

June 8

Direct from New York city
Presented by District 13

Marilyn B

Come one come all to hear the news
Learn what happened at GSO
Saturday June 8 7:30 p.m.
Nativity Lutheran Church
6363 Commercial Way
Weeki Wachee

**FOUNDERS DAY
BREAKFAST CELEBRATION**

JUNE 15

10am TO 2pm

OUR LADY OF FATIMA

550 U.S. Highway 41 S., Inverness, FL
34450

352 726-1670

**GUEST SPEAKER
ARCHIVIST
STEVEN R**

District 28 Officers
Paula D DCM
Steve N Alt DCM
Genet R Literature
Janet B CPC/PI
Willye M Treatment
David N Mens Cor.
Char S Womens Cor.
Debra S Grapevine
Paige B NCI Liason

**WHERE IS
District 28?
Citrus County**
ICrystal River,
Dunnellon,
Inverness.

Birthdays

Crystal River Group:

Gale 5 Terry 7 Melissa 11
Kel 13 Sonny 16 Michael
25 Jim 25
Jim 32

**Women's Friendship
Group:**

Eleanor W 45 yrs
Mary I 2yrs

Holder Way of Life:

Butch C 31 yrs Brice M 28
yrs Tom S 26 yrs Jim T 2

NCI Officers

Chair: Rick T
Vice Chair: Genet R
Secretary: Denis S
Treasurer: Bill W
Trustee: Sandy H
Trustee: Debra S
Trustee: Steve N
Trustee: Paul B
Hotline: David N
Webmaster: Dave B
Editor: BabetteVS

"Evil is Powerless
If the GOOD are Unafraid".
Reginald Reagan

NCI Treasury Report by Bill W

April + 380.50 - 542.30 = \$1,916.72

May + 215.00 - 245.00 = \$1,886.72

Money Market Account Balance \$2,531.81**Hotline Report by David N**

April: 28 Calls: 6 Wet 2 Treatment 1 Alanon

May: 83 Calls: 64 AA 9 Wet 1 Alanon

4 Treatment 2 NA 3 Misc Info

Website Report by David B

April: 3107 visits

The NCI website appeared 19093 times on search engines

May: 96 Visits (5 per day) including Several European website visitors

Where & Whens are the most viewed page

A PUBLICATION OF THE NATURE COAST INTERGROUP

June Journal Contributors Pat G—Pat G - Denis S

JUST FOR FUN! A Joke by NCI Sec Denis S

A police officer pulled a drunk over and asked what he had been drinking. The drunk said, "water officer". The officer asked how come you smell of wine. Looking up to heaven the drunk said "thank you God, you are still doing it".

A Lifetime Commitment

Printed in the Grapevine—December 1998

Goodbye for now, my dear friend, companion, lover, my wife of fifty-six years.... She had thirty-five years of sobriety in AA and had to live with a drunk the first twelve of those yearsme!

I now have twenty-three years of sobriety. I did go to some open meeting with her as a "guest"—I was not that bad yet...I met a lot of her friends who later became mine. She was enjoying her life in AA and became very active in her group. She always used to brag about her first job in her group: the elected her cake lady. She never pushed AA on me, but there were a lot of hints, like AA literature all over the house. I remember waking up one Saturday morning in the summertime and there was a pamphlet on my titled "Is AA For You?" I did read some of the materials during the commercials on TV. Finally after many arguments and threats and being locked out of the house, I said, "Okay, I will join AA."

The man who twelve stepped me later became my sponsor. He told me how his life had turned around. At that time he had ten years in the Fellowship. For the next three years he picked me up and took me to meetings—open, closed, at the Salvation Army, VA Hospitals, and detoxes. I never thought I was powerless over alcohol though I knew that my life was a little unmanageable. Wow! AAs kept telling me not to compare so now I started to learn how to identify. They kept telling me I had to get honest with myself first. It took a little time to find out what they meant by that. Now I can say, Yes, I am an alcoholic.

After a while our home life started to get better. The bills were starting to be paid on time. All of a sudden we had extra money. A little more time and we began going to meetings together and enjoying them. We spoke together at speakers meetings and rehabs. We attended many state and international conventions—Denver, Seattle, Montreal. We were having fun together like we had when we were kids—only not drinking! We were lucky enough to be able to retire and move to Florida. Again we became very active in service work. My wife worked up to DCM. I worked up to area CPC.

