
John T— 726-3942

Secretary: Kevin B— 628-7944
kevin77b@earthlink.net

Alt. Secretary: Sherrie L

Treasurer: Beverly H— 344-5939
behunter34453@earthlink.net

INTERGROUP TRUSTEES

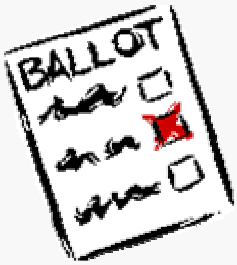
Frank S. Janet B.
Jim K. Pete M.

***Nature Coast Journal* Editor:**
Mary R. — 352-465-4381

NEW DISTRICT 28 OFFICERS

DCM : Marilyn B.— 637-9643
Alternate DCM:
Jim K. — 746-3115
Secretary:
Don G. — 489-8752
Treasurer:
John R. — 637-2814

Tradition One:
Our common welfare should come first; personal recovery depends upon AA unity.



Intergroup Officer and Trustee Elections

Submitted by Ron B., Intergroup Chairperson

In accordance with Article Six of the Nature Coast Intergroup bylaws Intergroup Officers shall submit a suggested list of nominees for Intergroup Officers for the next two years (plus vacancies) and their names will be placed in nomination. Nominations from the floor will be in-order. Each member group shall have one vote, and those receiving the most votes will be elected. Ties will be resolved by a second or further ballot(s).

The Nature Coast Intergroup officers end their term of office effective the end of January 2005. The following offices are open for nominations: Chairman, Vice-Chairman, Secretary, and Treasurer. Minimum requirements are two years continuous sobriety. ***Nominations will be accepted at the January 30th meeting for all offices. Elections will be held at the January 30th, 2005 meeting.*** If you are interested in one of these positions, please submit a brief resume' and attend the January meeting.

Additionally, in accordance with Amendment One of the Nature Coast Intergroup bylaws, Trustees shall be elected every year by the general membership at the Annual Meeting (Jan 30th, 2005) with a total of four (4) Trustees. The number of Trustees may be increased or decreased from time to time, but shall never be less than three (3). A minimum of two years continuous sobriety shall be required for nomination to the Board of Trustees.

Two Trustee positions need to be filled at the annual meeting (Jan 30, 2005). If you are interested in serving in a trustee position please submit your name for consideration to one of the Intergroup Officers or attend the January 30th, 2005 meeting at the Holder Community Center at 4:30 PM.

NOTE: *So far the following have been nominated: Beverly H. as Chairperson for NCI; Neil S. as V-Chairman; Ron B. as a Trustee; Kevin B. has been nominated to remain as Secretary for the group.*

Two Wolves

An elder Cherokee Native American was teaching his grandchildren about life. He said to them, "A fight is going on inside of me … it is a terrible fight and it is between two wolves.

"One wolf represents fear, anger, envy. sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superority and ego. The other stands for joy, peace, love, hope, sharing, serenity, humility, kindness, benevolence, friendship, empathy, generosity, truth, compassion and faith.

"The same fight is going on inside you, and inside every other person, too." The grandchildren thought about it for a minute and then one child asked his grandfather, "Which wolf will win?"

The old Cherokee simply replied … *THE ONE YOU FEED.*

Thanks to Sally Q. for this article.

DISCLAIMER

The Nature Coast Journal is a monthly publication of the Nature Coast Intergroup. It is about, by and for members of A.A. Opinions expressed herein are not to be attributed to Alcoholics Anonymous. Publication of an article does not imply endorsement by either A.A. or Nature Coast Journal, except where indicated.

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International Events

2005 International Convention of Alcoholic's Anonymous

June 30-July 3, 2005

Toronto, Canada

The International Convention will celebrate A.A.'s 70th Anniversary, June 30 - July 3, 2005, in Toronto, Canada. With a theme of ***"I am Responsible"*** , A.A.s from around the world will converge on Toronto to celebrate sobriety, and share experience, strength and hope in meetings, panels and workshops at the Metro Toronto Convention Center, the SkyDome stadium, and at other locations throughout this exciting city. Members of the Fellowship, as always, are now gearing up for this wonderful event and the General Service Office is beginning to receive inquiries. More info is available on the AA website or visit

www.ncintergroup.com.

