



# NATURE COAST JOURNAL

*Serving Citrus County, Inglis, and Dunnellon Groups*



## ARCHIVES CORNER

### October in AA History

Lois Burnham Wilson, wife of cofounder Bill W., died in October 1988 at Mount Kisco, New York.

In our literature it says that we have a gift for finding partners who

are basically kind and generous and inflicting on them, sometimes quite unintentionally, great pain and suffering. This is what oftentimes makes

alcoholism a great tragedy as well as a miserable disease.

In memory of Lois perhaps we could take a moment to remember all those who have been blindsided by our malady and hope that they too can find recovery in the wonderful fellowship she left behind, namely Al-Anon.



District 28 presents:

## AA in the Age of Technology

**Saturday, September 26th, 2015**

1:30pm to 4:30pm

### Unity Church of Citrus County

2628 West Woodside Lane

Lecanto, FL 34461

- Understanding Anonymity
- AA Internet Guidelines
- Our AA Websites
- Private and Secret Facebook Pages
- Challenges Facing Anonymity in Social Media
- Anonymity: Our Social Responsibility In The Digital Age
- Skit
- Q & A

Fellowship, trivia, 50/50, prizes and FUN! For more information e-mail us at [floridadistrict28@gmail.com](mailto:floridadistrict28@gmail.com).



## Why talk about God?

Steve N.

Every time we read "How it Works" at a meeting one sentence keeps popping out to me as a key to my sobriety. From Chapter 5 of the Big Book we read, "But there is One who has all power—that one is God. May you find Him now!"

And yet so many like me come to AA with the attitude that God has abandoned them or even that he must not exist. So how do these folks find a "power greater than themselves" if we do not talk about our spiritual experiences with the "God of our understanding." In Chapter 4 "We Agnostics" is where I found the answer. On page 55 the following paragraph appears: "We finally saw that faith in some kind of God was a part of our make-up...

Sometimes we had to search fearlessly, but He was there. He was as much a fact as we were. **We found the Great Reality deep down within us.** (*emphasis mine*)

So in my mind, the "power greater than ourselves" suddenly was not just "out there" in the heavens somewhere; or in a church or mosque or synagogue, but it is "in here." That insight changed everything for me. I came to realize God had not abandoned me. He was always there within me. It was I who had abandoned God. I thought I had to pray and meditate and invite God into my world when in actuality He was already there within me and always had been.

My "fox hole" prayers that never seemed to get answered were requests to some mysterious outside being when in fact it is not about God doing something from outside.

The miracle of my sobriety was generated from the inside by that "Great Reality deep within." Once I realized that spiritual idea, my prayers and meditation became different and my spiritual growth became a solid reality.

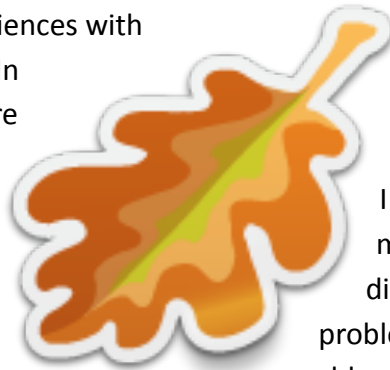
This alcoholic cannot drink on the truth - only on a lie. That is why the first paragraph of *How it Works* discusses honesty three time. When I make contact with the "Great Reality deep

within," and allow that reality, which is truth to remain in charge of my mind and emotions, the miracles keep

happening. I arrived in the rooms because reason was supreme in my life.

I was spiritually dead and allowed only my thoughts to control. That was a disaster since I not only had a drinking problem, but I had a very serious thinking problem.

I am so grateful that I who fall in the category described in Chapter 5, "There are those, too, who suffer from grave emotional and mental disorders," have been able to recover through the grace of God within, the 12 step program of Alcoholics Anonymous, and the fellowship of all you recovered alcoholics in and out of the rooms. And it was God who I asked for "protection and care with complete abandon," (p 59) so yes, I will continue to talk about God. He is my story.