Continued on next page

2 About five years ago, my wife got cancer. She went through all the treatments and they thought she was cured. But it came back three more times in the next four years. Then she was told she could not be treated any more. Now she was going to meeting on a walker, and a year later in a wheelchair. She wouldn't miss her Friday night meeting.

The last Friday in September of 1997 was her last meeting. Then she became bedridden. Our two daughter had to come down and help out. Thank God they did. One has five hears in AA. At the end of October my wife went into a coma for seven days. We were at her bedside when she took her last breath on November 2, 1997. The only thing I could think of at that moment was what the priest told us fifty-six years ago, "Till death do us part".

Yes, the thought of a drink did go through my mind. But a drink wouldn't have made it easier. My daughters and I just looked at each other and hugged, and cried a lot.

Right now I am trying to live one day at a time. I make about four meetings a week. It is easy to say "Let Go and Let God", but memories can't be erased. Christmas Day would have been our fifty-sixth wedding anniversary. I spent a lot of time that day at our local Alka-thon 24 hour meeting. At 4 p.m. I was scheduled to speak. That was the time of day we were together.

"Goodnight, my love, rest in peace. I know you are in good hands."

Pat G Beverly Hills, Florida

The Serenity Prayer...by Ernie P

I can't begin to tell you how many times I've said the Serenity Prayer in a given week. In the morning, throughout the day, and even sometimes at a meeting when things are not going the way Ernie thinks they should. Are you saying the Serenity Prayer out of habit or are you saying it from the heart?

That question only you can answer.

For me there are three parts of the prayer. One, request for Serenity, two, Acceptance, and three, Change. For me this has been a new way of thinking and a new way of life.

When the light turns red and I have to stop, when the car in front of me is going slower than I am, or if I don't agree with the person speaking at a meeting—these are the things that I cannot change. I can only accept them as being the way they should be at this moment—like it or not.

So, what can I do to change the things I can? First I accept the problem and then I formulate a solution with the advise of others. If I can't find an answer then it is time to reflect on the wisdom to know the difference between the thing I can change and the things I can't. Then and only then can I accept or put into action a plan for changing the problem into a solution. This keeps me in the present moment. Now that I have stopped drinking and the cobwebs

Continued the next page.... "The Serenity Prayer"



Literature Challenge by Paula D

Area 14 Is Having a Literature Challenge

ANYONE CAN PARTICIPATE



Read as much of the literature that is listed on the "Literature Challenge" list and turn it into Area 14 by the end of Panel 63 (October 2014).

The purpose of the Literature Challenge is for AA members to become more familiar with the literature that we pass out and suggest to newcomers and others. The "Literature Challenge" list can be found on the "Documents" tab on the NFAC Website <http://www.aanorthflorida.org/>

Carrying our AA Message Through Service

District 28 is actively and joyously carrying the message to treatment facilities, the professional community, correction facilities and beyond. We are also able to reach young members who are reaching out for Alcoholics Anonymous.

District 28 is capable of carrying our message in this way as a result of your continuous support and the support of your group. Our meeting minutes are located on the Nature Coast Intergroup website under the "News" tab at <http://www.ncintergroup.com>

Group Service—from coffee maker to secretary, treasurer, or chairperson—is "usually" the way members first experience the joy and growth that can be derived from AA service. The pamphlet "**The AA Group**" provides extensive information on group organization and opportunities for service. The AA Service Manual, p.26.

Volunteer...Please participate in the Founders Day Breakfast

For information on how you can serve please contact

Paige B

ahotcoffeekindagirl@gmail.com

cell (352)422-3189.

District 28 is seeking :

Treasurer, Archives & Secretary

When I forget God is in charge...

You don't think about drinking when you think about not drinking

Reach out the Hand of AA

.....> **Continued from page 2 "The Serenity Prayer"**
have cleared out of my brain, well maybe not all of them, I can now start using the Serenity Prayer as one of my most used tools.

Believe me, I have been in many jackpots in sobriety. This program works if I give it a chance, use the tools provided in the way they were intended, and thrust in a God as I understand Him. So far sobriety has been good to me and I hope to continue to be good to it.

Thanks for listening, Ernie P, Resentment Group