Soberstock

March 5-6, 2005
Camp Keystone
19215 Crescent Road
Odessa, FL
A weekend event with Speakers, Meetings,
Live Bands, Cabins, Camping, Fishing & MORE!
Info: http://www.soberstock.com

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Announcing:

Exciting Recovery Cruises

http://www.meetingsenroute.com

Sober Celebrations with Snow and Carol
http://www.sobercelebrations.com

Books for Sale

In addition to the A.A conference-approved literature, the *Nature Coast Intergroup* also carries a supply of some ***Hazelden books and other items.***

We also have ***Grapevine Literature***.

Large Print of the following are also available:

As Bill Sees It

Came to Believe

Living Sober

Call Beverly H. to order.
Ph: 344-5939

Recovery calendars for 2005 are available for ordering. Cost $8.00 each. If anyone wants one, contact:
Ron B — ph: 489-7216 *or*
Email: rbee44@hotmail.com

☎ Group Representatives:

Please call the INTERGROUP HOTLINE: (352) 621-0599 any time and every time your group has a change in the meeting time or place. Incorrect information was recently given out during the storms because the volunteer giving out the schedule information did not have updated information about the meetings. Thank you for your help.

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Spacecoast Round Up

February 10-13, 2005
Holiday Inn Cocoa Beach
Oceanfront Resort
Cocoa Beach, FL
Info: Email

intergroup@aaspacecoast.org

or **Phone**:
(321) 724-2247
(321) 633-0052

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41st IAAWC

February 10-13, 2005
Riviera Hotel & Casino
2901 S. Las Vegas Blvd
Las Vegas, NV 89109

Reservations:
(702) 794-9412
(800) 634-6753

Info: http://www.iaawc.org
Email: iaawc2005@yahoo.com

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49th Florida State Convention

August 3-7, 2005
Wyndham Palace Resort & Spa
Walt Disney World

Resort
Orlando, FL
Reservations: WYNDHAM

Register online:
http://www.flstateconvention.com

If you are having a hard time with the *GOD* thing: just remember the hard time *GOD* is having with you!

Step One: **We admitted that we were powerless over alcohol — that our lives had become unmanageable.**

Step One Prayer

Today, I ask for help with my addiction. Denial has kept me from seeing how powerless I am and how my life is unmanageable. I need to learn and remember that I have an incurable illness and that abstinence is the only way to deal with it.

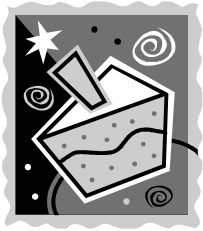
INTERGROUP TREASURER'S REPORT		Dec 2004
Beginning Balance		$3394.90
	December	**YTD (2004)**
Income		
Support - Individuals	13.90	**195.79**
Support - Groups	135.62	**3494.60**
Book Sales	248.87	**3909.05**
Medallion Sales	91.08	**564.63**
Other Sales	21.43	**448.08**
Sales Tax Collected	21.71	**295.49**
Events	0.00	**1926.30**
Misc. Income	0.00	**102.40**
Total Income	**$532.61**	**$10936.34**
Expenses		
Rent	0.00	**63.60**
Sprint	38.01	**469.10**
Alltel	56.28	**784.97**
Books & Medallions	499.51	**4650.19**
Recovery Items	18.25	**209.40**
Sales Tax Paid	0.00	**319.52**
Journal	109.38	**619.78**
Website	0.00	**40.00**
Secretary Expenses	0.00	**208.82**
Bank Fees	0.00	**40.50**
Events	140.42	**1567.54**
Misc. Expenses	0.00	**983.53**
Total Expenses	**$852.85**	**$9956.95**
Ending Checking Bal.	3074.66	
Reserved for Events	- 967.66	
Available Funds	2107.00	
Inventory Value	1104.23	
Accounts Receivable	110.98	
Office Reserve Acct	3290.64	
Total Assets	$7580.51	

