



NATURE COAST JOURNAL

FEBRUARY 2024

www.ncintergroup.com



Step Two

“Came to believe that a Power greater than ourselves could restore us to sanity.”



Tradition Two

“For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”



Concept Two

“The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.”

Intergroup & District 28

Business Meetings

Jan 14	Feb 4
Mar 3	Apr 14
May 5	June 2
July 14	Aug. 4
Sept. 8	Oct. 6
Nov. 3	Dec. 1



IMPORTANCE OF HAVING A HOME GROUP, BY CHRIS W

In my journey in sobriety, I’ve often heard “If you don’t have a home group, you’re a homeless AA.” Often times in my early years, I wondered what that meant.

The idea of having a home group is extremely important, for it teaches us accountability as well as responsibility. As I look back, I remember when I was a member of Akron General, back when it was still at the Teamsters on Grant Street (it’s now CSL Plasma). Artis and Marie P, Esau J, Lonnie B, John C and Paula C were part of the group, and I was the youngest one.

I took on the task of Greeter, and I thoroughly enjoyed meeting people, and it gave me hope, something I was struggling with in the early years. Lonnie B taught me that service work in any form can help strengthen your sobriety.

Later on, I became involved with Serenity BB Study, and I was elected Secretary of that group. Not knowing much about that position, Tressa H and Danny F guided me and, more importantly, showed me a better way to keep notes, keep track of

continued on page three

HOTLINE: 352-621-0599

OUR STORIES DISCLOSE

We come into the AA way of life in many ways.

My sponsor got the nickname “Heel Mark” because when they dragged him into AA, he left marks on the floor. In the beginning he told people he came to the meeting which was held in a restaurant because they had a good tuna fish sandwich. Some years into sobriety his sponsor grabbed an old pair of shoes from his closet and placed them on a plaque which was presented to my sponsor.

I have often heard at meetings of AA members who were presented with the option of AA attendance or jail time. They wisely chose the AA option and are still sober today.

Jail time is not the only option—loss of spouse, loss of driving privileges, loss of employment--the list goes on and on. My son was in a treatment program for adolescents. If you ran away, you might wind up in jail. I know of at least one patient who ran because he knew that he could get a drink even in jail.

I found AA through hospitalization and 30 days in a treatment center. The treatment center was on the 5th floor of the hospital and AA was holding meetings in the hospital several times a week. The treatment people allowed me to go to a meeting when they trusted

that I could find my way back to the 5th floor.

How did **you** find your way into the AA way of living? Email your story to news@ncintergroup.com and it may be published here in the Journal.

THE ROOTS OF AA
POWERPOINT PRESENTATIONS AND
DISCUSSION
SOBER NOONERS MEETING
AT CLUB RECOVERY
12 NOON ON MONDAYS
FOR MORE INFORMATION
CONTACT DAN M.
TEXT: 813-468-2468
OR EMAIL: DAN@164FL.COM

GONE BUT NOT FORGOTTEN

Join us as we remember Dick M. (originally from Maryland known to the group as “Dick in the Front” because he sat at the front of the room.) Saturday, February 10 at 7:00pm at Serenity Club at St. Benedict’s Church, 455 S. Suncoast Blvd., Crystal River. Always ended his share with, “Just don’t drink today.” Please bring a dish to share.

Mike D. was a regular attendee at Club Recovery. His memorial service was held on January 20th.

Bill M.’s memorial service was held on January 26th.

continued from page one

attendance, and keep the group together. I've since passed the torch at that group.

Recently, I joined Goodyear, which just celebrated its 65th anniversary. I remember attending that meeting when it was at the Akron Arid Club on Brown Street. Sandy S and Laney K were part of that group when it was at Akron Arid Club.

Goodyear is a pretty homely bunch. We may not have a huge home group roster, but we're still going strong. Laney is an awesome woman and I'm thankful she's kept the doors open for 26 years.

I am now the Intergroup Representative for the Goodyear Group, and I truly am blessed to do that, even though it can be a little overwhelming, especially trying to understand the inner workings of our beloved Intergroup.

