



Clancy's Seven Questions:

Several years ago, Clancy I., was explaining to me that guilt, resentment, fear, feelings of personal inadequacy and loneliness were the five areas that seem to cause the most serious problems for people in recovery.

He shared with me seven questions that he uses to help a person start writing and he emphasized that the questions and the writing are not intended to replace AA's Step 4, they just help the person get started.

Most of the people who approach Clancy or are referred to him, are very hardcore cases who have tried numerous times and approaches to solve their problems.

I have been using these "Seven Questions" with the people that I sponsor ever since Clancy shared them with me.

I've discovered that they are very effective when dealing with rock-bottom newcomers and with the high-bottom intellectual types. I have also used them numerous times in helping old-timers who were struggling through a difficult period.

Here are the Seven Questions:

1. *In looking back over your life – what memories are still painful, guilty, or dirty?*

2. *In what ways do you consider yourself an to be an inadequate person?*
3. *Who do you resent – and why? Be specific.*
4. *What do you conceive to be your defects of character – as you see them today?*
5. *What is the nature of the ongoing problems you have with people close to you – in human relations – what seems to always happen when you have these things that blow up?*
6. *In what way's do you believe that A.A. can help you with any of these problems?*
7. *In what way's do you believe that A.A. can begin to change things?*

I never give the newcomer the questions without also setting a time for them to complete their writing. Normally, I'll give them the questions and expect them to be finished with their writing by the next day, and I'll have them call me so that we can get together and discuss their answers and apply the solution to their problems.

If the newcomer procrastinates and doesn't meet the deadline for the questions I usually consider that they are not yet serious enough to approach their problem and I move on to help someone else.

I pass them on to you with the hope that they will help you in helping others as much as they have helped me.

Dallas B. Reprinted with permission

My name is Bill K, and I'm an alcoholic. This story starts around about the third or fourth day at Alcohol Rehab for me, here in Citrus County, at a place called Heritage, in Lecanto, in December of 1993.

The first few days I was sort of in limbo after my intake interview. The counselor that conducted it was one of those people that you know you can't fool. They look at you and you feel they're looking right through you. You

get the picture, and the feeling.

After staying mostly in my room, except for coming out for a meal-- breakfast or dinner-- I felt the need to go get some air on, of all nights, a rainy and thundery night. A bit of an oddity for early in December.

It was really miserable out, cold, rainy and windy. I finally felt the need to get out and breathe after listening to the weather all day from my room. There was one table out in the courtyard where

we all went to hang out, after meals or in between sessions in therapy, that had an umbrella open over it. It just barely covered the area under the table, and I could squeeze close and smoke without getting wet or dousing my cigarette. It was one lousy night. About 10pm, most were in their rooms or in the den, chatting. Not for me.

I was trying to make heads or tails out of what I was supposed to be doing here. *Continue on Page 3*

Communicating

...when I finally gave up on my partner.

He believed that the love of his life, if he ever found the Right One, would fill all the gaps of his own personality. She dreamed that her perfect match would always respond gently, never willfully. After the honeymoon phase they naturally began to find imperfections and disappointments. Both wondered if they had chosen the Wrong One. But in a sense, there is no Right One for anyone. In another sense, there may be millions of Right Ones.

The closeness of a partnership will always reveal weaknesses and disappointments that were to obvious at first. No partner will match all the inventions of our own mind or so completely fit our needs that we have no remaining emptiness inside. One person said, "It felt like a terrible day when I finally gave up on my partner. But it became the first day of reality for me. Only after that did I discard the images I had invented for her and begin to get acquainted with who she really was."

With permission: The More We Find In Each Other by Merle Fossum and Mavis Fossum

Gratitude

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can

turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.

~Melody Beattie

Q. Has Bill ever said, "If there was any change he would make in the Big Book, it would be to change the word 'rarely' to 'never' at the start of Chapter Five"?

A. "No, Bill said he had never considered this" (1970 General Service Conference Report, p. 31).

Bill W.'s Miracle

As I see it, the ever-growing, multiplying, and compounding miracle of AA is that because one man was lonely, afraid, and sick in a strange city, I need never be alone again in a strange city. Because he sought out a physician for his own incurable disease and arrested it by helping to heal the physician, there is great hope for me. Because one man -- greatly gifted by his Higher Power -- failed to live up to the expectations of the crowd, never scaled the heights of social, financial, or professional worlds, and never made headlines or created empires, but chose instead to share his private spiritual awakening with other sufferers, I have a life to live and share.—*Anonymous Internet*



I have been trying to forgive, and think I have done it, but the next day it all comes back. Forgiving myself is the hardest. Like everyone says, it is like cleaning your closet -- it feels good, but if I do not take the clothes to Goodwill, soon I'll start putting them on again, they still fit, and I still have some comfort in them.