One Day at a Time

Group Support 2004	Dec. 04	YTD
Attitude Adjustment Group	0.00	20.00
CATS Group	0.00	190.00
Crystal River Big Book Group	0.00	100.00
Crystal River Group	0.00	900.00
Floral City Group	0.00	40.00
High Noon Group	40.62	510.60
Holder Way of Life Group	50.00	225.00
Inverness Fri. Night Group	0.00	240.00
Inverness Mon. Night Group	0.00	300.00
Inverness Wed. at Noon Mtg.	0.00	75.00
It's in the Book Group	0.00	40.00
Keep In Step Group	20.00	20.00
Last Chance Group	0.00	164.00
New Horizon Group	0.00	150.00
Red Eye Group	0.00	200.00
Resentment Group	25.00	25.00
Share at Noon Group	0.00	50.00
Wahoo Group	0.00	100.00
Wed. Inverness Step Group	0.00	25.00
Women's Friendship Group	0.00	120.00
Total	$135.62	$3494.60

Congratulations January Celebrants!

January 2005 Anniversaries



ATTN. Group Secretaries:

Please call or email your list for next month's anniversaries to: Mary R. – ph.# 352-465-4381 or email address: news@ncintergroup.com by the 25th of each month.

CATS Group

Kim S. ..... 21 yrs
Belated Dec. celebrant: Judi M. ..... 19 yrs

Crystal River Big Book Group

Leon S. ..... 16 yrs
Bill B. ..... 3 yrs

Crystal River Group

Bill F. ..... 2 yrs
David L ..... 8 yrs
George B ..... 5 yrs
Jeff K ..... 14 yrs
Jerry B ..... 12 yrs
Joe B ..... 13 yrs
Kim L ..... 4 yrs
Marsha H ..... 2 yrs

Crystal River Group

David D. ..... 13 yrs
Michael R. ..... 7 yrs
Rick C. ..... 6 yrs
Kathy Y. ..... 2 yrs
John O. ..... 1 yr
David B. ..... 1 yr

Floral City Group

Miriam S. ..... 17 yrs

Holder Way of Life Group

Dave D. ..... 19 yrs
Del B. ..... 12 yrs
Bob R. ..... 11 yrs
Vince M. ..... 6 yrs

Last Chance Group

Ron B. ..... 29 yrs
Maureen E. ..... 27 yrs
Toni M. ..... 25 yrs
John T. ..... 21 yrs
Frank F. ..... 19 yrs
Lorraine F. ..... 19 yrs
Joan C. ..... 14 yrs

Women's Friendship Group

Lilo W. ..... 26 yrs
Toni M. ..... 25 yrs
Johanna N. ..... 24 yrs
Gayle W. ..... 22 yrs
Lorraine F. ..... 19 yrs
Sally Q. ..... 17 yrs
Mary R. ..... 16 yrs
Pam B. ..... 6 yrs
Kate L. ..... 2 yrs

Nature Coast Intergroup Meeting Highlights — SUNDAY, December 19th, 2004, 4:30 PM

Intergroup needs support from the groups' representatives. If your group does not have a representative, please elect one so that your group has a voice at the Intergroup Meetings.