One thing is for certain: the Old Timers, such as Calvin B, Walter C, Jim S, Paul S, Ramona S, Sharon T and many others helped pave the way for the next generation. They continued to keep our home groups going, in spite of Covid-19, which unfortunately shut down St. Thomas and many other meetings.

So, for those who are just beginning the journey of sobriety, I suggest getting a home group. Why, you might ask? It will allow you to be a part of a group of people that will get you actively involved in service, whether as a greeter, coffee maker, or intergroup rep. Second, you'll make a whole bunch of new friends, friends who genuinely care. And finally, you'll feel a part of, instead of APART FROM.

Akron Intergroup News 7 - January 2024



POSTING FOR A NEW TRUSTEE

Brice M. has expressed an interest in becoming a Trustee. Brice meets the qualifications and was nominated for the position which was seconded.

After this posting Brice can be voted in at next month's Intergroup meeting on Sunday, March 3, 2024.

NATURE COAST INTERGROUP

presents a

- **Speaker** 
- **50/50**
- **DJ** 
- **"Best Chili" Competition**
- **\$3.00** suggested donation



FEBRUARY 24, 2024 • 2pm to 5pm

THE CALVARY CHAPEL

960 US Hwy. 41 S
Inverness, FL 34450



- **Hot Dogs (and Chili)**
- **Bring a Dessert to Share**
- **Chili Makers Come @ 1:30**
- **Food, Fun & Fellowship!**



SERVICE OPPORTUNITIES

District 28 is looking for people to help in these areas: Accessibility, Archives, Grapevine, Treatment, and Alternate DCM.

Come to Shepherd of the Hills Church, 2540 W Norvell Bryant Hwy, Lecanto, at 4:30pm on the first Sunday of the month. Everybody is welcome.



**The Citrus County
AA Band is looking
for a lead instrument player.
Guitar. Steel.
Keyboard.**

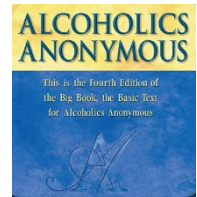


**Contact: Quentin Lee
561-386-0843 or
quentin@earthlink.net**



PLAIN LANGUAGE BIG BOOK AND FIFTH EDITION

There has been great interest in the new Big Book and the plain language version which are “under construction”.



There will be an Information Session on the Plain Language version sponsored by the Southeast Regional Delegates on February 25th (the following is an excerpt from Box 459).

Excerpt from Box 459, Vol. 67 No. 2, Summer 2021

2021 Conference Advisory Actions
Conference Advisory Actions represent recommendations put forward by the standing committees of the General Service Conference that have been discussed, voted on and approved by the Conference body as a whole with substantial unanimity (defined as a majority of at least two-thirds.)

Literature — That a fifth edition of the Big Book, Alcoholics Anonymous, be developed, including an update of stories to better reflect current membership; that a draft version of the book, Alcoholics Anonymous (Fourth Edition), be translated into plain and simple language and be developed in a way that is accessible and relatable to as wide of an audience as possible.

Plain Language Big Book Information Session

February 25th
2:00 pm – 4:00 pm EST

Zoom ID: 867 2200 6265

Passcode: 924686

Special Guest:
The Chair of the TABB Subcommittee
(Tools for Accessing the Big Book)

A Subcommittee of the Trustees' Literature Committee

Presented
by the
South East
Regional
Delegates



Spanish Language Interpretation Provided
1000 Participant Limit

18th Annual SOBERSTOCK 2024



SOBERSTOCK 2024 UNITY • RECOVERY • MUSIC

MARCH 15-17, 2024 BROOKSVILLE, FL



Soberstock is a 3-day weekend AA/Al-Anon/Alateen event featuring speakers, meetings, bands, food & fellowship.

Soberstock is open to all members of AA/Al-Anon and their families. Proceeds of this function will purchase Big Books and other AA literature for District 2 Jails & Institutions. The remaining profits go to the area pie chart.

Speaker Meetings! Campfire Meetings! Live Bands!
Outdoor Meetings! ALL Food & Drinks provided! Tent Camping!