## ANNIVERSARIES

### CRYSTAL RIVER GROUP -

#### OCTOBER

Rita Marie 34  
Dick M. 33  
John S. 28  
Bill Mc. 27  
Dick R. 17  
Bruce C. 12  
Earnie O. 6  
Kimberly B. 1

### HOLDER WAY OF LIFE GROUP -

#### OCTOBER

Patrick G. 26  
Jim F. 14

### RAINBOW GROUP -

#### OCTOBER

Bob F. 36  
Gail K. 29

### WHAT'S THE BOOK SAY GROUP - OCTOBER

Ansel (Tony) 32  
Paige B. 28

### WOMEN'S FRIENDSHIP GROUP -

#### OCTOBER

Carol S. 12  
Paula D. 10

PLEASE SEND NOVEMBER  
ANNIVERSARIES BY OCTOBER 20 to  
[news@ncintergroup.com](mailto:news@ncintergroup.com).  
Thank you!

### Recent Nature Coast Statistics

Website 1421 visits by 1204  
individuals. 81.77% of the  
visitors were new! Most viewed:  
Meetings, calendar, news, young  
adults, and resources.

#### CHILI COOK-OFF WITH PRIZES

FELLOWSHIP  
50/50 RAFFLE  
SPEAKER MEETING  
CHILDREN'S PLAYGROUND  
VOLLEY BALL  
MUSIC  
PINADA  
HORSESHOES  
CORN HOLE  
HIKING  
PETS ON LEASHES WELCOME

Nature Coast Intergroup Presents:

### First Annual Chili Cook-off



A \$5.00 Contribution per person  
includes: Park entry, chili, hot dogs,  
chips, soda, coffee and water.

Desserts Welcome!

**Sunday, October 18, 2015**

1:00PM to 5:00PM

**Fort Cooper State Park**  
3100 Old Floral City Road  
Inverness, FL 34450



## Save The Date!

TODAY

Sep 26.....AA In the Age of Technology  
Workshop (see info on page 1)

Sep 27....NCI & District 28 Monthly Meetings

Oct 9 - 11.....Area 14 Assembly

Oct 18.....Chili Cook Off Event

Oct 25.....NCI & Dist 28 Monthly Meetings

Nov 8.....Gratitude Dinner

Nov 15.....NCI & Dist 28 Monthly Meetings

Dec 3.....Long-timer Speaker Meeting

Dec 13....NCI & District 28 Monthly Meetings  
& Annual Open House

Dec 31.....New Year's Eve Event

*New from the Grapevine*

**FORMING  
TRUE PARTNERSHIPS**

How AA Members Use the Program  
To Improve Relationships

When we were drinking, many of us had, as the Step Four chapter in the AA book *Twelve Steps and Twelve Traditions* puts it, a total inability to form a true partnership with another human being.

**Forming True Partnerships** is a collection of Grapevine stories that show the many ways members use the Twelve Steps, sponsorship, and the tools of the program to improve and repair relationships, old and new. With candid and colorful stories on families, friendships, marriage, divorce, dating, romance, coworkers, sponsorship and pets, **Forming True Partnerships** covers a wide range of experience from sober alcoholics on how we form true partnerships with others. For yourself, or someone you know, each page in this book, offers an inspiring passage of experience, strength and hope to bring into your life. To order your book for only \$10.99, simply go to [store.aagrapevine.org](http://store.aagrapevine.org) now.

**Don't Blow Your Stack!**

It is evident that the harmony, security, and future effectiveness of AA will depend largely upon our maintenance of a thoroughly nonaggressive and pacific attitude in all our public relations. This is an exacting assignment, because in our drinking days we were prone to anger, hostility, rebellion, and aggression. And even though we are now sober, the old patterns of behavior are to a degree still with us, always threatening to explode on any good excuse. But we know this, and therefore I feel confident that in the conduct of our public affairs we shall always find the grace to exert an effective restraint.



Bill W. Concept X11, Warranty Five

**One Day At A Time**

**Gratitude Dinner Tickets will be available**

**September 27. See your GSR or Intergroup Rep for more information.**

**Are you the Intergroup representative for your group? We miss you at the monthly meetings! Nature Coast Intergroup meets the 4th Sunday of each month at 4:30. Meetings are usually less than an hour. Be the voice for your group at this level of service.**

**Contributions:**

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Crystal River, FL 34423

District 28  
PO Box 640914  
Beverly Hills, FL 34464

North Florida Area Committee  
PO Box 291634  
Port Orange, FL 32129-1634

General Service Office  
PO Box 459  
New York, NY 10163      Thank you!