- **SECRETARY REPORT:** Kevin read the minutes to the meeting of November 21st , 2004. Minutes were complimented by Bev as being error free: This is a first !!
- **TREASURER'S REPORT (Beverly):** Report of income and expenses for December was read by Bev. Report accepted. Copy attached.
- **TRUSTEE'S REPORT:** Frank, Pete and Jim and Janet all had nothing to report. Bev needs two trustees to audit the account at the end of the year.
- **CHAIRMAN'S REPORT:** Ron Reported the Where or When is on the web site. The meeting schedule has been updated and is in printable format.
- **V-CHAIRMAN REPORT (John T):** Nothing to report.
- **NEWSLETTER COMMITTEE REPORT (Mary R)**: Mary does not have a sample of the upcoming Newsletter. She would like more contributions of articles.
- **HOTLINE REPORT** (Bill reported he brought the books with him as requested at the last meeting. As of today there were 100 calls. There is an AA holiday add in the local news paper which should increase calls.
- **ARCHIVE COMMITTEE:** Not present.
- **INVENTORY AND SALES:** Beverly reported on inventory and sales being still slow. Bev will be making a fiscal year close out report.
- **OLD BUSINESS:** Ron reported that the AA business cards have been passed out and Bev has a remaining supply as needed. Ad was put in Journal for new officers. Custodian donation was taken care of. Nominees are to be made this date. Janet will trustee the New Years Alkathon.
- **NEW BUSINESS:** Ron received a letter from Volusia County Intergroup. They have us represented on their web-site and request we do the same. Ron feels it is unnecessary and too much work to provide a comprehensive individual link list. Ron feels the link to the Florida general area is adequate. We were however, able to resolve the issue here and now with vote. We will thank Volusia County and advise them that we have a referral link that is adequate. Bev has been nominated as Chair person for NCI. Ron nominates Neil as V-Chairman. Bev nominates Ron as a Trustee. Sandy nominates Kevin to remain as Secretary for the group. Marilyn nominates Shirley as Treasurer. Shirley declines nomination. Bev nominates Shirley as Trustee. Ron nominates Janet for Trustee. Janet declines trusteeship nomination. Janet nominates Gail for treasurer. Gail feels she is not computer literate enough. Marilyn stated we will accept hand written reports.

- **Visit *www.ncintergroup.com* for complete minutes**

DISTRICT MEETING: DECEMBER 19, 2004 Minutes

- TREASURER'S REPORT: Barbara : Report accepted.
- SECRETARY'S REPORT:Don : Minutes accepted.
- GRAPEVINE: No Report.
- PUBLIC INFORMATION: Frank : Frank reported that the Holiday ads are running in the local newspaper at no charge.
- CPC - Janet Bruno: Janet reported that all is well this month.
- CORRECTIONS: Barbara (Women's): All dates booked into July of 2005. Ruth M will be coordinating until new chairperson is selected. (Men's) Frank S reported that he had car problems and couldn't get to the jail this past week. George M will be helping out. New books are available for both the men's and women's groups.
- TREATMENT: Jay B: No report
  Intergroup: Alkathons are in place for both Xmas and New Years. Intergroup is accepting nomination for new officers at this time. Joe thanked the Intergroup for a great Gratitude Dinner in Nov.
- Literature: No report
- ALT DCM: No report. Thanked Joe and Barbara C for all the hard work that they had done the past 2 years
- OLD BUSINESS: none
- NEW BUSINESS: New *Where and Whens* will be printed with all changes that have been recorded. Anyone interested in accepting a standing chair position please contact Marilyn B.

Next District Business Meeting: **********Jan 30, 2005**********

Contributions to District 28: Make Checks Payable to District 28, P.O. Box 640914, Beverly Hills, FL 34464-0914

Contributions to Area: Rick B; make checks payable to NFACAA, 2358 Flamingo Way, Winter Park, FL 32792; include group name, District #, Group service # on checks.

Contributions to General Service: General Service Board; make checks payable to General Service, P.O. Box 459, Grand Central Station, NY 10164-0371; include group name, District #, Group service # on checks.

Contributions to Intergroup: Intergroup: Make checks payable to Nature Coast Intergroup, P.O. Box 2015, Crystal River, FL 34423; include group name, District #, and Group service # on check.

SERVICE NUMBER AND DISTRICT NUMBER MUST APPEAR ON THE CHECKS TO GET CREDIT FOR YOUR CONTRIBUTIONS, MAKE SURE YOUR GROUP NAME IS CORRECT.