When: Friday, March 15th, 2024- Gates open at Noon on Friday! Event ends on Sunday at noon. **Bike Run!**

Where: "Sand Hill Scout Reservation" - 11210 Cortez Blvd, Brooksville, FL 34613

What to bring: Tents, blankets, coolers, chairs, lanterns, bug spray, snacks, NO PETS (except service animals) NO RV's

What we provide: Fri. dinner, Sat. breakfast, lunch and dinner, & Sunday breakfast.

www.soberstock.com

All SoberStock orders are on a "Will Call" basis, which means we do not mail any products or tickets. After orders are received, we simply have you on our list and you will pick up all of your items at the gate. Online orders are safe & secure and we take most major credit cards via PayPal.



FREE MUG
for the first 50 admissions
sold before Jan 1, 2024

ONLINE PRICING GOOD UNTIL MARCH 1ST, 2024

ONLINE PRICING vs GATE PRICING:

- 1 DayPass - \$40.00 per person/\$50 Gate
- Weekend - \$75.00 per person/\$90 Gate
- Child under 12-1 DayPass - \$5.00/\$10 Gate
(CHILDREN ALLOWED ONLY IF ACCOMP. BY PARENT/GUARDIAN)
- Child under 12-Weekend - \$10.00/\$15 Gate
- Tent Pitching: \$15 Per tent (We don't supply tents)
- T-Shirts: \$20/ea (Sizes: S, M, L, XL, 2XL)
- Bike Run: \$20 (FREE if you buy a day or weekend pass)

**NOTE: WE ONLY TAKE CASH OR CHECKS AT THE GATE
NO CREDIT/DEBIT CARDS AT THE GATE!**

All sales are final, and non-refundable.

This is a Rain Or Shine Event. When ordering online, we don't ship items to you.

We will have all items for you (INCLUDING TICKETS!) at the front gate day of the event on a Will Call basis.

Thank you so much for your cooperation!

NEW! Bike Run!

We're having our first bike run (motorcycles) at Soberstock this year. Please visit our website for more details!

Scan me for ALL the info!



JAN. ANNIVERSARIES



If you would like us to recognize the sober anniversaries in your group, please send them to news@ncintergroup.com.

Congratulations (and thanks) to our webmaster, Dan M., who celebrated 40 years of sobriety in January.

Crystal River Group at Serenity Club celebrates these anniversaries. It meets daily at noon and 8pm next to St. Benedict's Church.

Kevin	4 years
Joe P.	6 years
John B.	19 years
Lisa R-B	24 years
Bob G.	25 years
Jeff K.	33 years

The Monday Nite Men's Step Group at Shepherd of the Hills Church announces these anniversaries.

Quentin B.	34 years
Gary R.	36 years
Dave D.	38 years

Women's Friendship Group that meets on Mondays at 10am at Club Recovery celebrates these anniversaries.

Trish D.	31 years
Arlene M.	34 years
Tommie P.	37 years
Gayle W.	41 years

The Women to Women's group that meets on Tuesdays at 6pm at Redeemer Presbyterian Church announces these anniversaries.

Lindsey S.	2years
Sheila G.	2 years
Nancy O.	3 years
Adri B.	4 years
Shannon T.	7 years
Nancy M	20 years
Helen G.	24 years
Kathy H-M.	24 years

SEVENTH TRADITION

For **District and Intergroup** contributions, please **write your group number** on the check.

Make check payable to
"District 28" and mail to:
District 28, PO Box 640914, Beverly Hills, FL 34464

Make check payable to
"Nature Coast Intergroup"
and mail to:
Nature Coast Intergroup, PO Box 2634, Crystal River, FL 34423

For **Area** contributions, please write
"District 28" and your group number
on the check.

Make check payable to
"NFAC Treasurer" and mail to:
North Florida Area Conference,
PO Box 6301, Jacksonville, FL 32205-9998

For **GSO** contributions, please write
"District 28" and your group number
on the check.

Make check payable to
"General Service Board"
and mail to:
G.S.O., PO Box 2407, James A. Farley Station, New York, NY 10116-2407