Area Events

Details on our web site

Area Assemblies 2011

April 9-10

July 9-10

October 15-16

Renaissance Resort at
the World Golf Village
St. Augustine, FL
Hotel: **904-940-8000**

DETAILS ON WEBSITE

Coco Beach

21st Spring Conference

May 5-May 8, 2011

The Woodstock of AA

6th Annual International
Seniors In Sobriety Conference

May 12-15, 2011

Long Island, New York

Ancient City Unity Roundup

May 27,28,29,30, 2010

St Augustine, FL

55th Florida State

Convention

July 20-24

NEW MEETING:

Saturday 10^{pm} (no name as yet)
New Beginnings Fellowship
Church, Hernando



2011 SUNSET FIEST

CHILI COOK OFF

May 8th at 4:30

Fort Island Beach

Crystal River

Each group or individual can
submit a pot of chili to be tasted
& voted on.

Live music, piñatas with a trophy
for the best 2011 Chili and more.

To participate, contact Willie
601-5362 or Kathy 352-697-5836

From: Anonymous Citrus County
Sent: Monday, May 5, 2007 2:31 PM
To: GVEditorial
Subject: Re: The 12 Principles

Dear Madam or Sir,

I am somewhat embarrassed that I have not written to you for assistance in the following area before now. I have been a Grapevine subscriber for the almost 10 years that I have been in AA. I have asked 2 sponsors over the years; and I have asked many friends with long term sobriety and active participation in the fellowship and the 12 steps for information regarding the principles.

Step 12 advises us to practice these "principles" in all our affairs.

I have seen the principles identified as the following in print:

The Principles of the Program:

- Step 1 Acceptance
- Step 2 Faith
- Step 3 Surrender & Trust
- Step 4 Honesty
- Step 5 Courage
- Step 6 Willingness
- Step 7 Humility
- Step 8 Forgiveness
- Step 9 Freedom
- Step 10 Perseverance
- Step 11 Patience
- Step 12 Charity & Love

These are all very inspirational and I have read and re-read the TWELVE STEPS AND TWELVE TRADITIONS book along with the Big Book to see exactly where I might find these principles in each appropriate step. In some cases, the word's appears in the corresponding chapter. In other cases the word's either do not appear at all; or, they appear in a different step chapter.

In the hope that you or some fellow readers might help to educate me (and possibly other members), could someone direct me to the actual written source and page numbers for this information? Were these principles an after thought to the steps themselves? If so, does anyone know when they came about?

I would be grateful for an education in this matter which I should have persisted in long before now.
 John W, Inverness Beginners Meeting

REPLY:

From: GVEditorial
Sent: Monday, May 7, 2007 2:31 PM
To: Anonymous Citrus County

Subject: Re: The 12 Principles

Thanks for writing. The 12 Principles were never actually published by AA or the Grapevine. They were not written by Bill W., but by various AA's who were inspired by the 12 Steps and Traditions. The word "principles" in the 12th Step is a more general term and does not refer to the "12 Principles." Hope this helps!

Best regards, *The GV Editorial Assistant*

From page 1 I'd signed myself in to the program, but now I was having reservations. As I smoked and looked around the empty and rainy windblown area I noticed the stones around the garden areas. All well-rounded river stones about the size of eggs; all but one.

This one stone in particular seemed to be standing out all by itself, even closely among the others. It was about the shape of an egg with one end bent out of shape, and it had a split in it but it

hadn't split open yet; Yet. I had some pull from that stone. I picked it up and took it to my room after spent an hour or more out in the wind and rain, smoking cigarettes.

I took that stone home with me from rehab. In fact, I see, and usually hold that stone while doing my reading and meditation every morning. I've also kept my plastic ID bracelet from rehab, and my first medallion. A 'praying hands' medallion given to the 'Graduates' after their tour.

These are some of the things that are my links to the fact that I can never forget where I came from, or what I am. There are other things that help me 'keep it green', but that stone is usually the first thing after my 24 hour book that I pick up each morning. With the help of God I hope to pick it up for many, many more. That stone helps solidify my sobriety, and it has a permanent place in my heart, as well. - Bill K

Obituaries: *Michael P (Mike), age 55, Inverness, died Sunday, Feb. 27, 2011, at Hospice of Citrus County Hospice House in Lecanto. Chas. E. Davis Funeral Home with Crematory is in charge of private arrangements. Despite his cancer, Mike was attending meetings right up to a week before he passed and willing still to help others. His acceptance and courage was inspirational to many a fellow member.*

ANNIVERSARIES:

Deadline for submissions is the Thursday following Intergroup meeting

Floral City Group	
Butch	9
Wayne	9
Joe	9
Floral City Men's Group	
Reese J	10
Tom M	2
Way Of Life Group	
Larry M	34
Blu A	28
George N	23
Jeff K	4
Sonny D	4
Last Chance Group	
Al M	30
Anthony B	13
Bob	3
Rainbow Group	
Russ G	31
Steve B	26
Barbra E	3
Sober Sand Gnats	
Buddy H	35
Sherrie B	2
Woman's Friendship Group	
Evonne H	28
Ursula S	6
Yana	
Steve A	1
Steve C	1
Steve E	1

Contributions

	YTD	Feb
ABC Group		
Attitude Adjustment Gp	\$60.00	\$50.00
Bright Spot	\$0.00	
Big Book 164	\$0.00	
Crystal River Group	\$352.06	\$352.06
Crystal River BB	\$0.00	
Dunnellen Group	\$30.00	
Floral City Group	\$0.00	
Floral City Men's Group	\$0.00	
High Noon Group	\$100.00	
Holder Way of Life Gp	\$0.00	
Inverness Monday Night	\$0.00	
Inverness Friday Night	\$80.00	\$80.00
Inverness Wed Night	\$24.00	
It's In The Book	\$0.00	
Keep In Step	\$0.00	
Last Chance Gp	\$0.00	
Monday Night Men's	\$0.00	
Never To Early Group	\$0.00	
New Beginnings-Dunn	\$0.00	
No Name Group	\$75.00	\$75.00
Rainbow Group	\$90.42	\$90.42
Resentment Group	\$10.00	
Share At Noon	\$50.00	\$50.00
Sober Sand Nats	\$75.00	\$75.00
What The Book Says	\$0.00	
Won Rebos	\$55.50	
Women's Friendship Gp	\$0.00	
Women to Women	\$0.00	
Women's N-Beginnings	\$75.00	\$75.00
Yana	\$0.00	
Monthly Totals	\$1,076.98	\$847.48

INTERGROUP OFFICE/BOOKSTORE

111 W. MAIN ST.
RM 305
INVERNESS, FL 34450
352-344-0290

OPEN: MON, WED, FRI 10AM-4PM SAT CLOSED
Store volunteers: Dennis S-Crystal River Group, John W-Big Book 164, Darral M-Floral City Men's, Rich G-Keep in Step, Janet B, Attitude Adjustment-Paul B, Attitude Adjustment-Marisol C-Butch L-Jim L, Floral City Men's, Matt B, Resentment Group, John W

STORE IS STILL LOOKING FOR VOLUNTEERS

It requires only 3 hours a month, or more if you would like. Training is provided. This is an excellent way to giving back. Call John W 215-990-1170 for more information.

Intergroup Hotline Report

Hotline Report:

Total Calls.....	127
Meetings	77
Alanon.....	12
NA.....	9
Outside the Area	17
Detox.....	4
Rides	8

If you would like to be a volunteer for the 12 Step List just call the Hotline number and give them your information. Groups can download a signup sheet from the web site and pass it around at meetings.

The following groups were represented at the Intergroup meeting.

Attitude Adjustment, Crystal River Group, Dunnellen Group, Floral City Group, Floral City Men's Group, Holder Way of Life, Inverness Friday Night, Resentment Group, Women's Friendship Group, High Noon Group, Yana Group

The Intergroup Store in Inverness is in need of more support. At present the volume of visitors could improve greatly for us to continue with this service in the coming years. Stop in and see what is available and chat with the volunteers.

If anniversaries are not listed ask your group secretary why

Intergroup is in need of a Web Master as Ron would like to step down—Contact Al L if interested at 586-0800.

BUSINESS MEETING

LAST SUNDAY OF EACH MONTH 4:30PM AT THE COMMUNITY CENTER IN HOLDER.

DISTRICT 28

MONTHLY MEETING TO FOLLOW INTERGROUP

INTERGROUP

OFFICERS

CHAIR—AL L
586-0800

VICE CHAIR—BEVERLY H

344-5939

SECT—DENNIS S

TREAS—JOHN L

INTERGROUP TRUSTEES

DARRAL M—PAUL B

JOHN W—MARTHA G

HOTLINE

KURT W

621-0599

WEBSITE

www.ncintergroup.com

JOURNAL

EDITOR—JOHN L

news@ncintergroup.com

ASSIST—BEVERLY H

344-5939

DISTRICT 28

OFFICERS

DCM—PAT H

ALT DCM—PAULA D

SECT—STEVE N

TREAS—CHAR S

JOURNALS FOR GROUPS

CAN BE PICKED UP AT:

BOOKSTORE

EAST COUNTY

FRIDAY BEGINNER'S

MEETING 6:30 PM

WEST COUNTY

SERENITY CLUB

JOURNAL IS ALSO

POSTED ON WEBSITE

www.ncintergroup.com

